

## **CBC Covid Precautions Effective 11/21/20**

Please thoroughly read the following information so that you know the precautions we are taking and asking you to take, along with the reasons for them in order to do all we can to protect everyone in our congregation.

**General Attitude:** We know that some are very fearful of this virus while others are more or less “over it” feeling that the threat has been vastly over-stated. We implore those on each side to not look down on the other for their sincerely held views. Medical experts that we have consulted and trust tell us that the threat of infection and danger to people remains real. Therefore, we believe it imperative to ask everyone to comply with the safety rules we will be operating under during this time so that we do all we can to protect one another and the reputation of our church in the community. Out of caution we are not opening all facets of our ministry right away and we must also make some modifications to the way we will be doing things for a season. We recognize that some of the changes in church operation we believe necessary will be frustrating to some of you, while others may still opt to stay at home for a variety of reasons.

**Pastor Gary will continue to pre-record his sermons and post them by Sunday morning**, along with notes and a selection of songs, to the website just as he has done in recent weeks so that you can continue to “go to virtual church” on-line if you are not yet comfortable returning to a group setting.

**Sunday School Classes are suspended for the immediate future.**  
Children will need to be under the supervision of parents/guardians.

### **Your Individual Responsibilities:**

#### **Self Evaluation: “Should I come to church today?”**

Everyone should consider these factors each week:

Do I feel at all unwell or exhibit any of the following?

- Temperature of 100.4 or above
- Respiratory: New or worsening cough, shortness of breath, sore throat
- GI Symptoms: New onset of nausea, vomiting or diarrhea
- Chills: New onset of chills or shaking with chills
- Muscle pain or headache
- Loss of taste or smell

- Have I or a household member tested positive for Covid-19 in the past 14 days?
- Do I have reason to believe I have been exposed to someone who has the virus?

Answering “yes” to any of the above means you should stay home.

In addition, you should also seriously consider any underlying medical factors that may put you at higher risk of infection or negative outcomes as you make your decision.

### **Complying with CBC Safety Precautions**

- Maintain Social Distancing of 6’ unless you live in the same household (family groups should sit together – one family to a pew, to maximize congregational seating options).
- No physical contact (handshakes, hugs, etc.).
- Use Hand Sanitizer after touching any communal surfaces and/or Wash hands frequently with soap and water for at least 20 seconds.
- Wear a mask throughout the service (see below).
- Please remove your all your own trash from the pews.

### **CBC is Taking the Following Precautions:**

- Our sanctuary is large enough to hold our entire congregation and still meet the 25% building occupancy rate and social distancing recommendations if the rules are followed.
- Alternate rows in the pews will be closed off. Sit 6’ from other non-household members.
- We are eliminating the in-service greeting time.
- We are eliminating as many “common touch points” as possible
  - Bulletins will not be handed out. They will be pre-placed in approved seating areas..
  - We will not be “passing the plate” during offertory. A drop box has been mounted on the sanctuary wall to receive your contributions. You may also choose to continue to mail them to the church as so many of you have faithfully continued to do (THANK YOU!).
  - We will not be passing communion elements. On Communion Sunday pre-packaged elements will be placed on communion table, spaced apart for pick up prior to the service.
  - Bibles and hymnals have been removed (temporarily) from the pews.
  - Restrooms will be open but please use a paper towel to turn off the water and open the door after you’ve washed your hands thoroughly.

- Hand sanitizer will be available in dispensers around the church
- Worship through song will be shortened for a season. Masks must be worn throughout the service (we have a limited supply of disposables, please bring your own if you can).

Again, we recognize that some of these regulations will be highly frustrating to a number of you who would just like things to return to normal. We pray for that time to come soon. but until then, please understand that we feel a God-given responsibility to protect everyone as much as we can and to make those who do come feel comfortable that we have done so. Please call Pastor Gary, Don Sadler or Mike Hernandez with any questions you might have.

In His Hands,  
Pastor Gary