



## THIS WEEK AT THE RIVER

**Thursday Night Prayer Service 6:30-7:30<sup>PM</sup>** Join us for our weekly prayer service followed by an Inner Healing Class.

**October 25<sup>TH</sup> Inner Healing Class 7:30-8:30<sup>PM</sup>** Following Thursday night prayer service, Pastor Jamie Stoddard will be offering the second part of her Inner Healing Class entitled, "Forgiveness".

**October 26-27<sup>TH</sup> Register Now for Men's Retreat "Revived in Christ"** This is a two day men's retreat at Camp Hume in Monterey Massachusetts. Register Online. Guys, don't miss this opportunity!

**October 28<sup>TH</sup> 8:15-9:30<sup>AM</sup> Foundations Class** Come Join us this Sunday for Understanding Your Identity as a Christ Follower. All are welcome. Cost is \$30 for workbook and materials.

**October 28<sup>TH</sup> - November 20<sup>TH</sup> Help Set the Thanksgiving Table for a Friend or Neighbor** To request a basket for yourself or someone else, fill out a Connect Card with the family's name, contact info, number of people, food allergies/preferences and place in the offering basket or in the Connect Card box. To Provide a Thanksgiving Basket, pick-up a label for a family Nov. 4<sup>TH</sup> from the Welcome Center. Return labeled baskets on Sunday, Nov. 20<sup>TH</sup>. Contact [Veronica@rolcf.net](mailto:Veronica@rolcf.net) if you have any questions. **See back of bulletin for details.**

**November 3<sup>RD</sup> Men's Breakfast** Come gather together with the men at The River for fellowship, encouragement and a hearty breakfast. This is a great opportunity to bring a friend or relative.

Visit the Welcome Center or church website for all of our events & details.  
384 Merrow Road Tolland, CT 06084 860.871.1070 [www.rolcf.net](http://www.rolcf.net)

# Help set the Thanksgiving table for our River of Life family and friends.

The perfect outreach for Life Groups



## Grocery List

Baskets Due by Nov. 20th

### PRODUCE

White/sweet potatoes,  
winter squash, carrots, onions  
Apples/oranges

### MEAT, POULTRY & FISH

Grocery gift card for holiday  
meat and perishable items

### BREADS, GRAINS & PASTAS

Rolls  
sweet breads (banana/pumpkin)  
Stuffing

### FROZEN FOODS

Please no items requiring  
refrigeration/freezing.

### CANS & JARS

Cranberry or apple sauce  
Gravy (mix or jar)  
Pickles, olives, Jello

### BAKING SUPPLIES

Pie (or other dessert not requiring  
refrigeration/freezing)

### BEVERAGES

Coffee  
Juice

### MISCELLANEOUS

Breakfast items (cereal, danish)  
Optional: holiday napkins, gourds,  
centerpieces, etc.

Please clearly label all boxes and packages of food with the family # and ensure that they are a manageable weight and size. See front for details on how to provide and receive a basket.