Practicing the Way

Rule of Life 2

October 27th, 2024

We are all _____ _____…

Its _____ not _____ that determines our _____.

Build _____ _____ around _____.

Pathway to Pilgrimage

Acts 2:38, 2 Corinthians 7:9-10, Ephesians 4:17-5:33

_____ → Purging → _____ → Union

Practicing a New Way

Matthew 6:6, Psalms 46:10, 2 Timothy 3:16, Psalms 1, 2 Peter 3:16, Matthew 6:9-13, Philippians 4:6, Matthew 6:16, Proverbs 8:5, I Thessalonians 4:11, Acts 2:42, Ephesians 4, Exodus 20:8, Colossians 2:16

1. _____ _____ _____
2. _____
3. _____
4. _____
5. _____
6. _____ _____ _____
7. _____

Small Group Discussion Guide

☐ **Reflection on the Sermon**

- Review the sermon notes and your personal notes from the message. Was there anything you heard for the first time that caught your attention, confused you, or challenged your thinking?

☐ **Rule of Life**

- What current spiritual practices or habits are you currently practicing in your life that you find to be the most helpful? Are there any practices that you have been intimidated or unsure of? Why? Are there practices or habits you always wanted to develop, but haven't yet?

☐ **Scripture Reading**

- Read Matthew 6. What practices or spiritual principles do you see Jesus teach on here? What insight does Jesus give us on each of these practices?

☐ **Spiritual Growth**

- How can silence and solitude be beneficial to one's spiritual life? How can fasting be beneficial to one's spiritual life? What does living a "quiet life" mean to you? How do spiritual disciplines play into that definition?

  How can you be intentional in reducing hurry in your life?

☐ **Prayer**

Resources:

https://www.practicingtheway.org/resources

https://static1.squarespace.com/static/5852ec829f7456cfcc0e1c5a/t/5e17be5d7cba366ace1df6e1/1578614383140/ptw_ruleoflife_workbook_.pdf

Sacred Rhythms: Arranging Our Lives for Spiritual Transformation
By Ruth Haley Barton
Celebration of Disciplines