

# LIFEGUARD

The Lifeguard will be responsible to, and work with, the Activity Director. The Lifeguard is responsible for ensuring waterfront safety through mature, reliable, healthy, courteous, consistent, positive, and professional characteristics and methods.

The responsibilities of the Lifeguard will include:

1. Having the Minimum Qualifications of a Lifeguard:
  - a. Current American Red Cross Lifeguard Training and First Aid Certification or equivalent.
  - b. Current CPR for the Professional Rescuer Certification or equivalent.
  - c. At least 16 years old.
  - d. Able to effectively communicate with children and teens.
  - e. Demonstrate respect for safety standards.
2. Being responsible for the safety of each camper at the waterfront area. Safety is the most important aspect to life guarding. Counselors and campers are under your care at the waterfront and need to respect your judgment and leadership!
3. Acting responsibly, obeying all water activity rules, and leading others by your example.
4. Being on time to work, committed to your work, and responding to all incidents quickly and effectively.
5. Being polite and enforcing the rules firmly and equally for everyone, campers and staff alike.
6. Displaying a positive and Christ-like attitude and appropriate actions.
7. Being professional – looking and being prepared to respond appropriately in any situation:
  - a. Always have your bathing suit on while on duty.
  - b. Keep your rescue equipment - including hand-held radio, whistle, first aid kit, and rescue tube – with you at all times and positioned for an immediate response.
  - c. Keep essential personal gear – such as a hat, sunglasses, sunscreen, and shoes – on or near you at all times.
  - d. Stand at your lifeguard station.
  - e. Keep your eyes on your area of responsibility at all times.
  - f. Keep interactions with others short and do not let them interrupt your primary responsibilities.
8. Staying healthy and fit because it helps you stay alert and gives you strength and energy to prevent and respond to emergencies. You can maintain an appropriate level of health and fitness by getting regular exercise, eating properly, and using sun protection.
9. Assisting the Activity Director and Camp Director.

*(Updated 12/8/20)*