



Journey Church

Fear Not

November 26, 2023

Fear Not – Luke 1:1- 25

Fear

God's Story

Luke 1:5-25

Four key invitations to navigate fear:

1. Slow Down
2. Submit
3. Stay Present
4. Serve

“Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”

Philippians 4:4-7

Questions/Topics for this week:

1. Reflect on the various aspects of fear discussed in the sermon, such as fear of rejection, fear of being too late, and fear arising from disappointment. Which of these fears do you find most relatable in your own life?
2. Share a time when you felt like God was silent despite your prayers. How did you respond to that silence? Did you experience doubt, fear or a sense of abandonment? How did you navigate through that period?
3. Explore the idea of staying present in the midst of waiting. How can the promises of God help you navigate through seasons of waiting and doubt? How can being in community with others during these times be beneficial?

Be Intentional:

Evaluate the four invitations to deal with fear presented in the sermon: slowing down, submitting to God's story, staying present, and serving. Which of these steps resonate with you the most? How can you practically apply one or more of these steps in your life this week?

Pray:

Spend time praying together. What are some ways in which you can pray for each other? Take some time in the coming week to explore ways in which you can encourage one another. Remember to share with your group what you are learning about those opportunities and reflect on God's Word as you pray for each other.