

## **Warming Up**

1. Share a time with the group of when you got a traffic ticket (if you ever have). How did it make you feel when you “saw the lights go on” behind you? Have you ever been let go with “a warning” from an officer? If not, how did you feel after the ticket was paid for, and/or the points finally disappeared from your license?

## **Knowing the Gospel...**

2. Read Romans 8:1-3, 7:23-25, 5:1-2, 3:21-26, and 1:16-17. Discuss how these passages all relate to one another. How does 8:1-3 summarize what Paul has been laying out in the book up to this point?

3. Count how many times the Spirit is mentioned in verses 4-11. Why do you think Paul does this?

4. Read 8:9. How does Paul refer to the Spirit in this verse? What does this tell us about the nature of God and Jesus? What does it say about their relationship? (see also Col. 1:15-20, 2:9, Heb. 1:3, John 1:1).

## **Live the Gospel....**

5. Practically speaking, in everyday life, what does it mean that the law of the Spirit of life set me free from the law of sin and death? (8:2) Positionally, practically?

6. Read Galatians 5:16-25 and discuss how walking in the Spirit works out in real life. Help: The verb for “walk in the spirit” in verse 16 refers to the ideas of “direction and empowerment” of the Spirit. The verb for “walk in the Spirit” in verse 25 means to “walk in line behind a leader”.

7. In what things do you still struggle with yielding to the Spirit? Is there any area that you regularly struggle with “grieving the Spirit” in your life? (Ephesians 4:30) How can your group pray for you to grow in Christlikeness this area?

## **Tell the Gospel....**

8. Discuss how a Christian might explain to an unbeliever that the Spirit helps us overcome sin in our lives.

**Next Week:** 2 Timothy 1:10, Mark 10:45