



What-To-Take List

What-to-take

Each participant will need to bring the following:

- Bible
- Sleeping bag/pillow or sheets (twin bed)
- Warm jacket and/or rain coat
- Toiletries (towel, soap, toothbrush, etc)
- Gloves & Warm hat (come prepared!)
- Flashlight
- Comfortable clothes for indoor/outdoor team building activities
- Closed-toe shoes (tennis shoes are fine)
- Change for the soda machines, snack bar, ping-pong balls etc.
- “99 Thoughts for Student Leaders” book
- Pen or Pencil

Meals

Your initial deposit covers all meals from Sat. morning through Sun. brunch.

Remember, we will NOT be providing dinner on your day of arrival (Friday).

Please eat before arriving!

Lodging

LEAD Four:Twelve participants will be housed in heated lodges with shower facilities.

Emergency Phone Number

At Rockbridge, the number is 540-997-9276. For more information on Rockbridge, visit their website at: www.rockbridge.younglife.org

Important:

In the event of a late arrival, please call 1(757) 342-5757 to inform Todd of your estimated arrival time.