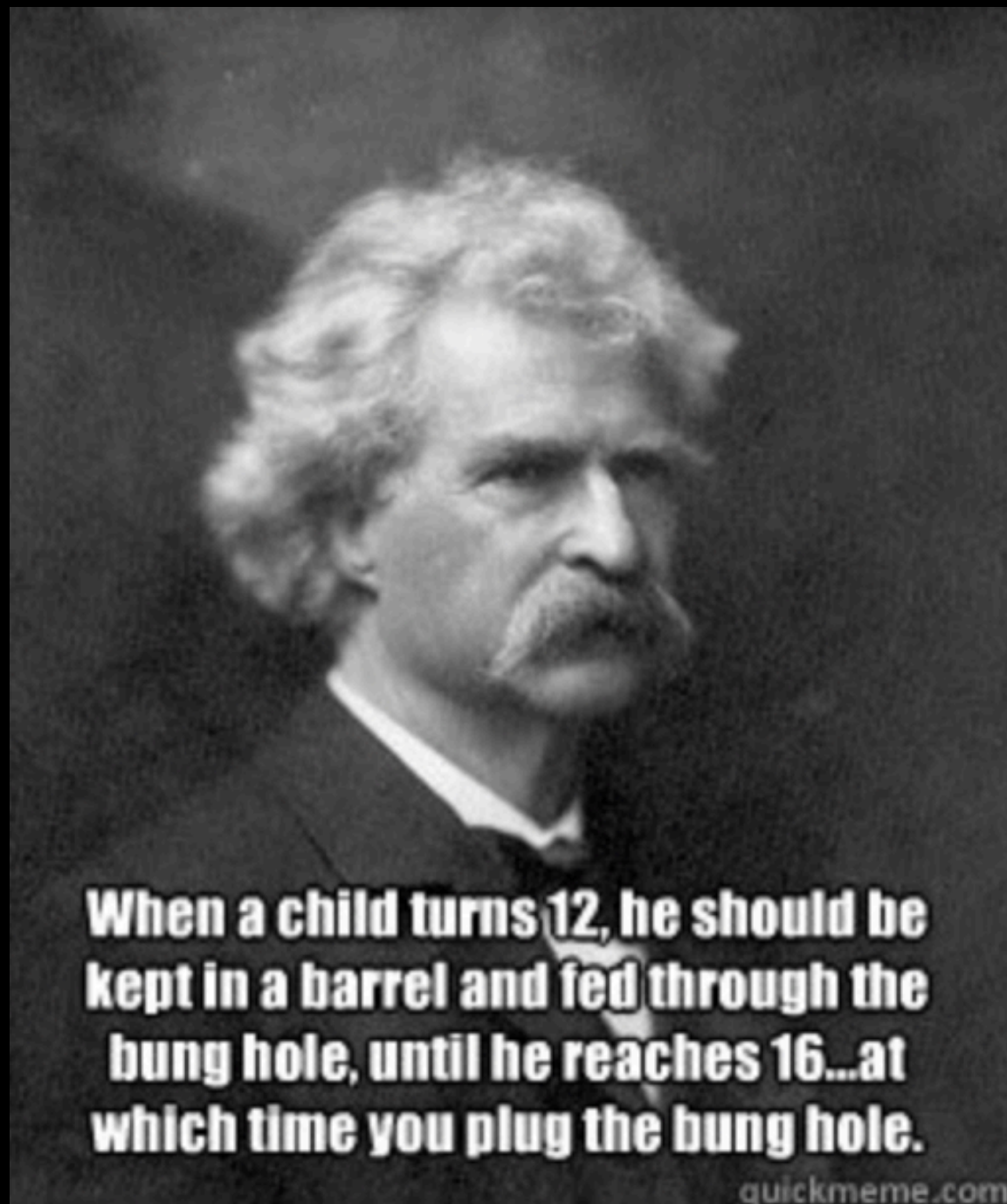


Preparing for Adolescence



When a child turns 12, he should be kept in a barrel and fed through the bung hole, until he reaches 16...at which time you plug the bung hole.

Preparing for Adolescence

As a teenager, what emotion
do you remember feeling
most intensely?

Deuteronomy 6:5-7

“Love the LORD your God
with all your heart and
with all your soul and
With all your strength.
These commandments
that I give you today are
to be upon your hearts.
Impress them on your
children. Talk about them
when you sit at home and
when you walk along the road, when
you lie down and when you get up.”







DR. KEVIN LEMAN

RUNNING THE RAPIDS



GUIDING TEENAGERS THROUGH THE
TURBULENT WATERS OF ADOLESCENCE

DR. KEVIN LEMAN

RUNNING THE RAPIDS



GUIDING TEENAGERS THROUGH THE
TURBULENT WATERS OF ADOLESCENCE

- 1. Know the River**
- 2. Strengthen Your Raft**
- 3. Keep an Eye on the Rocks**
- 4. Know the Riders**
- 5. Be Aware of the Risks**
- 6. Establish the Rules**
- 7. Know the Realities**
- 8. Enjoy the Rewards**

Raising your kids through adolescence
is like guiding your family on a raft
through whitewater rapids

- ~ You've been there You've done that
- ~ You are a tremendous resource
- ~ You are still their #1 influence
- ~ Your teen wants you to be the parent

The key is:
PREPARATION

The key is:
PREPARATION

Prepare yourself

The Gift of Adolescence

“My purpose is to block any approach that reduces adolescence to a problem to be solved and insist that it is an experience to be entered into by the middle-aged as well as by the young as a means for growing up. But there is this difference: what the young are forced to go through by virtue of their biology, the middle-aged willingly embrace by virtue of their faith (or willingly refuse in their unbelief). **And the “growing up” of parents is not to a mark on a measuring rod but to the “stature of the fullness of Christ.”**

-Eugene Peterson

The Gift of Adolescence

The key is:
PREPARATION

Prepare yourself
Prepare your child

Adolescence

Moving from

Dependence

to

Independence



PORTRAIT OF LOTTE
0-16 years

preparing for adolescence

how to survive the
coming years of change

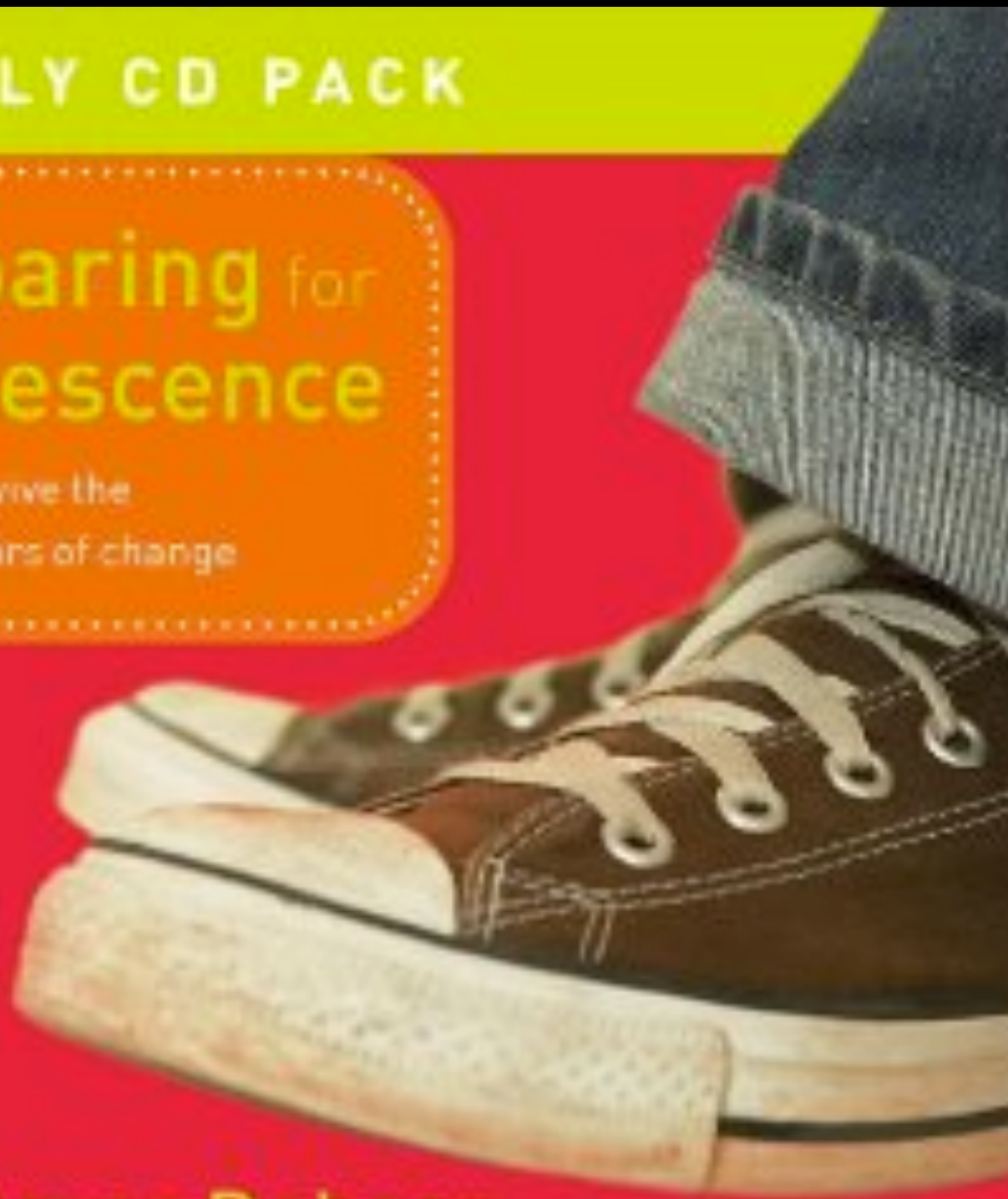


FAMILY CD PACK

preparing for
adolescence

how to survive the
coming years of change

Dr. James Dobson





Preparing for Adolescence Trip



10 Tips on Surviving Your Child's Adolescence

**“Parents Guide to
Navigating Puberty”**

&

“The Talk”

