



Oct 4, 2026

## JONAH HAD OTHER PLANS

### When Everything Seems to Be Going Down

Jonah 1:17–2:10

1. Sometimes God's \_\_\_\_\_ doesn't look like rescue.

“Now the LORD provided a great fish to swallow Jonah...” Jonah 1:17

The fish wasn't Jonah's problem.

The fish was God's \_\_\_\_\_.

Sometimes God's provision looks like an \_\_\_\_\_.

Sometimes God's answer looks like a \_\_\_\_\_.

I may not understand what God is doing, but that doesn't mean God isn't doing something.

2. When we go \_\_\_\_\_, God is still \_\_\_\_\_.

Jonah keeps going down:

- Down to \_\_\_\_\_
- Down into the \_\_\_\_\_
- Down into the \_\_\_\_\_
- Down into the belly of the \_\_\_\_\_

But God keeps doing something \_\_\_\_\_.

“In my distress I called to the LORD, and he answered me...” Jonah 2:2

If you're in over your head, \_\_\_\_\_.

If you've made a mess, pray.

If it isn't your fault, pray.

If your motives are mixed, pray.

You don't have to clean yourself up before you talk to God.

3. The \_\_\_\_\_ isn't the end of the story.



# MESSAGE NOTES



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“And the LORD commanded the fish, and it vomited Jonah onto dry land.” Jonah 2:10

Jonah thought going down meant God was finished.

But God was just getting \_\_\_\_\_.

The message of Jonah isn't ultimately:

“Look at Jonah.”

It's:

“Look at \_\_\_\_\_.”

4. Jonah points us to \_\_\_\_\_.

Jesus called Jonah the “sign of Jonah.”

“For as Jonah was three days and three nights in the belly of a huge fish, so the Son of Man will be three days and three nights in the heart of the earth.” Matthew 12:40

Jonah went down.

Jesus went down.

Jonah came out on the third day.

Jesus came out on the third day.

But Jonah was running from God.

Jesus was willingly moving \_\_\_\_\_ the cross.

The grave didn't win. \_\_\_\_\_ won.

## THE BIG IDEA

When everything seems to be going \_\_\_\_\_,

God is still doing something \_\_\_\_\_.

