

Policies & Information

Mom2Mom of Cape Bible Chapel 2026-27

Children in the M2M Meetings

Mom2Mom is designed to give moms a chance to have time away from their children and be refreshed. Therefore, we respectfully ask that you follow the guidelines below.

Newborns:

Most newborns sleep so much that they are rarely a distraction in the meeting. However, if your newborn does become a distraction (crying, babbling, etc.) and cannot be quickly quieted, out of respect for the other moms and/or the speaker, please take your baby out of the meeting room until he/she is settled. There are classrooms near our meeting room where you can change and calm your baby if needed. There is also a changing table in the restroom, which is in the hallway to the right as you come down the stairs from the main level.

As babies begin to stay awake more and are less predictable, you will need to follow the policy below for “Children 6 Months and Older” and place your babies in M2M Kids or make other arrangements for their care. If there is a need to leave your baby in M2M Kids before the age of 6 months, please contact the M2M Kids Team Leader to make sure the class will be adequately staffed for the addition of your little one.

Children 6 Months and Older:

All children 6 months or older must be placed in the M2M Kids program at the start of the morning (registration required) or have other arrangements for their care during the M2M meeting. If a baby age 6-9 months needs to be fed during the M2M meeting, the mom has two options: a) she can come to the baby classroom, feed the baby, and then place him back in the care of the volunteers, or b) she can take the baby from the volunteers, feed her or bring her back to the meeting for feeding, and then keep her for the rest of the meeting.

Babies who are 9 months or older cannot be brought to the meeting. If a mom needs to feed her baby who is 9 months or older during the meeting, she must remain upstairs with the baby and then place him/her back in the care of the volunteers before returning to the meeting.

Children 8-14 Months:

According to *WebMD*, “Very young children (those between 8-14 months old) often go through a phase when they are “clingy” and afraid of unfamiliar people and places. This behavior is normal and is not considered separation anxiety disorder.” If you experience this with your child, we encourage you to continue to attend M2M and to consistently place your little one in M2M Kids or leave him/her with another trusted adult, reassure him/her that “Mommy will be back soon,” and proceed to the M2M meeting. Many times the child settles down very soon after the mother is out of sight. If your child is in M2M Kids, the volunteers will reassure your little one that you will be back and will get him/her involved with the toys, activities, or other children, as appropriate. If your child continues to be extremely upset and cannot be calmed after an acceptable amount of time, the M2M Kids Team Leader will notify you.

The M2M Kids teachers and helpers desire to serve you by lovingly caring for your little one to allow you time to be recharged! It is our goal that this year in Mom2Mom will be a relaxing, enjoyable, and profitable time for you and all the mothers in attendance. These guidelines have been implemented to help us meet that goal! Thank you for your cooperation.

If you have questions, please contact: Haley Bowen, Coordinator – 573-271-1929