

A Guide for Extended Prayer Together

During the extended prayer time, you will be focusing on adoration, confession, thanksgiving, and supplication: **A-C-T-S**. Scripture passages are given to help you pray on these topics.

ADORATION

1. Read the quotation below about adoration.

“Prayers of adoration are expressions of praise and worship of the person, powers and perfections of the Lord of all creation...In adoration, you honor, exalt, esteem, bless and magnify the name of the Lord as you reflect upon His goodness, grace, holiness, mercy, love, might, power and dominion (Rev. 4:11; 5:12,13). In praise, you rejoice in God, align yourself in obedience to Him and express all that you have discovered Him to be.”

– From Drawing Near by Boa and Anders

2. Sing songs of adoration and praise.

3. Read and discuss 1 Chronicles 29:10-13.

Read this Scripture passage aloud in the group and discuss it before praying through the adoration verses that follow.

¹⁰David praised the LORD in the presence of the whole assembly, saying,
“Praise be to you, O LORD,
God of our father Israel,
from everlasting to everlasting.

¹¹Yours, O LORD, is the greatness and the power and the glory and the majesty and the splendor, for everything in heaven and earth is yours.

Yours, O LORD, is the kingdom; you are exalted as head over all.

¹²Wealth and honor come from you; you are the

ruler of all things.

In your hands are strength and power to exalt and give strength to all.

¹³Now, our God, we give you thanks,
and praise your glorious name.”

4. Pray through several passages of Scripture.

Nehemiah 9:5,6

⁵“Stand up and praise the LORD your God, who is from everlasting to everlasting.”

“Blessed be your glorious name, and may it be exalted above all blessing and praise.

⁶You alone are the LORD. You made the heavens, even the highest heavens, and all their starry host, the earth and all that is on it, the seas and all that is in them. You give life to everything, and the multitudes of heaven worship you.”

Psalm 18:1-3

¹I love you, O LORD, my strength.

²The LORD is my rock, my fortress and my deliverer;

my God is my rock, in whom I take refuge.
He is my shield and the horn of my salvation, my stronghold.

³I call to the LORD, who is worthy of praise, and I am saved from my enemies.

Psalm 34:1-3

¹I will extol the LORD at all times; his praise will always be on my lips.

²My soul will boast in the LORD; let the afflicted hear and rejoice.

³Glorify the LORD with me; let us exalt his name together.

Psalm 57:9-11

⁹I will praise you, O Lord, among the nations;
I will sing of you among the peoples.

¹⁰For great is your love, reaching to the heavens;
your faithfulness reaches to the skies.

¹¹Be exalted, O God, above the heavens;
let your glory be over all the earth.

Adoration & Confession

Psalm 92: 1-2

¹It is good to praise the LORD and make music to
your name, O Most High,
²to proclaim your love in the morning and your
faithfulness at night...

Psalm 108:1-5

¹My heart is steadfast, O God;
I will sing and make music with all my soul.
²Awake, harp and lyre! I will awaken the dawn.
³I will praise you, O LORD, among the nations;
I will sing of you among the peoples.
⁴For great is your love, higher than the heavens;
your faithfulness reaches to the skies.
⁵Be exalted, O God, above the heavens,
and let your glory be over all the earth.

Daniel 2:20-22

²⁰“Praise be to the name of God for ever and ever;
wisdom and power are his.
²¹He changes times and seasons;
he sets up kings and deposes them.
He gives wisdom to the wise
and knowledge to the discerning.
²²He reveals deep and hidden things;
he knows what lies in darkness,
and light dwells with him.”

Jeremiah 10:6-7

⁶No one is like you, O LORD;
you are great, and your name is mighty in
power.
⁷Who should not revere you,
O King of the nations?
This is your due.
Among all the wise men of the nations
and in all their kingdoms,
there is no one like you.

Jeremiah 32:17-19

¹⁷“Ah, Sovereign LORD, you have made the heavens
and the earth by your great power and outstretched
arm. Nothing is too hard for you.
¹⁸You show love to thousands but bring the punish-

ment for the fathers' sins into the laps of their children after them. O great and powerful God, whose name is the LORD Almighty,
¹⁹great are your purposes and mighty are your deeds. Your eyes are open to all the ways of men; you reward everyone according to his conduct and as his deeds deserve.”

Romans 11:33

Oh, the depth of the riches of the wisdom
and knowledge of God!
How unsearchable his judgments,
and his paths beyond tracing out!

1 Timothy 1:17

Now to the King eternal, immortal, invisible, the only God, be honor and glory for ever and ever. Amen.

Revelation 4:11

“You are worthy, our Lord and God,
to receive glory and honor and power,
for you created all things,
and by your will they were created
and have their being.”

5. Sing songs of adoration and praise.

CONFESSION

1. Read the quotation about confession/ forgiveness.

“Since we are living in mortal bodies, we sometimes fail to live up to the potential of our new nature. We may fail to obey the Lord, or fall into sin. But God has made perfect provision for such failure and has promised to forgive, cleanse, and restore us to fellowship with himself when we admit our failures.”
— From *Prayer More Than Words* by LeRoy Eims

Confession

2. Read and discuss Psalm 51:1-13.

Read this Scripture passage aloud in the group and discuss it before praying through the confession/forgiveness verses that follow

- ¹Have mercy on me, O God, according to your unfailing love;
according to your great compassion blot out my transgressions.
²Wash away all my iniquity and cleanse me from my sin.
³For I know my transgressions,
and my sin is always before me.
⁴Against you, you only, have I sinned
and done what is evil in your sight,
So that you are proved right when you speak
and justified when you judge.
⁵Surely I was sinful at birth,
sinful from the time my mother conceived me.

⁶Surely you desire truth in the inner parts,
you teach me wisdom in the inmost place.
⁷Cleanse me with hyssop, and I will be clean;
wash me, and I will be whiter than snow.
⁸Let me hear joy and gladness;
let the bones you have crushed rejoice.
⁹Hide your face from my sins
and blot out all my iniquity,
¹⁰Create in me a pure heart, O God,
and renew a steadfast spirit within me.
¹¹Do not cast me from your presence
or take your Holy Spirit from me.
¹²Restore to me the joy of your salvation
and grant me a willing spirit, to sustain me.
¹³Then I will teach transgressors your ways,
and sinners will turn back to You.

3. Pray through several passages of Scripture.

2 Samuel 24:10

“I have sinned greatly in what I have done. Now, O LORD, I beg you, take away the guilt of your servant. I have done a very foolish thing.”

Nehemiah 1:5-7

⁵“O, LORD, God of heaven, the great and awesome God, who keeps his covenant of love with those who love him and obey his commands, ⁶let your ear be attentive and your eyes open to hear the prayer your servant is praying before you day and night for your servants, the people of Israel. I confess the sins we Israelites, including myself and my father’s house, have committed against you. ⁷We have acted very wickedly toward you. We have not obeyed the commands, decrees and laws you gave your servant Moses.”

Psalm 25:6-11

- ⁶Remember, O LORD, your great mercy and love,
for they are from of old.
⁷Remember not the sins of my youth
and my rebellious ways;
according to your love remember me,
for you are good, O LORD.
⁸Good and upright is the LORD;
therefore he instructs sinners in his ways.
⁹He guides the humble in what is right
and teaches them his way.
¹⁰All the ways of the LORD are loving and faithful
for those who keep the demands of his covenant.
¹¹For the sake of your name, O LORD,
forgive my iniquity, though it is great.

Psalm 32:1-5

- ¹Blessed is he whose transgressions are forgiven,
whose sins are covered.
²Blessed is the man whose sin the LORD does not count against him
and in whose spirit is no deceit.
³When I kept silent, my bones wasted away
through my groaning all day long,
⁴For day and night your hand was heavy upon me;
my strength was sapped as in the heat of summer.
⁵Then I acknowledged my sin to you
and did not cover up my iniquity.
I said, “I will confess
my transgressions to the LORD” –
and you forgave the guilt of my sin.

Confession & Thanksgiving

Psalm 103:12

As far as the east is from the west,
so far has he removed our
transgressions from us.

Psalm 119:59-60

⁵⁹I have considered my ways
and have turned my steps to your statutes.

⁶⁰I will hasten and not delay
to obey your commands.

Psalm 139:23-24

²³Search me, O God, and know my heart;
test me and know my anxious thoughts.

²⁴See if there is any offensive way in me,
and lead me in the way everlasting.

Isaiah 1:18

Come now, let us reason together,"
says the LORD.

"Though your sins are like scarlet,
they shall be as white as snow;
though they are red as crimson,
they shall be like wool."

Isaiah 43:25

"I, even I, am he who blots out
your transgressions, for my own sake, and
remembers your sins no more."

Jeremiah 33:8

"I will cleanse them from all the sin they have com-
mitted against me and will forgive all their sins of
rebellion against me."

Micah 7:19

You will again have compassion on us;
you will tread our sins underfoot
and hurl all our iniquities into the
depths of the sea.

1 John 1:9

If we confess our sins, he is faithful and just and
will forgive us our sins and purify us from all
unrighteousness.

4. Individual confession

Each individual will pray silently during this brief
time. People may pray right where they are.

THANKSGIVING

1. Read the quotation about thanksgiving.

"Prayers of thanksgiving express your gratitude for
who God is and for what He has done. Thanksgiving
is an important ingredient in prayer because it
causes you to reflect upon and remember the
history of God's work in your life. This, in turn,
increases your confidence in the way He
will continue to work as you 'understand the
loving-kindnesses of the Lord.' Psalm 107:43."
– From *Drawing Near* by Boa and Anders

2. Read and discuss Psalm 107:1-9.

Read this Scripture passage aloud in the group and
discuss it before continuing.

¹Give thanks to the LORD, for he is good;
his love endures forever.

²Let the redeemed of the LORD say this –
those he redeemed from the hand of the foe,

³those he gathered from the lands,
from east and west, from north and south.

⁴Some wandered in desert wastelands,
finding no way to a city where they could
settle.

⁵They were hungry and thirsty,
and their lives ebbed away.

⁶Then they cried out to the LORD in their trouble,
and he delivered them from their distress.

⁷He led them by a straight way
to a city where they could settle.

⁸Let them give thanks to the LORD for
his unfailing love
and his wonderful deeds for men,

⁹For he satisfies the thirsty
and fills the hungry with good things.

Thanksgiving

3. Share things for which you are thankful.

Each person should share at least one thing. You may share more than once.

4. Pray through several pages of Scripture.

1 Kings 8:56

“Praise be to the LORD, who has given rest to his people Israel just as he promised. Not one word has failed of all the good promises he gave through his servant Moses.”

1 Chronicles 16:8-12

⁸Give thanks to the LORD, call on his name; make known among the nations what he has done.

⁹Sing to him, sing praise to him; tell of all his wonderful acts.

¹⁰Glory in his holy name; let the hearts of those who seek the LORD rejoice.

¹¹Look to the LORD and his strength; seek his face always.

¹²Remember the wonders he has done, his miracles, and the judgments he pronounced...

1 Chronicles 16:34

Give thanks to the LORD, for he is good; his love endures forever.

Psalm 40:2-5

²He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand.

³He put a new song in my mouth, a hymn of praise to our God.

Many will see and fear and put their trust in the LORD.

⁴Blessed is the man who makes the LORD his trust, who does not look to the proud, to those who turn aside to false gods.

⁵Many, O LORD my God, are the wonders you have done.

The things you planned for us
no one can recount to you;
were I to speak and tell of them,
they would be too many to declare.

Psalm 68:19

Praise be to the LORD, to God our Savior,
who daily bears our burdens.

Psalm 79:13

Then we your people, the sheep of
your pasture, will praise you forever;
from generation to generation
we will recount your praise.

Psalm 92:1-4

¹It is good to praise the LORD
and make music to your name, O Most
High,

²to proclaim your love in the morning
and your faithfulness at night,

³to the music of the ten-stringed lyre
and the melody of the harp.

⁴For you make me glad by your deeds, O LORD;
I sing for joy at the works of your hands.

Psalm 103:1-5

¹Praise the LORD, O my soul;
all my inmost being, praise his holy name.

²Praise the LORD, O my soul,
and forget not all his benefits –

³who forgives all your sins
and heals all your diseases,

⁴who redeems your life from the pit
and crowns you with love and compassion,

⁵who satisfies your desires with good things
so that your youth is renewed like the
eagle's.

Isaiah 61:10

I delight greatly in the LORD;
my soul rejoices in my God.

For he has clothed me with garments of salvation
and arrayed me in a robe of righteousness,
as a bridegroom adorns his head like a priest,

Thanksgiving & Supplication

and as a bride adorns herself with her jewels.

Lamentations 3:22-23

²²Because of the LORD's great love we are not consumed, for his compassions never fail.

²³They are new every morning; great is your faithfulness.

1 Corinthians 15:57

But thanks be to God! He gives us the victory through our Lord Jesus Christ.

1 Peter 1:3-5

³Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, ⁴and into an inheritance that can never perish, spoil or fade – kept in heaven for you, ⁵who through faith are shielded by God's power until the coming of the salvation that is ready to be revealed in the last time.

5. Sing songs of thanksgiving.

SUPPLICATION

1. Read the quotation about supplication.

“There are non-Christian friends and relatives to bring before the Lord, missionaries on various fields, our pastors, our neighbors and Christian associates, our government leaders – to name a few. Influencing people and changing events through prayer is well known among Christians but too little practiced. And as times become more serious around us, we need to reconsider the value of personal prayer, both to accomplish and to deter.”
– From *How To Spend a Day in Prayer* by Lorne Sanny

2. Read and discuss Ephesians 1:15-17.

Read this Scripture passage aloud in the group and discuss it before continuing.

¹⁵For this reason, ever since I heard about your faith in the Lord Jesus and your love for all the saints, ¹⁶I have not stopped giving thanks for you, remembering you in my prayers. ¹⁷I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better.

3. Divide into groups of three or four.

4. Read a passage and pray about that topic.

People in the small groups will read one passage at a time, then pray about that passage and topic. It is not necessary to cover all seven topics.

The Church – Matthew 9:37-38

³⁷Then he said to his disciples, “The harvest is plentiful but the workers are few. ³⁸Ask the Lord of the harvest, therefore, to send out workers into his harvest field.”

Believers/friends – Colossians 1:9-12

⁹For this reason, since the day we heard about you, we have not stopped praying for you and asking God to fill you with the knowledge of his will through all spiritual wisdom and understanding. ¹⁰And we pray this in order that you may live a life worthy of the Lord and may please him in every way: bearing fruit in every good work, growing in the knowledge of God. ¹¹being strengthened with all power according to his glorious might so that you may have great endurance and patience, and joyfully ¹²giving thanks to the Father, who has qualified you to share in the inheritance of the saints in the kingdom of light.

Supplication

Family – Joshua 24:15

“But if serving the LORD seems undesirable to you, then choose for yourselves this day whom you will serve, whether the gods your forefathers served beyond the River, or the gods of the Amorites, in whose land you are living. But as for me and my household, we will serve the LORD.”

Missions – Matthew 28:19-20

¹⁹“Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”

The Oppressed – Isaiah 61:1-3

¹The Spirit of the Sovereign LORD is on me,
because the LORD has anointed me
to preach good news to the poor.
He has sent me to bind up the brokenhearted,
to proclaim freedom for the captives
and release from darkness the prisoners,
²to proclaim the year of the LORD’s favor
and the day of vengeance of our God,
to comfort all who mourn,
³and provide for those who grieve in Zion –
to bestow on them a crown of beauty
instead of ashes,
the oil of gladness instead of mourning,
and a garment of praise
instead of a spirit of despair.
They will be called oaks of righteousness,
a planting of the LORD
for the display of his splendor.

The Lost – Acts 1:8

“But you will receive power when the Holy Spirit comes on you’ and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.”

Government – 1 Timothy 2:1-4

¹I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone –
²for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. ³This is good, and pleases God our Savior,
⁴“who wants all men to be saved and to come to a knowledge of the truth.

5. In the small groups, each person may share one concern for which he would like prayer.

List below the prayer requests given by others in your group.

6. Pray for the specific concerns in the small groups.

FINALE

Everyone comes back together into one group.

1. Sing together.

2. Have individuals share what they appreciated about the extended prayer time together.

3. Sing together.

4. Close in prayer.