

November 16, 2025 Voters' Meeting

Church Council - Officer Candidate Bios

John Krause (President)

John and his wife, Karen, have been members of St. Paul's since moving to St. Louis in 2005. They have 3 grown children (Rebecca Spisak is a member at St. Paul's) and 4 grandchildren. John is an orthopedic surgeon and co-manages an orthopedic practice in Chesterfield. He previously served on the St. Paul's Board of Elders, including serving 4 years as chairman. John and Karen were recently co-chairmen for the Tell The Wonders He Has Done ministry expansion campaign. John serves on the Board of Regents for Concordia University Chicago.

Cory Ahlbrand (Recording Secretary)

Cory was baptized into the Lutheran faith at Zion Wanda LCMS near Juniata, NE, and confirmed at St. Paul LCMS in Holstein, NE. She graduated from the University of Nebraska–Lincoln with a Marketing Education degree and Communications minor, where she also attended the University Lutheran Chapel. She was a member of King of Kings Lutheran Church in Omaha, NE for 15 years during her years of employment by the Union Pacific Railroad in the Marketing Department. She met and married Steve Ahlbrand, who brought her to St. Paul Des Peres in 2003, where they have raised two children, Jack and Abby, who graduated from St. Paul's School. During their children's preschool years, Cory served as MOPS co-coordinator for 2+ years. She has been an active member in St. Paul's Church and School Community, Living Way Bible Study, and the Living Stone Music team.

Tim Unger (Chair – Board of Elders)

Tim Unger was born and raised in the St. Louis area and has been a St. Paul's member since the mid-80s, when he met Kim and they were married. The couple has three adult children, Kyle, Paige, and Chase, who all graduated from St. Paul's. Tim is a structural engineer at SSE Inc. Structural Engineers. He has served on multiple building committees, the board of elders, and is an usher.

James Blake (Chair of the Board of Stewardship)

James was born and raised in St. Louis and earned his Bachelor of Arts degree in Philosophy from Santa Clara University. He and his wife, Becky, have been active members of St. Paul's for almost 20 years. They were married here in 2008, and each of their three children have been baptized in this sanctuary. Lauren was the first of their children to graduate from St. Paul's school and now attends Lutheran South. Ian (8th) and Clara (6th) are both students in the middle school. James is a wealth advisor for a family wealth management firm in Chesterfield. He has previously served on the school board, and Becky is currently the youth coordinator at St. Paul's.

Mike Lutz (Chair of the Board of Trustees)

Bio to follow.