



May 17th, 2026

The Turnaround

How Transformation Really Happens

Text: Genesis 31–32

Phase 1: Conflict

God often uses _____ to get our attention.

Jacob's life was marked by:

- Conflict with _____
- Conflict with _____
- Conflict within _____

“I am unworthy of all the kindness and faithfulness...” Genesis 32:10

Transformation begins when we stop _____ and start being honest.

Reality Choice:

“I realize I'm not _____. I admit I'm powerless and my life has become unmanageable.”

“The Lord is close to the brokenhearted...” Psalm 34:18

Phase 2: Crisis

Jacob's greatest struggle was not Esau or Laban it was _____.

“A man wrestled with him until daybreak.” Genesis 32:24

Most of our stress comes from trying to _____ what only God can control.

God is after more than behavior modification, He wants heart _____.

Hope Choice:

“I believe God exists, that I matter to Him, and that He has the power to _____.”





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Phase 3: Commitment

“I will not let You go unless You bless me.” Genesis 32:26

Transformation requires spiritual _____.

Real growth usually happens through a _____, not instantly.

God often grows _____ before fruit.

Commitment Choice:

“I consciously choose to commit my life and will to Jesus’ _____ and control.”

“Blessed are those who hunger and thirst for righteousness...” Matthew 5:6

Phase 4: Confession

God asked Jacob:

“What is your name?”

Confession means:

- No more _____
- No more _____
- No more _____

Healing begins where _____ ends.

“Confess your sins to each other and pray for each other so that you may be healed.” James 5:16

Phase 5: Conversion

“Your name will no longer be Jacob, but Israel.”

God changes more than behavior, He changes our _____.





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In Christ:

- The old has _____
- The new has _____

“If anyone is in Christ, the new creation has come...” 2 Corinthians 5:17

The Limp

Jacob walked with a _____ for the rest of his life.

Weakness can become a reminder of our _____ on God.

“My grace is sufficient for you, for My power is made perfect in weakness.”

True strength is not self-reliance; true strength is _____ on God.

