



Journey Church
Living Water | John 7:37-39
May 10, 2026

Completely Satisfied?

Am I thirsty?

“If anyone is thirsty, let him come to Me and drink. - John 7:37 NASB

The living water of the Holy Spirit:

- **Revives us with new life.**
1 Corinthians 10:4, John 4:13-14, Romans 8:10
- **Restores us with healing.**
Ezekiel 47:1-12, John 4:29, Revelation 22:1-2
- **Refreshes us with joy.**
Isaiah 12:3, John 4:36, Romans 15:13

Small Group Questions:

1. What stands out to you most about Jesus' invitation: "If anyone is thirsty, let him come to Me and drink"?
2. Have you ever experienced a season where you felt spiritually dry? What helped you reconnect with God?
3. When have you experienced deep joy even during difficult circumstances?

Be Intentional:

Is there an area of hurt, bitterness, shame, or exhaustion where you need God's restoring work right now? What is one practical way you can "come to Jesus and drink" this week?

Pray:

Spend time praying together. What are some ways in which you can pray for each other? Take some time in the coming week to explore ways in which you can encourage one another. Remember to share with your group what you are learning about those opportunities and reflect on God's Word as you pray for each other.