

LIFE HACKS

FOR TOUGH TIMES & ROUGH RELATIONSHIPS

.....[A STUDY ON THE BOOK OF JAMES]

MARCH 10

WHEN TEMPTED

INTRODUCTION

This week's message is the fifth in the series LIFE HACKS. Life hacks are free or inexpensive tips and tricks to make your life simpler and easier. The Bible is full of practical ways that we can improve our lives. This week's lesson from the Book of James is about what we need to know and do when tempted. The two life truths we need to know: You can know the right thing but do the wrong thing. You can choose if you fall, but you can't choose the fallout.

DISCUSSION QUESTIONS

1. Almost everyone has that one food that they can't walk away from. Whether it's potato chips or chocolate or ice cream (or chocolate ice cream!), what tempts you?
2. Read **James 1:13-18**. We make the choice to fall to sin, but we can't choose the fallout. Are there things you choose not to be a part of, because you know it could result in sin for you?
3. Read **James 4:7-10**. In what ways can you understand and focus on what God's will is for you? Is there someone you need to confess to, and ask forgiveness of?
4. Read **2 Samuel 12:1-23**. Did David choose to fall? Who chose the fallout? What did it take for David to own his failure and to wash his hands before God?

MOVING FORWARD

Talking about temptation and sin is not easy. It is difficult to admit that we have fallen, and we can't get up. We can invite others to be Nathan to our David. If we cannot be honest here, we can hide our issues and never move toward a right relationship with God and with others. Let's commit together to be a place where we can be honest and help one another see resurrection in our relationships.

CHANGING YOUR MIND

He chose to give birth to us by giving us his true word. And we, out of all creation, became his prized possession. James 1:18