

# MAKE IT STICK

HAPPY CAMPERS LESSON 5

4 SIMPLE WAYS  
YOU CAN MAKE  
THIS LESSON STICK  
WITH YOUR KIDS

## THIS WEEK'S LESSON:



### IN THE CAR:

As you drive, point out restaurants you pass by. Ask your child what you can eat from each place. Talk about how physical food fills our tummies, but spiritual food (Jesus, the Bread of Life) is the only thing that can fill us spiritually.



### PLAYING:

Play kitchen together. Use toy food and plates to make and serve meals to one another. Remind your child that we need two kinds of food – the kind that we eat, and the kind that we get from Jesus which helps us to be close to God.



### EATING:

Before you eat your meals, thank God for sending Jesus to be the Bread of Life.



### SNUGGLING:

Cuddle up with your little ones and talk about how you can talk to God every day. Discuss specific times that your family can pray together (when you wake up, on the way to preschool, at mealtime, before bed, etc.)