

21 DAYS OF PRAYER

Day 17: Fasting & God's Light

Saturday, January 27

Reading: Isaiah 58; Psalm 112

Approached properly, fasting can bring light into our darkness and clarity to our confusion.

***Isaiah 58:8** Then your light will break forth like the dawn, and your healing will quickly appear; then your righteousness will go before you, and the glory of the LORD will be your rear guard...**10** and if you spend yourselves in behalf of the hungry and satisfy the needs of the oppressed, then your light will rise in the darkness, and your night will become like the noonday.*

FASTING THOUGHT

“By aligning our hearts with God through fasting, we find ourselves consumed by his resplendent nature. This is like the sun breaking forth through the early morning darkness. This breakthrough comes as he turns the gloom and confusion of our darkness into his light of love, joy and peace.” - Gary Rohrmayer

PRAYER

Father of Light, as I fast today, blast through the darkness I am facing with the light of your love. Transform the gloom of discouragement with the hope of your pure light. Help me see through the falsehood of darkness and behold the blazing truth of your light. In Jesus' name I pray. Amen.