

# HUMILITY

WEEK  
**THREE**

K-5<sup>th</sup> Grade

.....  
**PUTTING OTHERS FIRST  
BY GIVING UP WHAT  
YOU THINK YOU  
DESERVE**

## READ PHILIPPIANS 2:3

DAY 1

Write out today's verse in the space to the right.  
Go ahead. We'll wait.

Done? Awesome. Put a box around the word "anything."  
What does that word include? Well, everything! If you  
find yourself doing something just to get ahead or  
win or be first, "DON'T!" Instead, choose humility.

Humility is putting others first by giving up what  
you think you deserve. Our focus should be on others.  
When we give up what we deserve, putting others  
first just comes naturally.

That's what Jesus did. Did Jesus choose to die on the cross to get ahead? No way! He could have stopped that whole thing any time He wanted to. Jesus could have said, "You know what, I'm done with all this. Send in an army of angels to rescue me." But He didn't. Instead, Jesus faced all the pain of the cross, He gave up everything He deserved to put you first.

So the next time you find yourself doing "anything" to get ahead, stop. Remember what Jesus has done for you and ask Him to help you put others first this week.



## READ PHILIPPIANS 2:4

DAY 2

Have you ever completed one of those "hidden picture" pages or tried to spot things in an I Spy book? The most helpful part of those puzzles is the list of things to look for on the side of the page. After all, if you don't know what to look for, you might waste a lot of time searching for the wrong thing.

Today's verse gives us a clue of what to look out for when it comes to following Jesus. Instead of always looking out for your own good, for the things that make you happy, we should do what? Yep, look out for the good of others! When it comes to humility, we always have to put "you" (that's others around us) before "me."

**Here's a little "I spy" challenge for you.** For the next 24 hours, pay attention to the people around you. If you spot an opportunity to help or do good for someone else, do it. Ask God to help you put others first this week by spying ways you can help!

## READ PHILIPPIANS 2:5-7

DAY 3

Jesus chose to leave the beauty and perfection of heaven to come to earth in a human body. He chose to live a regular life instead of entering the world as a rightful king or powerful ruler. Jesus came to serve, to love others, to help, and most importantly, to SAVE. Because of His obedience to live this way and to die on the cross for us, we can have a relationship with God forever. Jesus has given us the ultimate example of humility by choosing to put us first.

**Take out of a piece of paper and write the word "JESUS" in large block letters in the center of the page.** All around the page, write out words that describe how you could become more like Jesus. Here are a few examples to get you started: loving, listening, serving, helping.

When you finish, take a look at your page and thank God for sending Jesus. Ask God to help you follow Him by putting others first this week.



## READ PHILIPPIANS 2:8

DAY 4

Jesus chose to put us first, to do what God asked even though it meant going all the way to the cross. Jesus chose obedience and humility. And because He died and rose again, we can be forgiven and become a part of God's family. If you believe in what Jesus did, if you've made a choice to trust Him as your Savior, then your main job is to treat everyone around you like Jesus did.

**Because Jesus *listened* when people were hurting, you should listen well.**

**Because Jesus *showed compassion* to the people around Him, you should show compassion.**

**Because Jesus *taught others about God*, you should tell others about Him.**

**Because Jesus *consistently gave up what He wanted to put others first*, you should put others first too.**

Think of someone that's hard to get along with or someone that easily frustrates you. In the space below, write one way you could put that person first sometime this week. Be specific.

Ask God to help you follow through on what you've written so you can put others first just as Jesus put your first.

PUT OTHERS  
FIRST BECAUSE

JESUS PUT  
YOU FIRST.

