

OCTOBER 2025

THE EVANGEL

TRUNK-OR-TREAT

OCTOBER 26 | 4-6PM



Audubon Park United Methodist Church



Rev. Geoff Helton
Lead Pastor

geoff@audubonparkumc.org

OFFICE HOURS

Sunday to Thursday
9 am - Noon

Friday—Saturday
Closed

Contact us by phone:
509-325-4541

Contact us by email:
office@audubonparkumc.org

Visit our Website :
audubonparkumc.org

This month the church office
will be closed on **October
13** in recognitions of
Indigenous People's Day.

FROM THE LEAD PASTOR

I love Fall in Spokane! It's by far my favorite time of year. I love the smell of apple cider and pumpkin pie. I love the sound of the High School Marching band practicing in my neighborhood. I love holidays like Halloween and Thanksgiving, but also our church holidays like All Saints Day and the beginning of Advent. We've got some fun fall activities planned to help us connect with each other and our community. I hope you'll join in the fun whenever you can.

If you're new to Audubon Park Church, I hope you'll join me for our Exploring Audubon Park United Methodist Church Class on October 19. We'll have lunch together after service and spend time getting to know one another. You'll also learn more about our church and what it means to be a member of our church. You can sign up on Sunday or by contacting the church office.

This month we'll also connect with our community through our annual Trunk-Or-Treat event in the church parking lot. It's a great community event and allows us to create a lot of goodwill with our neighbors. You can help us put on a great event by signing up to decorate your trunk and hand out candy on October 26 and/or by donating candy. There's more info here in this newsletter.

Our Nicene Creed sermon series will continue through most of October, but on October 26 we'll kick off a new series focused on gratitude called Give Thanks: Living a Life of Gratitude. Sure, gratitude is an important spiritual discipline, but it is also associated with a host of mental and physical benefits. Studies show that feeling thankful can lead to improved sleep, mood, and even benefits our immune system. Gratitude can decrease depression, anxiety, difficulty with chronic pain and risk of disease. It's almost like we're made for gratitude and we "work better" when we're feeling thankful. We'll spend most of the month of November working on gratitude together.

Speaking of gratitude, I'm so grateful for you and all of the amazing people that are a part of our Audubon Park Church community. As you're pastor, I regularly hear from people who visit how welcomed they feel. I hear about our good work through the food bank and Tuesday Breakfast as I meet with community leaders. Thanks for all that you do to support our church and it's ministries. It's making a difference in so many lives.

*Grace & Peace,
Pastor Geoff*



Exploring Membership at Audubon Park Church

**Sunday, October 19
at Noon**

Childcare available upon request.
Lunch is provided.

Exploring Membership at Audubon Park Church is an invitation to deeper connection with the church and its ministries. You'll spend time getting to know the pastors, our church's history, and our ministries.

Come and learn who we are, what we believe, and what it means to join us as we serve our community, grow in our faith journeys, move toward generosity, and more.

Our Annual **Charge Conference** is scheduled for Sunday, November 23. The Core Leadership Team will meet with our Superintendent at 3pm and the All-Church Meeting will be at 4PM.



AUDUBON PARK YOUTH GROUP

Events for any 6th-12th graders — regardless of school or church affiliation!

For more info on youth activities, please email our Youth Director Drew Homchick: drew@audubonparkumc.org.

TABLE TOP GAMES/JR. & SR. SPLIT

Sunday, October 5th | 6pm - 7:30pm

Jr. High Youth - We will meet at the church for table top games. Bring all of your favorite card games & board games. *Sr. High Youth* will meet at the Potter's House (David's parents) for pool, ping-pong, etc.

CHURCH CLEANUP (PINE NEEDLES)

Sunday, October 12th | 12pm - 1:30pm

Lets help tidy up the outside of the church by bagging and loading pine needles to Vincent's truck. Vincent and I will sweep them down to you as we clean up the church roof top. Please bring a pair of gloves and clothes you don't mind getting a little dirty. Thanks!

PUMPKIN PAINTING/SPOOKY MOVIE

Sunday, October 19th | 6pm - 7:30pm

Come join us as we bring in the fall festivities as we paint pumpkins and watch a Halloween movie at the church. Don't worry, it won't be too spooky! :)

ANNUAL TRUNK-OR-TREAT

Sunday, October 26th | 4pm - 6pm

Come and join us as we decorate our cars for Halloween and host a Trunk-or-Treat in the church parking lot. This is a great way to meet members of our community and provide fun & games for children and adults. Costumes are encouraged, but not required. :)

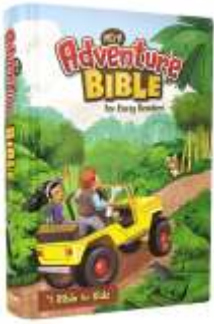
REGULAR YOUTH SUNDAY SCHOOL SCHEDULE

Our Youth Sunday School program (6th grade - 12th grade) meets Sundays from 10am-11am.

REGULAR YOUTH GROUP SCHEDULE

Our Youth Group program (6th grade - 12th grade) meets Sundays from 6pm-7:30pm.

3rd (& 4th) Grade Bibles!



We plan to award 3rd Grade Bibles on Sunday, October 6 during the 9am service!

If your child is grade 3-5 and has not yet received a bible from the church, we want to give them one!

Contact Pastor Geoff to make sure your 3rd (or 4th-5th) grader is on the list!

Monthly Schedule

— SUMMER —

Sunday

In-Person & Online Worship (10am)

Monday

1st & 3rd: Art Group (9am)

2nd & 4th: Food Ministries Set-Up (8am)

4th: United Women In Faith (1pm)

Tuesday

2nd & 4th: Food Ministries & Bare Necessities (8:30am)

Quilting Group (9am)

Wednesday

Knitting Group (1pm)

Thursday

Men's Coffee (11am)

Women's Fellowship (1pm)



Thursdays at 1pm in the Parlor

MEN'S COFFEE

WITH PASTOR GLENN

*Thursdays at 11am
in the Parlor*

Join us on for a time of fellowship,
connection, and support.

OCTOBER Birthdays

- | | |
|----------------------|-----------------------|
| 1 - Donna Sampson | 18 - Beth Meersman |
| 3 - Betty White | 23 - Russ Andres |
| 5 - Richard Shumaker | Diane Clark |
| 8 - Jhary Asterino | Karissa Wilkins-Luton |
| 10 - John Olson | 26 - Nathan Meersman |
| 12 - Wayne Clark | 27 - Billy Wisor |
| 13 - Barbara Burns | 29 - Gordon Mero |
| Karyl Masters | Tony Ross |
| Aric Caley | 30 - Cory Patel |
| 14 - Ryan Burns | |
| Darby Fosberg | |
| Bonnie Holm | |
| Delby Rodgers | |
| Linda Shurtleff | |

Anniversaries

- | | |
|--------------------------|---------------------------|
| 4 - Doug & Pauline Smith | 18 - Chris & Sandi Nicol, |
| 16 - Russ & Cary Andres | Dan & Karyl Masters |



“Dining with Dignity”

Many of you are familiar with and participate in our church's vital food ministries. The food bank and Tuesday breakfasts are key parts of the ministry work of our church. We also support Shalom Ministries in their work feeding and assisting Spokane's downtowncitizens in need.

Shalom Ministries was established in 1994 as a ministry of Central United Methodist Church in downtown Spokane. Though that church is now closed Shalom continues with the support of many churches, including Audubon Park.

Shalom provides hot nutritious meals to downtown Spokane's poor and houseless, serving 6 breakfasts and 2 dinners each week. We also partner with 10 other agencies to offer pathways to physical and mental health services, addiction support and housing placement. To learn more about Shalom Ministries go to shalommeal.org.

As the need has grown in our community Shalom's budget requirements have increased as well. We anticipate we will serve 80,000 meals in 2025. These growing needs have made the success of our major fundraising event, the annual Dining With Dignity Gala, more crucial than ever.

The Gala will be October 18, 2025. There will be a catered meal and both live and silent auctions. Offering auction item donations or financial sponsorship is one way to help. To purchase tickets go contact Kathy Barrick at 509-979-5573 or go to <https://fundraiser.support/ShalomMeals>.



In 1951, members of two local Methodist Churches, St. Paul's and Central, came together to start a new congregation in Northwest Spokane. They began meeting in September of that year at Finch Elementary school.

74 years later, our congregation is still going strong and we continue to share the love of Jesus with one another and with our community in tangible ways. We've seen God do some amazing things and are grateful that in September of 2026 we'll celebrate 75 years of ministry as church!

We want to plan a great celebration of our 75 years of ministry and are looking for members of our church interested in helping to plan the celebration! Right now there are to main ways you can help:

- If you have pictures from the last 75 years, we'd love to have you share them with us so that we can create a slideshow and or book about our church's history. Contact the church office to share them.
- If you're interested in joining our 75th Anniversary Planning team, please reach out to Pastor Geoff: geoff@audubonparkumc.org.

Address Service Requested

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Help us have a great Trunk-or-Treat!

1. **Bring bags of individually wrapped candy to the church by Sunday, Oct 26.** You can also donate non-candy prizes! If you'd rather, you can donate money for us to use to purchase prizes.
2. **Sign up to decorate your trunk and hand out candy at the event.** You can also sign up as a group of friends or as a family. Sign up on Sunday morning or by contacting the church office. Once we know you're planning to host a trunk, start planning how you'll decorate your car!
3. **Invite your friends and family to join us!** Share our Facebook Event or send someone a copy of this flyer. We're excited to connect with our neighborhood and the wider Spokane community!