

General Packing List for CCF Beach Trip and Spring Trip  
\*Suggested List\*

- **COMPLETED WAIVER (go to [fsuccf.com/beach-trip](http://fsuccf.com/beach-trip) to find the form). You will not be allowed to go without one!**
- Bible (if you don't have one, we will have some there)
- Pen
- Journal/Notebook
- Towel (for showering)
- Swimsuit
- Clothes
- **Pillow**
- **Bedding** (sleeping bag and/or sheets and blanket. **You have a bed but no sheets**)
- Underwear
- Toiletries (i.e. toothbrush, toothpaste, soap, shampoo)
- **Tennis Shoes**
- Shower shoes (if you are the kind of person who will want shower shoes)
- Camera
- Bug spray
- Sun Block
- Flashlight
- iPod/music device
- Nalgene or water bottle
- Board games or playing cards
- Snacks
- Medicine
- ENO or similar
- Anything else you need to make you feel comfy that is not illegal