



Journey Church

When God Disappoints and Doesn't Meet My Expectations | Exodus 4:18–6:13

October 5, 2025

The Disappointment of Obedience

God's Story

Exodus 4:18-6:13

Four Truths About Following God Through Disappointment

1. Expect disappointment on the journey
Exodus 4:18–31
2. **Obedience may make life harder before it gets better**
Exodus 5:1–21
3. **Bring your disappointment to God in honest prayer**
Exodus 5:22–23
4. **Trust God's promises when you can't see His plan**
Exodus 6:1–13

Hope Beyond Disappointment

Galatians 6:9; 1 Peter 4:12; Romans 5:1-7

Small Group Questions:

1. Where have you experienced disappointment with God, and how did it impact your faith journey? (Exodus 4:18–31)
2. Why do you think obedience sometimes seems to make life harder before it gets better? (Exodus 5:1–21)
3. What helps you bring disappointment to God in honest prayer instead of withdrawing from Him? (Exodus 5:22–23)

Be Intentional:

This week, write out one disappointment you've been carrying, pray it honestly before God, and then speak out one of His promises from Scripture to anchor your hope.

Pray:

Spend time praying together. What are some ways in which you can pray for each other? Take some time in the coming week to explore ways in which you can encourage one another. Remember to share with your group what you are learning about those opportunities and reflect on God's Word as you pray for each other.