



Appreciate These Things

“I appreciate you,” is something we tend to say a lot. These three simple words convey so much. They express gratitude that goes well beyond the acknowledgement of a kindness someone has done to a full affirmation of their worth and belovedness. At funerals, one regret that often gets expressed is that someone did not fully appreciate the deceased when they were alive. We use the word “appreciate” as an expression of deeply valuing something or someone.

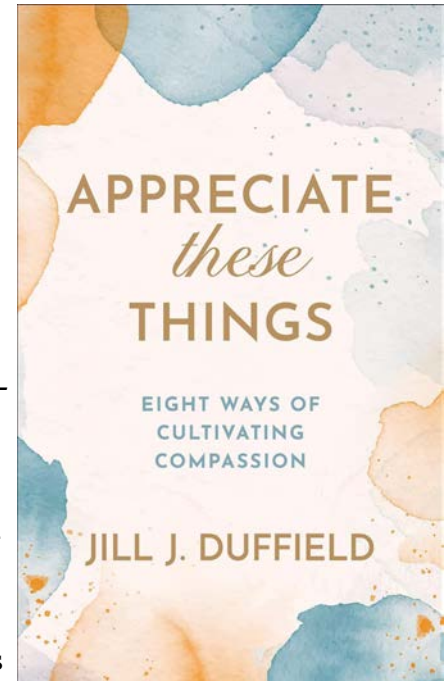
In the book *Appreciate These Things: Eight Ways of Cultivating Compassion*, Rev. Dr. Jill J. Duffield invites us to consider what it means to truly appreciate one another by appreciating the virtues listed in Philippians 4:8, “*Finally, brothers and sisters, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things.*” By appreciating whatever is true, honorable, just, pure, pleasing, commendable and worthy of praise, we slowly learn that all people, even those who drive us towards anger, are worthy of our appreciation and compassion.

This book is extremely practical as Dr. Duffield gives practical ways we can appreciate these virtues both as individuals and as a community. The book also offers reflection questions for both groups and individuals as we understand how truly appreciating one another, “increase our compassion and nurture so that rather than tearing us apart, we come to celebrate our human connections.”



I am looking forward to doing our WATCH study on this book, and I look forward to appreciating all of you. If you would like to join this study, please see me. The book is \$10.

Austin Pounds



WE HAVE FPC STICKERS

for bumpers, windows, laptops etc...



*Pick up a few on the lobby table.
Show your support &
make First Presbyterian
more visible in our community*



FIRST PRESBYTERIAN CHURCH

501 First Street, S.E., Moultrie, Georgia 31768

Email us at firstpresmoultrie@gmail.com

Sunday Worship at 11 a.m.

Office Hours: Mon-Thurs 9-5 and Friday 9-4

To all who are weary and need rest, to all who mourn and need comfort, to all who are lonely and need friendship, to all who are glad and would serve others, to all who are complacent and need disturbing, to all who sin and need a Savior, this Church opens wide its door in the name of Christ, and bids you welcome.

ANNOUNCEMENTS

Sunday, August 16 at 4 p.m. Confirmation Class

Monday, August 17 at 7 a.m. Biscuits & Blessings

Monday, August 17 at 5:30 p.m. Cornerstones Anniversary

Tuesday, August 18 at 9 a.m. Shalom Bible Study

Tuesday, August 18 at 5:15 p.m. SESSION

Thursday, August 20 at 4 p.m. Spiritual Growth

MFPC TREASURER'S REPORT

FOR THE MONTH: JULY 2026

YTD: JAN-JULY 2026

	ACTUAL \$	BUDGET \$	VARIANCE \$	ACTUAL \$	BUDGET \$	VARIANCE \$
Income	18,117	34,050	-15,933	314,625	238,350	76,275
Expenses	65,087	44,849	20,238	328,182	320,070	8,112
Net	-46,970	-10,799	-36,171	-13,557	-81,720	68,163

FUNDRAISING ACHIEVEMENTS FROM FLINT RIVER PRESBYTERY MEETING

For the Dominican Republic Clinic -

- 600 pounds of aluminum cans that equals \$600 in donations for over-the-counter meds
- So far this year, we have raised a TOTAL of \$1,600.00 for the Dominican Republic clinic.***
- five bankers boxes FULL of toothbrushes and toothpaste in all sizes (children and adults)
- plastic bags
- a TJ Maxx recyclable bag FULL of children's shoes



For New American Pathways -

- monetary donations that totaled **\$1,443.35, including \$1,020.00 from ONE congregation!**
- more boxes and bags and stacks of crayons, pencils, folders, notebooks, bookbags, looseleaf paper, Kleenex boxes, and colored pencils than I have ever seen outside of a school supply store. There were so many school supplies donated, that they filled the ENTIRE First Moultrie church bus with no room to spare. **Special thanks to Austin Pounds & Kai Smith for transporting the supplies to New American Pathways in Atlanta!!**

For the Hunger Fund (Rise Against Hunger) -

- monetary donations that totaled **\$427.99** from Noisy Offering. This money goes toward our annual **Rise Against Hunger packing event scheduled for World Communion Sunday, October 4th at 2pm** at the following churches: Westminster (Warner Robins,) First Columbus, Cuba (Blakely,) Covenant (Albany,) and First (Valdosta.)



Join us after Church at the FIRST PRESBYTERIAN CHURCH BENEFIT DINNER

Sunday, September 20, 2026

12 noon to 1:00 pm

Eat In or Take Out

If your church gets out early, take a seat in our cool Fellowship Hall and be first in line

**Benefits FDP-Women &
Children in BANGLADESH**

Best Fried Chicken in Moultrie,
Creamed Corn, Green Beans, Roll,
and Peach Cobbler

(and Ice Cream and Iced Tea for those who eat in)

Donation \$10.00 per plate

TICKETS AVAILABLE until Sept 15 FROM

**THE OFFICE OF FIRST PRESBYTERIAN CHURCH 985-3158
501 First St SE**

THRIVE Snapshots:

Youth FUN TIME on Aug. 2nd



SUPPORT OUR PRESCHOOL

T-SHIRT FUNDRAISER

ORDER FORMS ON LOBBY TABLE

TURN A FORM IN TO THE OFFICE WITH A CHECK



YOUTH SIZES \$18

ADULT S-XL \$20

ADULT 2X-3XL \$22



Above t-shirt colors come in Youth XS - Adult 4X



2T- 5T available- Toddler size, not comfort colors - color may be slightly different

SIZES 2T-5 T

\$14

First Presbyterian Church

Movie Night

**Featuring an
animated
detective mystery**

PIZZA, POPCORN, ICE-CREAM
FRIDAY, AUGUST 28TH
6 PM
SPECIAL INVITATION TO OUR CONFIRMANDS

Bring your own Chairs

First Presbyterian Church

501 First Street SE

Moultrie, Georgia 31768

229-985-3158

Email: firstpresmoultrie@gmail.com

www.moultriefirstpres.com

Return Services Requested

NON-PROFIT
U.S. POSTAGE PAID
MOULTRIE, GA
PERMIT NO. 162

Wednesday Nights at the Church

W.A.T.C.H. SUPPER

WEDNESDAY

at 5:30 p.m.

MENU for Wednesday, August 19:

Regular & Children: Hamburger or Hot dogs, French Fries, Baked Beans, Salad Bar

Diet: Baked Chicken, Steamed Vegetables, Salad Bar

Dessert: Cookies & Ice Cream

Let us know if you want to continue a permanent reservation or go week-to-week.

Email firstpresmoultrie@gmail.com

Call 229-985-3158