



First News Monthly

JUNE



Dear Friends,

Are you weather conscious?
Do you check out the long and short range forecast?

Living in Wisconsin certainly means that the weather is likely to be a subject that comes up regularly in conversation. Last week, not unlike many other weeks, we seemed to go from one extreme to the other. One day I was walking the dogs in my shorts and t-shirts, two days later it was back to my puffer jacket and long pants, and the furnace back on.

We never know what the weather will be. There are some people that are particularly weather conscious, among them farmers, fishermen, pilots, joggers, motorcyclists, dog walkers, and so the list goes on. If we live, eat, breathe, we are conscious of the weather for it can influence us for both good or bad.

When the sun is shining on a cloudless day, the visibility is unlimited. The warming sun is perfect for virtually any outdoor activity, unless it is accompanied with intense humidity. Sunshine is good for us whatever our age, and the coming of summer raises many a spirit.

When it is raining, many people sleep better. There is something very soothing about the water cascading down and nourishing the earth. We should never forget that it is the rain that makes crops grow, gardens flourish and saves us from drought.

Storms charge the air with a mystical quality, and although they may make us quake in our boots, there is something beautiful about the post-storm freshness of the air. The Native American elders would say, "Be still, God is moving!"

Sun, rain, storms, humidity, heat, freezing temperatures all have their place in the wonderful cycle of nature. They are, in their own way, beautiful.

So, it is with our lives. We have our seasons and our weather. Sun, rain, storms, heat and sub-zero temperatures all have their place in the cycles of our lives. We have things to grow, dreams to water, pests to kill, storms to endure and moments to stand, be still and notice that God is moving.

There are the seasons of our lives, some more welcome than others. But in every season, there is God.

What's the weather like today? It's great for living, eating, breathing, celebrating that whatever the weather, God is here, and through all the seasons of life, God is moving among us.

Blessings and peace,

Pastor Gilman





FIRST PRESBYTERIAN
CHURCH

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TEAM—ANGELS FOR ALZHEIMER'S

Since this month's "Parish Nurse Corner" is about memory, I thought this would be the perfect time to ask a favor of you.

As someone who has been touched by loved ones who had been or are suffering from Alzheimer's and/or other memory issues, I am passionate about finding a cure. As hard as memory loss is on the person going through it, I believe it is even harder on the loved ones. It is so difficult to watch someone you love forget who you are.

For the past seven years, I have participated in one way or another with the Alzheimer's Association Walk to End Alzheimer's®. Did you know that the Alzheimer's Association is the largest non-profit voluntary health organization dedicated to accelerating the progress in prevention, cure and living with Alzheimer's disease?

A few years back, I decided I needed to take a more proactive role, so I created the team —Angels for Alzheimer's. I've been able to raise money for this worthy cause, \$2700 in two years—mostly on my own. Now I'm asking you to become a member of my team. The Walk is scheduled for Saturday, September 23rd— Registration - 8 am, Ceremony - 9am, Walk - 9:30am, at UW-Parkside.

There are two ways to join the team. One—visit: <http://act.alz.org/goto/AngelsForAlzheimers>.

There you can register for the team and start your fundraising efforts. Or two, you can request the registration form and contribution tracking form. Just call me at the office at 262.632.1686. Or you can email me at: office@firstpresracine.org. I will send you the forms. If you cannot join the team, but would like to make a donation, please request a donation form and I will send one to you.

Thank you so much for considering joining Team—Angels for Alzheimer's or for making a donation. Even a small step can make a BIG difference!

Shelley Maurer
Church Secretary



MUSIC & MORE SUMMER CONCERT SERIES



Mark your calendars for Thursday, June 8 at Noon as Music & More kicks off its 24th Season. The series continues each Thursday through August 10. The ten noontime concerts are just an hour long, and they're fast-paced and fun! We have booked a variety of regional singers, instrumentalists and musical groups. Many audience favorites will be returning and a number of new acts will be performing.

The noontime concerts are FREE, so bring a friend or two. An offering will be accepted and divided at the end of the series between three local service agencies. From the very first season in 1994, Music & More has given back to the community in the form of grants to local non-profit organizations.

The Music & More series is primarily funded by donations from individuals and businesses. Please consider making a donation to show support for this great program! Your donation is tax-deductible and can be made to First Presbyterian Church, *for Music & More*. Donations may be given *in honor* or *in memory* of someone or to mark a special occasion. Sponsorships are \$250 and donations of \$300 and above will be listed as Sustainers. Donations in any amount are needed and appreciated. Thank you!

Additional parking is available in the Living Light Community Center lot adjacent to the church. Please avoid parking in numbered or reserved spots for the noontime concerts as they are rented.

JUNE SCHEDULE

June 8

Naeim Rahmani (classical guitar)
Belle Ensemble (vocal)

June 15

Chris Ghilani & Maria Sharpe (vocal & instrumental)
Corelli Violin Ensemble
Anna Nuzzo & Luke Nuzzo (vocal & guitar)

June 22

Sharon Adel & Kristina Beier (piano & flute)
Michael Mueller (vocal)
Nicholas Barootian (vocal)

June 29

Corporate Downsizing Quartet (vocal & guitar)
Fumi Nakayama (harpsichord) & Brett Lipshutz (flute)
Parkside Range (contemporary a cappella group from UW-Parkside)

SAVE THE DATE for our Season Finale Concert: **Friday, August 18 at 7:00 p.m.** Tickets are \$10. Performers: **Andrea Nitz** (violin); **Cecilia Trio** (Fumi Nakayama, piano; Ann Heide, violin; Andrea Nott, cello); and **Lynda Schlitz Ensemble** (vocal, violin, piano).



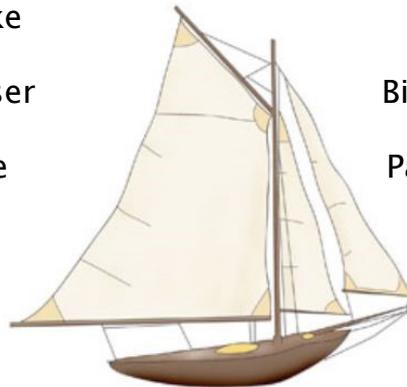
Happy Birthday



- | | | | |
|------|--------------------|------|------------------|
| 1st | Kelsey Yale | 13th | Mary Bernstein |
| 5th | Courtney DeKeuster | 14th | Nancy Bloch |
| | Teddy Vollman | | Patricia Rogers |
| 6th | Mary Blandford | 15th | Landon Harris |
| 7th | Marge Henze | 19th | Judy Rowland |
| | Andy Park | 20th | Ko Kryger |
| 8th | Rosemarie Olsen | | Pamela Wahlen |
| | Don Tobias | 21st | Margaret Daniels |
| 9th | Bob Moore | | Hunter DeLao |
| | Jordan Rowland | 24th | Emma DeGroot |
| 10th | Tom Holle | 25th | Nancy Moore |
| | Jim Rooney | 27th | Alexandra Matson |
| | John Rowland | 29th | Nancy Borzynski |
| 12th | Dave Holle | 30th | Mary Stewart |
| | Sara Rangel | | Christopher Webb |
| | Katherine Wortley | | |

Happy Anniversary!

- Bud & Mary Eastman
June 8th
- John & Linnea Brooke
June 12th
- Dennis & Nancy Reeser
June 15th
- Bob & Nancy Moore
June 16th



- Jim & Bonnie Eastman
June 22nd
- Bob & Mary Johnson
June 24th
- Bill & Blanche Gunderson
June 29th
- Patrick & Elizabeth Tews
May 30th

Rent
A
Youth



We clean, paint, organize, do yard work, and so much more— for a donation to the Summer Youth Mission Trips!

It's the perfect time to whip those flowerbeds into shape. Let the kids do the work for you!

For more information or to schedule an appointment contact Ben Neal at 262-497-6545 or email him at: beneal@hotmail.com



NEWS FROM THE DAYTIME CIRCLE ...

Thank you to all who attended the Passover Meal prepared and served by Ellen Cardwell in April. Participants shared that they were very grateful to have this opportunity to learn about customs in other faiths, as well as being together to enjoy Ellen's tasty food. Our appreciation goes to her for this gift to our Circle.

We will be attending Music and More together on June 22 when our guest performer is Leah Fisher's daughter. Following Music and More, we will have lunch together. Destination will be determined later.

Take me Out to the Ball-game

The members of the Deborah Circle, now part of our ***Daytime Circle***, have enjoyed attending Brewers games together the past couple years. Deb Capener, our staunch Brewer supporter, let me know that Senior Days, when the tickets are half price for seniors, are June 8, June 22, Aug. 3, Aug. 16 and Aug. 30. If anyone wishes to go to a game on one of these dates, please let Ginny Holle know (884-0230 or email at dholle@wi.rr.com) and we will "get the ball rolling" (pun intended) on making plans to go and support our team!



Perk 'n Pour Volunteers for June:

- June 4 - the Brookes and Mary Lou Schuler
- June 11 - the Earnests and the Higgs
- June 18 - Eli Hunt and Peggy Wagner
- June 25 - the Holles, Sharon Campbell, Brian Weisbrod

Note for Perk 'n Pour volunteers - In June, remember to switch to summer directions when doing the prep for beverages. Thank you!

Ginny Holle
Daytime Circle and Fellowship



MISSIONS UPDATE

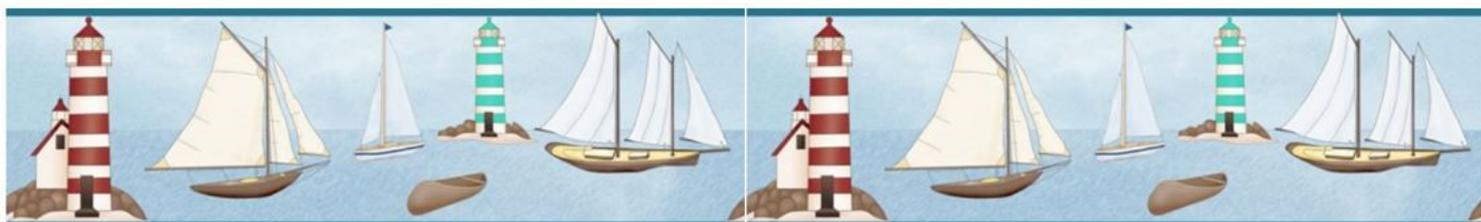
The Hand of Hope campaign is now over and thanks to all of you, we raised a little over \$5,000 to be sent to the following organizations: Bethany Apartments, Hand to Hand Program, The Veterans Outreach of Wisconsin Tiny Homes Village and One Great Hour of Sharing. Your support will be greatly appreciated by these four organizations and will enable them to continue the good work they do for the members of our community.

The Hand of Hope campaign is the last event for the Mission Committee for this church year. The committee will be meeting this summer to plan for the events for the next church year, so look for this information in the next few months.

I will be stepping down as the Chair of the committee as my husband and I will be moving to Naples, FL, at the end of June for a job opportunity. I have enjoyed being on the Mission Committee and being the Chair for the last two years. We have a great committee of hard-working members which made my job much easier. I would like to thank all the committee members for the work they do for the missions of the church and wish them success with their events/fundraisers during the next church year. If any of you are interested in becoming more involved with the church, please consider joining the Mission Committee. Thank you.

Martha Fusco, Mission Committee Chair

MISSION COMMITTEE MEMBERS:
Georgia Herrera, Ben Neal, Debbie Yale,
Julia Reeser, Nancy Borzynski,
Bruce Armstrong, Carrie Massey
and Kathi Wilson



JUNE CHOIR SCHEDULES

On Sunday, June 11, 2017, 3:30 to 4:30 p.m., our Handbell Choir, under the direction of Nancy Buck, will be holding a concert at St. Luke's Episcopal Church, 614 Main Street (on the corner of 7th & Main), Racine, WI 53403. The concert is from 3:30 to 4:30 p.m. This year, St. Luke's celebrates their 175th anniversary, and this concert is a part of the festivities.

HANDBELL

Wed., June 7, 7:00 p.m.—Rehearsal

*After the concert on the 11th,
the Handbell Choir will be on
their Summer Sabbatical*

CHANCEL

Thurs., June 8, 7:00 p.m.—Rehearsal
Sun., June 11, 9:30 a.m.—Performance

*After the Performance on the 14th,
the Chancel Choir will be on
their Summer Sabbatical*

CUBA TRAVELERS 2017

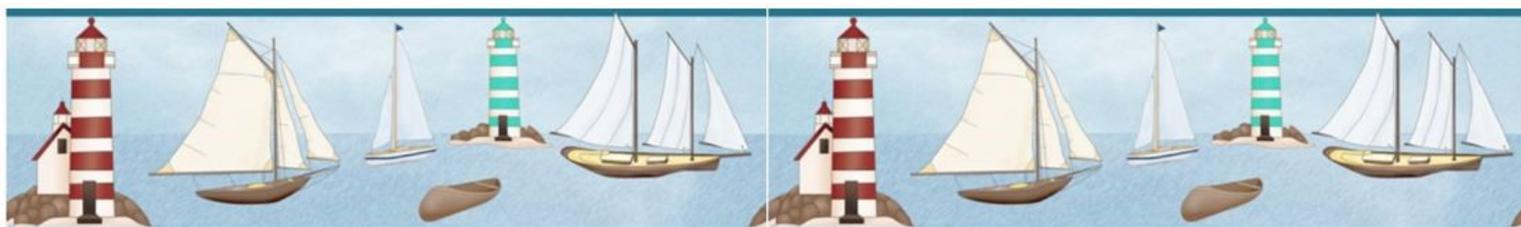
We are headed back to Cuba on July 29, 2017 for a week of Mission work at our partner church, Central Presbyterian Church in Matanzas. We are eagerly looking forward to working with our Cuban Partnership church in Matanzas, Cuba. We will continue to plan our week of events with Pastors Ary and Beidy. Pastor Beidy has been very busy this spring reaching out to moderate two sessions of rural churches in the Presbytery. Pastor Beidy is also coordinating the partnerships for the Matanzas Presbytery and serving as Chaplain for the Presbyterian students at the Seminary. Pastor Ary was elected Moderator of the Synod and also Presbytery Secretary. Both Pastors as you can see are very busy in Cuba. We hope we can get to the rural churches to see how life may vary in a rural setting in Cuba. We witnessed a lot of poverty on our last Mission trip and the need for many basics that we take for granted such as clean water and abundant food.

Thirteen people from our church have sent off their VISA requests and we are waiting for a response. We have a great cross-section of persons planning to travel to Cuba. We will meet June 4, 2017, to assign various tasks and collect items to take to the church members in Cuba. We will also set our travel budgets. We will also assign our "traveling government," bursar, journalist, photographer, mediator and leader. We organized our last Mission trip to Cuba in this manner and it worked very well.

As always, we are asking that you keep our Partnership church in your prayers. There has been so much discussion in current events about change and hopeful improvements to the quality of life in Cuba. We will all be very eager to see if we can identify improvements, such as more food and water for the people of Cuba.



Respectfully submitted,
Georgia L. Herrera



HISTORY NOOK



Have you noticed how light and bright the sanctuary is? The return of summer is not the only reason. Besides the cleaning and addition of LED bulbs to the chandelier, all of the bulbs in the sconces have been replaced with LED bulbs as well.

Our church founders would be very surprised with this. Initially

in 1852 the church was lit with oil lamps on walls. Services were held in the morning and afternoon, so lighting was not much of a problem. Then in 1860 a new pastor, Rev. Charles Josiah Hutchins, came to the church. He added evening services which required more light. Kerosene was used for a few years and then in 1865 central gas lights were installed. In 1884 church officers voted to light with electricity.

As part of a 2008 renovation, new lighting was added throughout the sanctuary which nearly tripled the previous capacity. We went from 8 foot candles of light to 22 foot candles. The ribbon of cove lighting around the perimeter also highlights the Greek Key design which was painted in 2008. This information is from a brief history of the church written by Georgia Hall in 2008.

Nancy Reeser
Archive Committee

FOOD PANTRY

The pantry just celebrated their 2nd year of service. We have served a total of 1952 people during those two years; 1257 adults and 695 children. Each recipient is given about a week's worth of food, and is eligible to receive food once every 30 days. We served 85 families in April, 30 of which were new clients.

We have solved the storage problem in the food pantry. Bud Eastman and Steve Simpson have ordered an expandable metal gate that can be locked. It will be installed in the room behind the current pantry. We can do this without interfering with the fire doors which will save considerable cost. The gate was donated by one of the Church members which saved even more money. LuAnn, Tony and I continued to be awed by the tremendous support the Church membership gives the pantry. This project should be completed soon, and will enable us to secure all our inventory.

We expect an audit of the pantry this summer, so Tony is working hard to make sure all our inventory is stored properly and we follow all the other federal requirements. LuAnn is checking over all our records to make sure they are up to date also. Tony and I will be going to a mandatory training session put on by the Racine County Food Bank in early June.

We would like to put out a call to all middle and high school students. Please consider doing some volunteer hours in the pantry this summer. Many of our regular volunteers travel in the summer, so we end up short staffed. The job would involve stacking shelves and bagging groceries from a preset list. We are open on Wednesdays from 5-7 p.m., and Thursdays from 2-4 p.m. We ask our volunteers to be at the pantry about 30 minutes before opening. If you want to help the Church pantry and accrue some volunteer hours for those college applications, call or text Karin Roach. (262-902-3963)

Karin Roach
1st Presbyterian Church Food Bank Co-Chair

PARISH NURSE CORNER



MEMORY LAPSES ARE NORMAL ~ MEMORY MECHANICS

For everyone who has ever entered a room and forgotten why, who has left the house and can't remember locking the door, or who has trouble recalling names or faces, there is hope. You are not going crazy. Brain researcher, Dr. Barry Gordon, says nobody's memory is glitch proof.

Dr. Gordon is a behavioral neurologist, cognitive neuroscientist and experimental psychologist at Johns Hopkins University, Baltimore. He recently addressed aging baby boomers who think forgetfulness means senility is just around the corner.

Why don't people remember the same event the same way? You see the event from different perspectives. What you see has a different significance for you than for somebody else, so you interpret it differently.

Memory doesn't work like a camera. We don't choose to save in our memories what happened in the world, we save what happened in our minds. You keep only what is important to you, as well as just the gist of events, not details.

Now look what happens to that memory over the years. You drag it out of storage and every time you do, a piece may be missing. You chew on it, link it to different experiences from the past and present, edit it again to meet the moment.

Also, other things are at work. When information enters my mind, how I split it up, and where I store it in my brain helps determine how I will remember it. My mind will split it up differently from yours.

Do memory abilities decrease with age? You begin to show some changes in your 30s. People complain more about forgetfulness in their 40s and 50s, with a decline in the 60s, but the curve here is very gradual.

Generally, what goes first is speed, the quickness of the process. This has a big impact. If it takes longer to remember, it is more likely some things will go right by you.

It is a myth that you lose some 10,000 brain cells daily. It is possible you lose a few brain cells in some areas of the brain, and some brain connections are changing.

It isn't the number of cells you lose that is important, but how you use the ones you have - how you put facts together, the connections you make between the facts. This is the edge we human memories have over computers.

The Things We Forget

Names - 63%

Telephone No - 60%

Faces - 42%

Repeating a Story - 49%

What was said - 49%

Directions - 41%

What you were doing - 41%

Words - 53%

*What you have just done,
such as lock the door - 38%*

May we all experience the comfort and peace that comes from our great God!

Blessings,

Peggy Taylor, RN, Parish Nurse

