



LIFE | EXPLORED

WHAT'S THE BEST GIFT  
GOD COULD GIVE YOU?

SERMON SERIES | APRIL 2018

Small Group Questions  
"If-Only"

*<sup>25</sup>At that time Jesus declared, "I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; <sup>26</sup>yes, Father, for such was your gracious will. <sup>27</sup>All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. <sup>28</sup>Come to me, all who labor and are heavy laden, and I will give you rest. <sup>29</sup>Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. <sup>30</sup>For my yoke is easy, and my burden is light." Matthew 11:25-30*

1. Pastor Nates made the point in his sermon that *all of us need rest because all of us are restless*. We're always chasing something which leads us to believe that; "When (blank) happens, I'll finally be happy." What are you chasing after in your life that you believe will finally give you happiness you long for? In other words, what are your 'if-only's'?
2. The need to measure up to some standard can be a crushing burden, which often results in an internal 'murmur of self-incrimination'. How are you right now incriminating yourself?
3. When Jesus calls us to come to Him to find rest, He calls us to take His yoke upon us. *Why* is yoking ourselves to Jesus the only pathway to imperishable happiness?
4. *How* would yoking yourself to Jesus allow you to experience deep inner rest from filling your life with your 'if-only's'?