

21 DAYS OF PRAYER

Day 9: Thirsts

Friday, January 19

Reading: Psalm 63

Let your thirsts drive you to God that he may satisfy
your desires and meet the needs of your soul.

***Psalm 63:1** You, God, are my God, earnestly I seek you; I thirst for you, my whole being longs for you, in a dry and parched land where there is no water.*

FASTING THOUGHT:

“Prayer needs fasting for its full growth. Prayer is the one hand with which we grasp the invisible. Fasting is the other hand, the one with which we let go of the visible....Prayer is reaching out after the unseen; fasting is letting go of all that is seen and temporal. Fasting helps express, deepen, confirm the resolution that we are ready to sacrifice anything, even ourselves, to attain what we seek for the kingdom of God.”

- Andrew Murray

PRAYER

Father in heaven, I reach out to you, the only one who can satisfy my thirsty heart and meet the needs within my soul. Through this fast may I crave you and your kingdom more and more. In Jesus' name I pray. Amen.