

Sexual/Gender Identity Confusion

Our generation is experiencing an increased level of confusion with regard to sexual identity and sexual ethics. When addressing same-sex attraction, gender identity concerns or a transgender disposition we must approach such struggles with several Biblical and foundational understandings.

SEXUAL WHOLENESS

Wholeness begins with the realization that sex is first and foremost a noun (what we are) rather than a verb (what we do.) Each of us has been created by God to reflect His image as male or female. *"Then God said, 'Let us make man in our image, in our likeness...So God created man in his own image, in the image of God he created him; male and female he created them. God blessed them and said to them, 'Be fruitful and increase in number.'"* (Genesis 1:26-28) Sexual health begins by understanding that our sex (male or female) is fixed in us at our creation and not a social construct or individual choice subject to alteration by the person created. In keeping with our commitment to the truth of the Bible and its application to all areas of faith and practice, it is to be believed in all that it teaches and obeyed in all that it requires, we at Maranatha affirm the following: We believe that marriage has been instituted and ordained by God as described in the Bible, and His plan for marriage and sexual intimacy is defined as the exclusive covenantal union of one man and one woman in which such union is for a lifetime commitment. When found to conflict with laws and/or social norms, we will follow the biblical principle and definition of marriage.

COMMON STRUGGLES

Confusion over sexual identity can be common during puberty as an influx of hormones can throw the body and emotions out of balance. This is no time to panic. Under normal circumstances the confusion clears. However, those who are encouraged to act upon such short-term feelings can perpetuate and intensify the struggle into adulthood. Far too many adolescents listen to peers, the media and even authority figures pushing them to "come out" or declare themselves to be something other than what God made them to be. This can trap them in the mistaken idea that one's desires (even if short-term) dictate one's identity.

Christianity recognizes that human affections can become disoriented due to the effects of the fall. As the Apostle Paul wrote in his letter to the church at Rome, "We know that the law is spiritual; but I am unspiritual, sold as a slave to sin...For what I want to do I do not do, but what I hate I do." (See Romans 7:14-15) Every person feels desires that run counter to our intended design including a variety of sexual struggles like pornography addiction, same-sex attraction and others.

A REDEMPTIVE APPROACH

The emotions associated with same sex attraction and gender identity confusion are both real and complex. Many individuals desperately wish they could free themselves from feelings and desires that can make them feel abnormal or even shame. Unfortunately, extending hope in such situations has become difficult because those who affirm God's design for human sexuality are labeled "haters" by those with a political agenda. Loved ones and friends are told that if you don't accept the person's lifestyle choices you are rejecting them as a person. But Christians should love others too much to perpetuate lies that undermine sexual wholeness. To become agents of redemption in the midst of an increasingly emotional debate, both the person wrestling with sexual identity confusion and the person who cares about them can follow a few important steps.

Step One: Extend Grace

Refuse to perpetuate stereotypes. Not everyone struggling with same-sex attraction is living in rebellion against God's design. On the other side, those who believe God intended sexual union exclusively for a husband and a wife are motivated by truth and love, not ignorance or hate. So extend grace. Give one another permission to talk and listen without calling names or assuming the worst.

Step Two: Explore God's Design

Regardless of our current posture or perspective, the best starting place is to explore what it means to be created male and female in God's image and how we can find sexual wholeness as intended by our Creator by a desire for holy living. Start with resources suggested in the Going Further section.

Step Three: Glean From Those Who Understand

Same-sex attraction and sexual identity confusion are complicated matters with no easy answers. The journey to wholeness may be a difficult, long process. Seek wisdom from those who have been where you are. Let them help you discover the joy and health that comes from pursuing God's loving, beautiful design for human sexuality. Start by exploring the Going Further Resources.

GOING FURTHER - Resources

The following books and organizations are recommended for those struggling with same-sex attraction or sexual identity confusion and their loved ones.

Washed and Waiting: Reflections on Christian Faithfulness and Homosexuality (by Wesley Hill) Wesley Hill offers wise counsel that is biblically faithful, theologically serious, and oriented to the life and practice of the church. He answers the question, What is God's will for believers who experience same-sex desires.

When Homosexuality Hits Home: What to Do When a Loved One Says They're Gay (by Joe Dallas) Grace-filled, biblical perspective on same-sex attraction from those who have left the homosexual lifestyle. Read Joe's blog at JoeDallas.com

Restoring Sexual Identity: Hope for Women Who Struggle with Same-Sex Attraction (by Anne Paulk) Women, their families and friends wrestling with this issue will find practical advice for healing and change.

RestoredHopeNetwork.org – A Christian inter-denominational membership governed network dedicated to restoring hope to those broken by sexual and relational sin, especially those impacted by homosexuality.

FirstStone.org – A ministry leading the sexually and relationally broken into a liberating relationship with Jesus Christ. There is detailed emphasis on overcoming all forms of sexual brokenness including homosexuality, sexual abuse and addiction to pornography.

<https://www.thegospelcoalition.org/article/50-resources-for-equipping-the-church-on-homosexuality-and-same-sex-marriage/>

GOING FURTHER –Maranatha Support

Any one of our pastors would like to talk to you if this issue is one that has impacted your family or life.

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