

# Message Notes

## 5 Meek Mindsets for More Than Conquerors

*"No, in all these things we are more than conquerors through him who loved us." Romans 8:37*

**WHAT** is meekness?

**Q: Why does meekness reveal strength not weakness?**

A: Because meekness consists of **submission** (Luke 22:42), **self-control** (Proverbs 16:32) and **patience** (Colossians 1:11). All three demand tremendous, supernatural inner strength.

*The meek believe "God is always doing 10,000 things in your life, and you may be aware of three of them." (John Piper) Or not a single one.*

**WHY** should you care about meekness?

**HOW** is meekness "Super-Nike Strong"?

# Message Notes

## 5 Meek Mindsets for More Than Conquerors

### 1. LOOK PAST: FOCUS ON GOD'S HAND

Joseph (Genesis 50)

YOU: What hard situation or difficult person can you choose to look past and trust God's wise, loving hand at work for you?

### 2. GO BOLD: RECEIVE "NO" WITH GRACE

Moses (Deuteronomy 3:23-26 and Deuteronomy 33-34)

YOU: With whom can you be bold and ask or invite, trusting that God's will is revealed even in the "no"?

### 3. BOW DOWN: SEEK PEACE WITH WISDOM

Abigail (1 Samuel 25)

YOU: With what difficult or "EGR" person in your life can you seek to make peace?



# Message Notes

## 5 Meek Mindsets for More Than Conquerors

### 4. BOUNCE BACK: WELCOME DISCIPLINE

David (2 Samuel 12 and 16, Hebrews 12:5-11)

YOU: How can you receive God's loving discipline more like David, without taking it lightly or losing heart?

### 5. YOKE UP: SHARE BURDENS WITH JESUS

Paul (2 Timothy 4:6-18, Matthew 11:28-30)

YOU: Is there an offense or hurt that you need God's help to forgive? (You can ask him for help now, even if it is to ask him to help you "want to" forgive.)



For tales of gritty grace and practical ways to grow stronger in your faith, subscribe to the blog at <https://www.abigailwallace.com>.

Look for Abigail on Facebook at JoyfullyPressingOn or on Instagram at AbigailWallace.4.