



Journey Church

Apprenticeship

April 30, 2023

Prayer

Jesus' Prayer Life

Luke 3:21, 5:16, 9:28, 11:1, 22:39-44, 23:34

Two cultural hurdles to prayer:

1. Digital distraction
2. Affluence

Prayer is the means by which we connect relationally to God.

Jesus was giving his followers a pattern for prayer, not a formula.

Luke 11:2-4

The posture:

- Father: a close loving relationship
- Heaven: as close to us as the air is around us
- Hallowed: a heart of grateful joy towards God
- Kingdom: our prayers have the power to change things

The practice:

- Choose a time and place.
- Pray what's on your heart, not what you wish was on your heart.
- Intercede for others.

Questions/Topics for this week:

1. Reflect on your own prayer life. What does it look like? Do you have a specific time and place set aside for prayer?
2. What would your day look like if you stayed in communication with God through your successes and failures, your praises and concerns, and all the rest of the things you experience each day?
3. What do you think are the biggest distractions that get in the way of an active prayer life? What can we do to address distractions, and refocus our time with God?

Be Intentional:

This week be intentional about spending time with God in prayer each day. Pray what is on your heart, and come to Him in confidence.

Pray:

Spend time praying together. What are some ways in which you can pray for each other? Take some time in the coming week to explore ways in which you can encourage one another. Remember to share with your group what you are learning about those opportunities and reflect on God's Word as you pray for each other.