

21 DAYS OF PRAYER

Day 18: Fasting & God's Victory

Sunday, January 28

Reading: Esther 4

Fasting is a weapon used to respond to the present and future attacks of the evil one.

Isaiah 58:8 *Then your light will break forth like the dawn, and your healing will quickly appear; then your righteousness will go before you, and the glory of the LORD will be your rear guard.*

Esther 4:15 *Then Esther sent this reply to Mordecai: 16 "Go, gather together all the Jews who are in Susa, and fast for me. Do not eat or drink for three days, night or day. I and my attendants will fast as you do. When this is done, I will go to the king, even though it is against the law. And if I perish, I perish."*

FASTING THOUGHT

"When the devil, the foe and the tyrant, sees a man bearing this weapon [fasting], he is straightway frightened and he recollects and considers that defeat which he suffered in the wilderness at the hands of the Savior; at once his strength is shattered and the very sight of this weapon, given us by our Commander-in-Chief, burns him."

- Isaac of Syria

PRAYER

Father in heaven, Lord Almighty, today through my fast I seek to be better prepared for the spiritual battles that I am engaged in. I choose to stand firm in you. I choose to live my life by the truth of God and not by the lies of the enemy. I choose to live righteously and not selfishly. I choose to live by faith and not by sight, extinguishing every attack from the enemy. I choose to live by the power of the Word of God. In the strong name of Jesus my Lord I pray. Amen.