



Journey Church
Trusting God in the Desert | Exodus 15-17
November 2, 2025

When Deliverance Feels Like a Disaster

God's Story

Exodus 15:22-17:7

Lessons from the Desert: How God Builds Trust

1. When life turns bitter, trust God to heal what's broken

Exodus 15:22-27

2. When you're running on empty, trust God to provide what you need each day

Exodus 16:1-36; Matthew 4,6

3. When the journey gets dry, trust God to be present where you are

Exodus 17:1-7

The Heart of the Journey

Jesus, Our Bread, Water, and Rock

1 Peter 2:24; John 4:10-14, 6:30-36, 7:37-38; 1 Corinthians 10:1-4

Trusting God in the Desert

Psalms 23; Matthew 6:9-13

Small Group Questions:

1. Where have you experienced a “Marah moment”—a season that felt bitter or disappointing after following God?

How did you see Him begin to heal or transform that situation, or how might He be inviting you to trust Him with it now?

2. What “manna” has God provided for you recently—something small but sufficient that reminded you of His daily care?

How can you make space to depend on God for *today’s* grace instead of worrying about tomorrow’s supply?

3. Have you ever found yourself asking, “Is the Lord among us or not?” (Exodus 17:7)

What practices or promises help you stay aware of God’s presence even when you don’t feel it?

Be Intentional:

This week, practice daily trust. Each morning, pray the line from the Lord’s Prayer: *“Give us this day our daily bread.”* Then name one specific need or burden you’re carrying and consciously release it to God—trusting Him to provide, heal, or sustain you that day.

Pray:

Spend time praying together. What are some ways in which you can pray for each other? Take some time in the coming week to explore ways in which you can encourage one another. Remember to share with your group what you are learning about those opportunities and reflect on God’s Word as you pray for each other.