



Journey Church
Mount of Transfiguration | Matthew 17:1-8
August 24, 2025

Mountaintop Hope for the Valleys

Matthew 16:13-23, 2 Peter 1:16-19, John 1:14

We can't avoid the valleys of life, but we can expect God to sustain us through them.

Transformed by His Glory

Romans 12:2, 2 Corinthians 3:18, Acts 4:13

The more we look at Jesus, the more we begin to look like Jesus.

Who Are You listening to?

1 Kings 19:11-13, John 10:27

There is no one on equal ground with Jesus.

Small Group Questions:

1. Have you ever had a spiritual “mountaintop moment” that helped you through a difficult season later on? How did it sustain you?
2. The disciples saw Jesus’ glory on the mountain. How can we “see His glory” today when He isn’t standing visibly before us?
3. What competing voices or influences tend to drown out Jesus’ voice in your life? What helps you personally discern the voice of Jesus amid the noise of everyday life?

Be Intentional:

Where are you experiencing a “valley” right now, and how can the group encourage or pray for you to see God’s presence in it?

Pray:

Spend time praying together. What are some ways in which you can pray for each other? Take some time in the coming week to explore ways in which you can encourage one another. Remember to share with your group what you are learning about those opportunities and reflect on God’s Word as you pray for each other.