

DISCUSSION GUIDE || May 17–22, 2026

REMEMBER

- 40 days after Easter Sunday, Jesus gathered his disciples on a mountain, blessed them, and ascended behind a cloud to sit at God's right hand in heaven.
- The Ascension is a **visible, bodily, royal exaltation** that makes an unmistakable theological statement of Christ's Lordship. Luke's story *began* with people waiting and worshiping in the Temple (Simeon, Elizabeth, Anna) and ends with a people waiting and worshiping in the Temple (the joy-filled disciples)
- The Ascension is **the opposite of Christ's absence**—now ascended, Christ is **over all** and **fills all** to be ever and eternally present **to all** (Ephesians 1.19-23; 4.10).
- The Ascension is a reminder of whose kingdom, power, and glory it is (the Father's promise, the Holy Spirit's power).

REFLECT

1. *When did you have a **sense of Christ's presence** in, around, or over you lately?*

DISCUSS

READ Luke 24.45-53

2. ***What word or phrase** stands out to you the most from this passage?*
3. *What impact does the ascension seem to have on the **disciples** at the end of Luke and beginning of Acts? **What impact might the ascension have if fully reckoned with in the/our Church today?***

READ Ephesians 1.19-23

4. ***What phrase** stands out to you the most from Paul's theological reflection on the ascension?*
5. *How can the **theological significance** of Christ's Ascension (from Luke, Ephesians, and the "Remember" statements above) make a **livable difference** in your everyday living?*
6. *In Saturday's message, the invitation was to cultivate a **greater awareness** of Christ's presence and a **deeper repentance** to return to Christ's way. *What practices, encouragements, or thoughts have been helpful in your life with God lately?**
7. *What do we need to **pause and pray** for now?*