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A sure barometer for the effectiveness of our work is whether or not the fruit of our labor remains. We do have lasting "fruit." See and read about the lasting results below:



Melinda Wilson, Former Mentor, With Her Mentees 5 Years After They Graduated from Compton High

I received this very encouraging email message from one of our former mentors, Melinda Wilson, in which she shared about how each of her students are excelling in their lives:

Hi Michael:

Had lunch with 5 of the young ladies I mentored, all graduated from the universities they attended: Left to right - Fanny (instructor in Tech Program for K-12 at Cal State Dominguez) , Liliana (married, 2 children, counselor at Cal State Long Beach or LA?), Paloma (medical scribe, traveled to Italy, France, Japan, and studied in Spain while enrolled at Stanford), Sonia (special education teacher assistant) and Itzel (civil engineer trainee, LA County).

God bless you, yours and the Program.
Melinda



Christian Swint (far right in red shirt) at one of our mentoring sessions at Compton High School

Christian Swint was a student-athlete, playing on Compton High School's football team. He graduated in 2018. A few months ago, I interviewed Chris. I was impressed by the great progress he has made in his life since graduating from high school. Chris shared in the interview how our mentoring program was instrumental in launching him into elevating his life.

Here are some of the interview questions and his answers:

What was the most important lesson you learned from our mentoring program?

"Elevate the G.A.M.E. of others. Don't be selfish, it is more than just you out there on the field, in business, in the world."

How did Elevate Your G.A.M.E. help you in your high school years?

"It helped me with self-talk. It helped me process my thinking. Words are powerful. It helped me to have more positive thinking; the cup is half full and not half empty. It also helped me to go beyond what is required."

He said that the program led him to evaluate his life and ask questions: "What's my physical diet? What's my mental diet? What's my visual diet? What's my listening diet? Who am I hanging around?"



Christian with Graduation Sashes at the University of Nevada

He is now a college graduate. He earned a bachelor's degree from the University of Nevada in Science of Public Health with a minor in Addiction Treatment/Substance Abuse.



Christian - The Student-Athlete at the University of Nevada

How did what you learned from our program help you in college?

The program helped him be prepared for college, for he says that it instilled in him an understanding that he was more than capable to handle new challenges and taught him to not set limits on himself. He was also prepared to not be afraid to take that extra step, such as asking questions in class and in meeting rooms. On the college football field he would do more in practice and get in the front of the line for drills.



Where Christian Works Now As A Mental Health Mentor

What are you doing now in your life?

He is a mental health mentor for adolescents who have experienced homelessness, physical abuse, sexual abuse and or mental abuse. He is teaching these youth to use their skills that they teach them, which are: 1) Simply walk away, 2) Cope ahead, 3) Pros and Cons and 4) Positive Self-talk. He also gives them a lot of positive reinforcement by recognizing the progress they are making.

What is your ultimate career goal?

He aspires to ultimately become a site director for an after-school program to work with children and youth.



Fanny, Liliana, Paloma, Sonia, Itzel and Christian are just a few examples of the long-term positive impact our mentoring program has on our students. Thank you for your support. Together, we are enabling our students to fulfill their potential in life.

With gratitude,

Michael Freeman
Executive Director

www.elevateyourgame.org