

Adjust Conversation Sheet

1. How do you feel about not being able to go to school because of COVID-19?
2. How do you feel about doing school online?
3. Did anyone you know get the virus?
4. How has this pandemic changed your life?
5. Have you adjusted to these changes? How?
6. How can you turn the negatives of this pandemic into a positive?
7. What can you control and what can you not control in this situation?
8. What are some new things you have learned during this pandemic?
9. What are some other things you can learn from this whole situation to become a stronger and better person for now and the future?
10. How can you help others during this time?