



April 26th, 2026

The Turnaround – The Commitment Choice

1. The Problem Beneath the Problem

- Many of our unhealthy habits are not the real issue—they are a _____.
- The habit is the _____.
- The habit won't stop until we deal with the _____.

2. The Three Healing Choices

Choice 1: Reality Choice:

I am not _____. (Romans 7:15)

Choice 2: Hope Choice:

God _____, I _____ to Him, and He has the _____ to help me change.

Choice 3: Commitment Choice:

I consciously choose to commit _____ and _____ to Jesus' care and control.

3. What “Blessed” Really Means

- “Blessed” (Makarios) a life that _____.
- A life aligned with _____ on the inside.

4. Understanding Meekness

Matthew 5:5 “Blessed are the meek...”

- Meekness is not _____.
- Meekness is not _____.
- Meekness is _____ under control.





April 26th, 2026

Meekness means:

- I acknowledge God's _____.
- I have clarity about who I _____.
- I have confidence in whose I _____.

5. Why Meekness Matters

- Without humility, I won't fully _____ my brokenness.
- Without humility, I won't fully _____ my life to Jesus.

6. The Daily Decision

Every day I'm choosing:

- My _____ or God's _____.

Romans 6:16 I become a slave to what I _____.

7. The Cost of Transformation

- Jesus is not a _____ He is _____.
- Commitment is not partial, it is _____.

Luke 14:33 The cost is _____.

8. What Happens When I Surrender

- God works from the _____ out.
- My _____ begin to change.
- My _____ begins to change.

I become a _____ creation.

9. The Invitation

- Am I holding _____ back?
- Will I say, "I _____"?

