



Discipleship International

IMPORTANT

These materials are to be used only by qualified instructors who have participated in training clinics and learned how to use *The ETS Series* effectively.

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Recognition & Appreciation

For their work in developing *The Original 2:7 Series* presently called *The ETS Series*, we are particularly grateful for the efforts of the Denver Navigator staff. Ron Oertli prayerfully and thoughtfully put together the concept and its original layout. Bob Wilbraham and Bob Lovelace participated in final field testing and in refining the material to its present form.

We also want to express our thanks to the many local church lay people who were trained during the developmental stages of the series. They showed great patience and perseverance as various changes were incorporated. A special thanks goes to those in the first three churches where the materials were used. First Denver Friends Church, Valverde Presbyterian Church, and Bear Valley Baptist Church.

Our prayer is that many local churches will find *The ETS Series* a useful tool for raising up trained lay leadership for the cause of Jesus Christ.

For additional resources & training materials, please refer to: www.discipleshipint.org

*Then He said to His disciples, "The harvest is plentiful but the workers are few."
(Matthew 9:37)*

Discipleship International (D.I.) is an evangelical Christian organization. Jesus Christ gave His followers the Great Commission to go and make disciples [Matthew 28:19]. The aim of D.I. is to help fulfill that commission by multiplying labourers for Christ in every nation.

NavPress is the publishing ministry of The Navigators. NavPress publications are tools to help Christians grow. Although publications alone cannot make disciples or change lives, they can help believers learn biblical discipleship and apply what they learn to their lives and ministries.

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(1) previously gone through the material as a student, or (2) have participated in training clinics and learned how to use the ETS Series effectively. Information on attending these clinics may be obtained from Discipleship International:

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Session 1



OUTLINE OF THIS SESSION

1. Open in prayer.
2. Go over *A Review of the Goals of Book 3* (page 6).
3. Preview Book 4 by looking over the *Completion Record* (page 129).
4. Discuss *Scripture Memory Techniques* (page 7).
5. Look over *The Character of a Christian, Design for Discipleship* Bible study you will be doing in this course (pgs. 71-107) and read the introduction to the study aloud (pg. 71).
6. Complete and discuss *Seeing Our Character Changed* (pg. 8).
7. Assign Bible Study Leader for Session 2.
8. Read the *At Home Assignment for Session 2*.
9. Close the session in prayer and encouragement.

AT HOME ASSIGNMENT FOR SESSION 2

- *Scripture Memory:* Study and complete *Week Two* (page 12). Memorize the two verses on *His Spirit*, 1 Corinthians 3:16 and 1 Corinthians 2:12. Purchase a business card holder book at a dollar store or office supply store and bring to class next week.
- *Quiet Time:* Continue your Bible reading, marking, and recording.
- *Bible Study:* Complete questions 1-11 in *Section 1: The Call to Fruitful Living*, of your Bible study (pages 72-76).
- *Other:* Carefully study how to use the PACE Concepts on pages 14-19.

RELY ON GOD'S RESOURCES MEMORY VERSES

His Spirit, 1 Corinthians 3:16, 1 Corinthians 2:12

Session 1

A Review of the Goals of Book 3

The goals of Book 3 were:

1. To continue experiencing consistent and effective quiet times by...
 - a. combining meaningful Bible reading and prayer.
 - b. succeeding in having fourteen consecutive quiet times during Book 3, recording your thoughts on paper.
2. To retain the five memorized Scripture verses in *Beginning with Christ* and the first 12 verses in the *Topical Memory System*.
3. To memorize the second 12 verses of the *Topical Memory System*, in *Book 3: Proclaim Christ*.
4. To complete and discuss *Walking with Christ* as a participant in a Bible study group. (During this course each student had an opportunity to lead at least part of a Bible study discussion.)
5. To experience six methods of meditation on the Scriptures.
6. To give a testimony without notes in less than four minutes.
7. To give the "Bridge Illustration" effectively to a classmate.
8. To learn the basic principles on setting and fulfilling priorities, and how these can be applied.

Scripture Memory Instructions - Week One

YOU'RE WELL UNDER WAY

By now you have completed the first two units of the *Topical Memory System* in Books 2 and 3. In this book you will memorize the next unit and learn some Scripture memory

review techniques. Each week read the comments *About the Verses* and follow the instructions in the section *Your Weekly Plan*. You may also want to review the Scripture memory instructions in Books 2 and 3.

The *Topical Memory System*

In the previous two books you learned the first 24 verses of the *Topical Memory System*, which included the series *Book 2: Live the New Life* and *Book 3: Proclaim Christ*. In Book 4, you will memorize these 12 verses:

Book 4: Rely on God's Resources

His Spirit	1 Corinthians 3:16	1 Corinthians 2:12
His Strength	Isaiah 41:10	Philippians 4:13
His Faithfulness	Lamentations 3:22-23	Numbers 23:19
His Peace	Isaiah 26:3	1 Peter 5:7
His Provision	Romans 8:32	Philippians 4:19
His Help in Temptation	Hebrews 2:18	Psalms 119:9,11

Scripture Memory Review Techniques

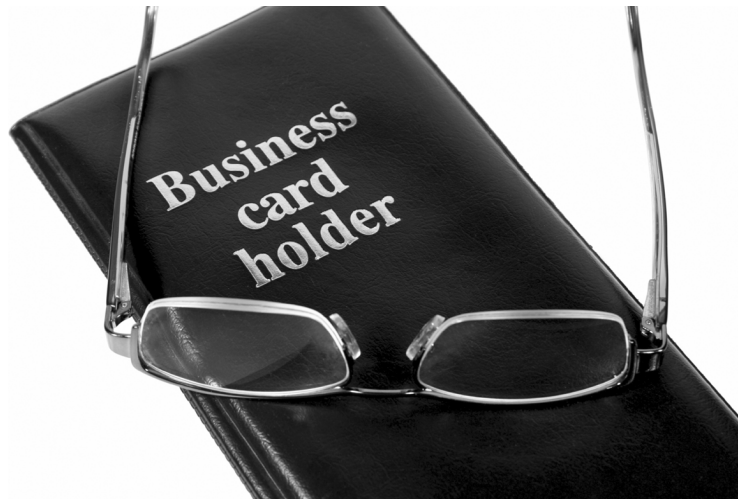
Beginning with this class session, you will be doing something new in your Scripture memory review. Because you have now learned many verses, it will be more effective for you to carry a limited number of verses in your verse pack and to file away some you know best. Use the following procedure.

1. Take the verses of *Book 2: Live the New Life* (and your five *Beginning with Christ* verses) out of your memory packet and put them into your business card holder. (You can purchase a business card holder book at a dollar store or office supply store.)
2. Leave the *Book 3: Proclaim Christ* verses in one side of your memory packet, along with your identification card. Add the verses from *Book 4: Rely on God's Resources* to your pack as you memorize them, and keep the others in the business card holder.
3. Place the first two verses of *Rely on God's Resources* in the window of your pack. These are the two verses you will memorize in the coming week and review in the next class session.
4. You will be memorizing *1 Corinthians 3:16* during the first two days following this session. Then on the next two days you will memorize *1 Corinthians 2:12*.

On the last three days of the week you should review these two verses on *His Spirit* many times.

It is important to apply the Scripture memory principles you have learned in Books 1-3, then carefully follow the instructions given each week in this book.

You are to be commended for continuing this far in Scripture memory during *The ETS*



Series. In Book 4 you will want to make Scripture memory review a high priority in your weekly schedule. This will ensure not losing the impact of the verses you have memorized.

5. When you come to *Week Seven* (page 39), you will transfer your *Book 2: Live the New Life* verses back into your memory pack to review them, and the *Proclaim Christ* verses into your business card holder.

In future books you will learn other techniques and guidelines for reviewing all the verses successfully and regularly. It is important to carefully follow the instructions given each week for reviewing the verses you have previously memorized.

"Pay attention and listen to
the sayings of the wise;
apply your heart to what I teach, for it is pleasing
when you keep them
in your heart and have all
of them ready on your lips.
So that your trust may be in the Lord,
I teach you today, even you."
— Proverbs 22:17-19

Seeing Our Character Changed

The purpose of all spiritual discipline is to see that our lives continue to change into a greater resemblance of the character and personality of Jesus Christ Himself.

When we speak of the biblical teaching on changing our character, we find four themes recurring frequently in Scripture. These are stated briefly below, with three blank lines under each statement.

Match up three Scripture passages for each theme by writing the references in the blanks. Use the verses in the list below (these are quoted on page 9).

Psalm 127:1	Romans 5:3-4	2 Timothy 3:16-17
John 8:31	Romans 8:29	James 1:3-4
John 15:5	1 Corinthians 3:6-7	1 Peter 1:6-7
Acts 20:32	Ephesians 4:13	1 John 3:2

1. God's goal for us is that we become like Jesus Christ.

2. The discipline of consistent, meaningful contact with God's Word is a key to a changed character.

3. We are entirely dependent on God. Only He can permanently change our character.

4. Facing hardship with God's help develops and deepens our character.

Spiritual discipline is simply a means to an end. The end we seek is to become like Jesus Christ – pleasing to God and effectively accomplishing His purposes in the world.

Passages on Christian Character

“Unless the Lord builds the house, they labor in vain who build it; unless the Lord guards the city, the watchman keeps awake in vain.” – *Psalm 127:1, NASB*

“Then said Jesus to those Jews which believed on Him, ‘If ye continue in My Word, then are ye My disciples indeed,’ – *John 8:31, KJV*

“I am the vine; you are the branches. If a man remains in Me and I in him, he will bear much fruit; apart from Me you can do nothing.” – *John 15:5, NIV*

“And now I commend you to God and to His gracious Word, which has power to build you up and give you your heritage among all who are dedicated to Him.” – *Acts 20:32, NEB*

“More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope.” – *Romans 5:3-4, RSV*

“For whom He did foreknow, He also did predestinate to be conformed to the image of His Son, that He might be the firstborn among many brethren.” – *Romans 8:29, KJV*

“I planted the seed, Apollos watered it, but God made it grow. So neither he who plants nor he who waters is anything, but only God, who makes things grow.” – *1 Corinthians 3:6-7, NIV*

“In this way we are all to come to unity in our faith and in our knowledge of the Son of God, until we become the perfect Man, fully mature with the fullness of Christ Himself.” – *Ephesians 4:13, JB*

“All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work.” – *2 Timothy 3:16-17, NIV*

“Because you know that the testing of your faith develops perseverance. Perseverance must finish its work so that you may be mature and complete, not lacking anything.” – *James 1:3-4, NIV*

“In this you greatly rejoice, though now for a little while you may have had to suffer grief in all kinds of trials. These have come so that your faith – of greater worth than gold, which perishes even though refined by fire – may be proved genuine and may result in praise, glory and honor when Jesus Christ is revealed.” – *1 Peter 1:6-7, NIV*

“My dear people, we are already the children of God. But what we are to be in the future has not yet been revealed; all we know is, that when it is revealed, we shall be like Him because we shall see Him as He really is.” – *1 John 3:2, JB*