

Policies & Information

Mom2Mom of Cape Bible Chapel 2026-2027

Children in the M2M Meetings

Mom2Mom is designed to give Moms a chance to have time away from their children and be refreshed. Therefore, we respectfully ask that you refrain from bringing your child into the M2M meeting, except in the case of newborns if you desire, and instead allow the M2M Kids volunteers or others the privilege of caring for your little one(s) during M2M.

Newborns:

Most newborns sleep so much that they are rarely a distraction in the meeting. However, if your newborn does become a distraction (crying, babbling, etc.) and cannot be quickly quieted, out of respect for the other moms and/or the speaker, please take your baby out of the meeting room until he/she is settled. We do provide a room near our meeting room where you can change/feed/calm your baby if needed. There is also a changing table in the restroom, which is located in the hallway to the right as you come down the stairs from the main level. By age 4-5 months, as babies begin to stay awake more and are less predictable, we encourage you to begin to place them in M2M Kids. The M2M Kids teachers and helpers desire to serve you by lovingly caring for your little one to allow you time to be recharged!

Children 6 Months and Older:

Once your baby is 6 months old, we ask that you drop him/her off in childcare during the Mom2Mom meeting. If a baby becomes fussy and unable to be soothed, the mother will be notified. We recognize that it can be hard to drop a 6 month old off in childcare for two hours. However, we ask that you, as the mother, would be willing to give it a try. If you are notified to come soothe your baby you may keep your child with you for the remainder of the meeting if he/she is not a distraction. By the time your child is 9 months old, we ask that your child stay in the Mom2Mom Kids Program the entirety of the meeting, or find alternate childcare.

Children 8-14 Months:

According to *WebMD*, "Very young children (those between 8 and 14 months old) often go through a phase when they are "clingy" and afraid of unfamiliar people and places. This behavior is normal and is not considered separation anxiety disorder." If you experience this with your child, we encourage you to continue to attend M2M and to consistently place your little one in M2M Kids or leave him/her with another trusted adult, reassure him/her that "Mommy will be back soon," and proceed to the M2M meeting. Many times the child settles down very soon after the mother is out of sight. If your child is in M2M Kids, the volunteers will reassure your little one that you will be back and will get him/her involved with the toys, activities, or other children, as appropriate. If your child continues to be extremely upset and cannot be calmed after an acceptable amount of time, the M2M Kids Team Leader will come and get you.

It is our goal that this year in Mom2Mom will be a relaxing, enjoyable, and profitable time for you and all the mothers in attendance. These guidelines have been implemented to help us meet that goal! Thank you for your cooperation.

***If you have questions, please contact: Haley Bowen, Coordinator 573-271-1929 /
mom2momcbc@gmail.com***

Mom2Mom of Cape Bible Chapel Steering Team