

Norway Pilgrimage 2020, St. Olav's Way	Date	Plan	Distance
Day 1:	Sunday, July 19th (participants leave US on July 18!)	Oslo Arrive at Gardermoen OSL airport, Old Aker Church, Guided tour and pilgrimage blessing	
Day 2:	Monday, 20. July	Hamar area Train from Oslo S to Hamar: Church ruins, Pilgrim Center	
Day 3	Tuesday, July 21st	Take the paddle steamer Skibladner from Hamar to Lillehammer. Visit Malhaugen, outdoor museum with Stave Church	
Day 4	Wednesday, July 22nd	Train to Dovre Dovre Station. – Budsjord. Walk in the green valley of Gudbrandsdalen. Dovre Church	Distance: 4,3 km 2,1 miles
Day 5	Thursday, July 23rd	Budsjord - Fokstugu. A day of hiking from the valley and up on the high mountain. A steep and strenuous walk, 600 meters in height difference. Entering Dovrefjell Pass	Distance: Km: 13 Miles: 8,1
Day 6	Friday, July 24th	Fokstugu- Hageseter (Hjerkin Vandrerhjen) Dovrefjell. Theme: Human encounter with nature. Humility, greatness and the presence of God. Meditative exercises	Distance: Km: 20 (24) Miles: 12,7 (14) Depending on the place for lodging

		The walk over Dovrefjell is the longest on the trip and takes us through beautiful mountain scenery	
Day 7	Saturday, July 25th	Øysand-Sundet Train to Melhus, bus to Øysand. The train takes us down to the coast in Trøndelag, west of Norway	Distance: Km:5 Miles: 3
Day 8	Sunday, July 26th	Nice, short walk by the seaside. Sundet -Trondheim Hiking through hills and forests, along gravel roads and paths. We arrive in Trondheim from a hillside and walk down to town and to Nidarosdomen Cathedral.	Distance: Km: 22 Miles: 13,1
Day 9	Monday, July 27th	Stiklestad, the place for the battle where Olav Haraldsson perished and miracles happened. Stiklestad Church, Viking museum. Attend "Stiklestadspelet", St. Olav's passion play, outdoor open air theatre, from 7:00-9:00 pm.	
Day 10	Tuesday, July 28th	Attend Vandregudstjeneste and Olavsvaka (Vigil) in Nidarosdomen (Cathedral)	
Day 11	Wednesday, July 29th	Olavsfestdagene (market, fair), attend service in Nidarosdomen (Cathedral) Closing rituals. Train from Trondheim - Gardermoen, OSL	
Day 12	Thursday, July 30th	Return to US	

