

During Lent many Christians commit to fasting, or giving up certain luxuries in order to remember the sacrifice of Jesus' journey into the desert for 40 days.

In recent years our church, instead of simply abstaining from certain things, has focused on also giving to those in need through a campaign we call "40 Days of Giving." Each day of the 40 days of Lent we'll identify some item that you can donate to support ministries of our church that helps those in need in our community.

AUDUBON PARK UMC FOOD BANK

Wednesday, February 14

Thursday, February 15

Friday, February 16

Saturday, February 17

1 lb pkg of spaghetti
1 can of beans
1 can of fruit
1 can of soup

TUESDAY BREAKFAST

Monday, February 19 1 box of 1 gallon ziplock bags

Tuesday, February 20 1 roll of paper towels Wednesday, February 21 1 box of plastic spoons

Thursday, February 22 1 box of sugar (not sweetener) packets Friday, February 23 1 box of non-powdered disposable latex

gloves (M, L, or XL)

Saturday, February 24 1 pkg of Italian-style breadcrumbs

AUDUBON PARK UMC FOOD BANK (cont'd)

Monday, February 26
Tuesday, February 27
Wednesday, February 28
Thursday, February 29
Triday, March 1
Saturday, March 2

1 can tomato sauce
1 bottle of ketchup
1 meal in a box
1 box of cereal
1 can of stew
1 can of vegetables



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AUDUBON ELEMENTARY SCHOOL

Monday, March 4
Tuesday, March 5
Wednesday, March 6
Thursday, March 7
Friday, March 8
Saturday, March 9

1 pair of sweatpants (size 4T,5T or Youth 6-10) 1 pair of leggings (size 4T,5T or Youth 6-10)

1 pkg markers or crayons

1 travel-size toothbrush/toothpaste

1 mini-deodorant 1 comb or brush

UMCOR HYGIENE KIT

Monday, March 11 Tuesday, March 12 Wednesday, March 13 Thursday, March 14 Friday, March 15 Saturday, March 16 1 hand towel (not kitchen, cleaning, or microfiber)
1 washcloth (not kitchen, cleaning, or microfiber)
1 sturdy comb (with at least 4-7" of teeth)
1 toenail or fingernail clipper
1 adult toothbrush
1 box of adhesive bandages (3/4" by 3")

BARE NECESSITIES

Monday, March 18 Tuesday, March 19 Wednesday, March 20 Thursday, March 21 Friday, March 22 Saturday, March 23 1 bottle of liquid hand soap
1 pkg of men's/women's safety razors
1 bottle of lotion or stick of deodorant
1 box of tissues
1 toothbrush (adult or children's)
1 tube of toothpaste

TWINLOW CAMP

Monday, March 25 Tuesday, March 26 Wednesday, March 27 Thursday, March 28 Friday, March 29 Saturday, March 30

1 pkg of perler beads or pony beads

1 pkg of acrylic paints
1 pkg of paint brushes
1 pkg of colored cardstock
1 pkg of capyases

1 pkg of canvases
1 pkg of tape (all kinds)

\$40 in 40 Days

Don't have time to find and purchase all of these items? Consider donating \$1 for each day of lent. We'll make sure the funds that are donated are divided among each of these ministries and agencies.

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