



LESSON 2, DEVOTION 1

Take a look at the Band Aid you put on the other night. (If it already fell off, try to replace it!) Take a moment to close your eyes and feel it around your finger. Notice how it feels tight around your finger.

Regardless of exactly HOW it feels you know that Band-Aid is there with you. If you had a wound or a “boo-boo” you would trust that it was healing underneath the Band-Aid. This is how it is with Jesus. We trust that He is with us, healing our wounds and walking us through the toughest of times.

As you look at your Band-Aid now:

- Pray that you would learn to trust that Jesus is going to get you through this tough time.
- Be honest with Him about how you are feeling.
- Ask Him to show you how to have faith in who He is, and how He will bring you through hard times.

LESSON 2, DEVOTION 2

“I waited patiently for the LORD; he turned to me and heard my cry. He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand . . . Do not withhold your mercy from me, O LORD; may your love and your truth always protect me. For troubles without number surround me; my sins have overtaken me, and I cannot see. They are more than the hairs of my head, and my heart fails within me.”

- Psalm 40:1-2, 11-12

Have you ever felt like the guy who wrote the Psalm above?

Sometimes our troubles are so many we can't even count them. We can't even see because it seems like everything is going horribly wrong. Our courage to face a new day is spent. It's during these times we beg God to be with us. All we can do is ask Him to show us His love and steady our feet on the road as we go forward. In short, sometimes all we have is to cling to Him that He will be with us no matter what.

Something To Think About:

- Do you believe that God will be at your side to get you through the tough times? Why or why not?
- Read the rest of Psalm 40. What are you doing like the Psalmist to hold onto God during your bad times?

LESSON 2, DEVOTION 3

Take some time today to really go over what you are thinking about God being with you during hard times.

Do you have a tendency to blame God when things don't turn out the way you want?

Do you trust that He will be with you and help you get through this time? Why or why not?

Do you wish He would change the situation rather than walk with you through it?

Today take some time to sit with God and be honest about whether or not you really believe having faith in Him will get you through those hard times.