

Models of Prayer

PRAY (Praise; Repent; Ask; Yield)

Praise—Psalm 100

Spend time praising the Lord using Psalm 100 as the basis for your prayers. Praise Him for His character, His goodness, grace, gifts and His work in people's lives.

Repentance – Psalm 15; Psalm 139:23-24

Spend time in confession, cleansing and repentance. Read through Psalm 15 and respond to the Lord personally.

Ask – Matthew 7:7-11; James 5:13-15

Pray for others by name. Pray for your communities. Pray for your city, your country.

Yield – Psalm 20:7; Proverbs 3:5-6

Spend time surrendering to God's purposes, ways, direction and conviction in your life. Ask God to show you where in your life you aren't trusting Him and how you can respond. What does it look like in your life to truly pray "your kingdom come, your will be done"?

ACTS (Adoration; Confession; Thanksgiving; Supplication)

5 Fingers of Prayer

Thumb: Those closest to you, your family and friends

Pointer: Leaders and Teachers

Middle: Government and those in authority

Ring: The weak and sick

Pinky: Myself