



Journey Church  
Don't Let Your Heart be Troubled | John 14:1-7  
March 8, 2026

**Our hearts grow confident when we know where to look and who to trust.**

*John 14:1; 16:33*

### **The Place**

- **Heaven will be physical, perfect, and worth it.**  
*Revelation 21:1-4; Matthew 13:44-46; 25:1-13; Romans 8:18*

### **The Path**

- **It's not a roadmap, it's a relationship.**  
*John 3:16; 17:3*
- **The way is narrow, but paved with love.**  
*Matthew 7:13-14, Acts 4:12, 1 John 3:16*

### **The Promise**

- **He can be trusted.**  
*Exodus 3:14; 14:13; Proverbs 3:5-6, Psalm 9:10*

### **Small Group Questions:**

1. When you think about the future, your life, your family, or the world, what are the things that tend to trouble your heart the most? How might you be able to trust God more with those things?
2. What are your ideas of heaven? In what ways does having a future hope in heaven change how we live today?
3. What does it mean that Christianity is centered on a relationship rather than simply following rules or a system? What does “knowing God” look like in your everyday life?

### **Be Intentional:**

How can you hold firmly to the truth that Jesus is the only way while still showing genuine love to others?

### **Pray:**

Spend time praying together. What are some ways in which you can pray for each other? Take some time in the coming week to explore ways in which you can encourage one another. Remember to share with your group what you are learning about those opportunities and reflect on God’s Word as you pray for each other.