



WEEK 2: THE BREAD OF LIFE

Do you ever feel like people only want something FROM you but don't actually care about you? What have you been doing, or what can you start doing, to care for people? In saying, "I am the Bread of Life," Jesus is claiming to not only be divine, but also the only one who can truly satisfy our soul! What are some things besides Christ we hope will satisfy us?

DISCUSSION QUESTIONS

1. If you had to choose one meal to eat every day for the rest of your life, what would it be?
2. Read **John 6:25-40**. Why were the crowds seeking Jesus? What does Jesus say? How can we seek Jesus wrongly? What does it look like to seek Jesus rightly?
3. How do you relate to the people in these verses and their desire to "do the works God requires," rather than accept the love and grace through Jesus, that God is offering?
4. Explain the significance of the statement, "I am the bread of life." How do you think these verses in John 6 are a pivotal statement for Jesus and His audience?
5. What did Jesus claim about the manna that God gave to the Israelites as food in the wilderness? What did it represent?
6. Into what kind of life is Jesus inviting us? Why do you think the Jews grumbled so vehemently against the message Jesus was teaching? Why do you think His message is so difficult to accept for even some of us today?
7. If Jesus, unlike bread, can satisfy us forever, what does that mean for our day-to-day living in the present? How can we seek Jesus as our bread of life? What motivates us to do so?

NEXT STEPS:

Write down 5-10 things that refresh you. Then, pray through your list. Where are you finding refreshment and satisfaction? What is the bread that is sustaining you? How might you need to change your routines or habits to be satisfied by Jesus regularly?

*For the bread of God is the bread that comes down from heaven
and gives life to the world." John 6:33*