

“Learning to Rejoice”

July 16, 2023 * Philippians 4:4-9

- ❑ _____ in the Lord, 4:4,
 - “rejoice” – find or discover joy, Philippians 3:1, Psalm 32:11, 35:9, 70:4
 - “in the LORD” – view life from God’s perspective, Luke 10:20
 - “always” – in all things and at all times, 1 Thessalonians 5:18, Psalm 118:24

- ❑ _____ God is near to help you, 4:5
“the Lord is at hand” (Psalm 34:18, 145:18, Jeremiah 23:23, Hebrews 13:5)

- ❑ _____ to dwell on your anxieties, 4:6
“do not be anxious about anything”
“don’t worry about ANYTHING
but pray about _____”
See Mark 4:18-19
_____ the Word of God from taking deep root in your heart and mind
Robs your faith of its vitality and strength
Worry demonstrates a lack of faith and is sin (James 4:7)

- ❑ _____ on God through constant prayer, 4:6
“but in everything by prayer and supplication with thanksgiving,
let your requests be made known to God.”
“pray without ceasing” (1 Thessalonians 5:17)
Prayer - making requests known to the Lord - carries the idea of adoration, devotion, and worship.
Petition (Supplication) - an earnest sharing of our needs and problems – nothing half-hearted or
insincere!
_____ – remembering to thank Him for what He has done and what He’s about to do
Psalm 86:12, 1 Peter 5:7, Daniel 6:10-11

- ❑ Receive God’s gift of peace, 4:7
“And the peace of God, which surpasses all understanding, will guard your hearts and your minds in
Christ Jesus.”

- ❑ Recall to mind repeatedly (dwell on) God’s goodness, 4:8

- ❑ Resume doing what’s right, 4:9
“What you have learned and received and heard and seen in me—practice these things, & the God of
peace will be with you.

Fill in the blanks: Rejoice, Remember, Refuse, EVERYTHING, Hinders, Rely, Thanksgiving