

Wednesday Encouragement

10/7/2020

I am constantly busy between being a mom, working full time and having a husband who works long hours and often works out-of-town. I like to think I can juggle everything on my own. I am a fixer, and I do not like conflict. If there is a problem, I do everything in my power to fix it before anyone even notices! That obviously is not always possible. I tend to find myself in the middle of doing all the things, then kicking myself for not bringing it to Jesus. We so easily get wrapped up in our own to-do list that we forget to put our focus on Jesus. I sometimes become like Martha.

In Luke chapter 10, Jesus and his disciples visit Martha and Mary. Martha is working hard to prepare supper and focusing on all the details, while Mary is sitting at the feet of Jesus. Martha then comes to Jesus and says, “‘doesn’t it seem unfair to you that my sister just sits there while I do all the work? Tell her to come help me.’ But the Lord said to her, ‘My dear Martha, you are worried and upset over all these details! There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her.’” (Luke 10:41-42)

Jesus, so loving and so compassionate, knew her heart and knew that she was worried and troubled. He calmly told her that she did not need to worry about all the preparations—that spending time with Him was all that was needed—as Mary had chosen to do. The next time we find ourselves overwhelmed in our own to-do lists, let us find rest in Jesus.

Lexi