

**March  
17  
2024**

# **St. Clare Church & St. Vincent de Paul**

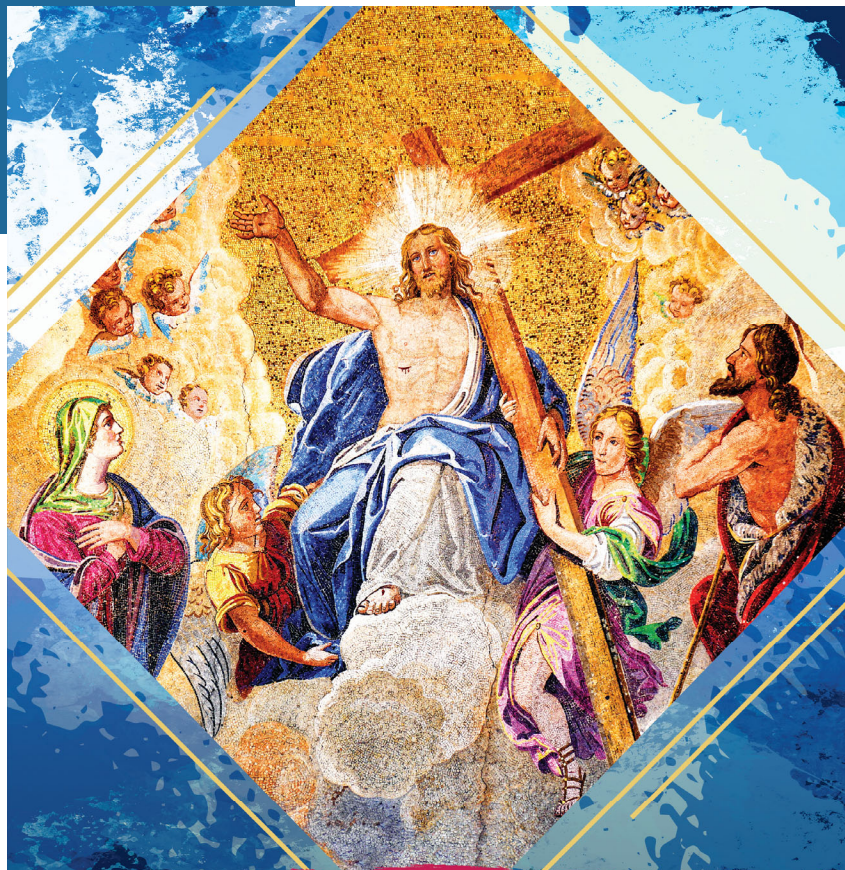


*Westerly, Rhode Island*

**Rev. Peter J. D'Ambrosia**  
Pastor / Administrator



*Bradford, Rhode Island*



## **5TH SUNDAY OF LENT**

**"And when I am lifted up from the earth,  
I will draw everyone to myself." - Jn 12:32**

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

### ***St. Clare***

#### **MASS SCHEDULE**

Weekday Mass: 8 AM  
Saturday Vigil Mass: 5:30 PM      Sunday Mass: 9 AM  
Holy Day Mass: 8 AM

### ***St. Vincent de Paul***

#### **MASS SCHEDULE**

No weekday Masses  
Saturday Vigil Mass: 4 PM      Sunday Mass: 10:30 AM  
Holy Day Mass: 12 PM

## **STAFF**

**Rev. Mr. Stephen Cote, Deacon**  
**Rev. Mr. John McGregor, Deacon**

### ***PARISH OFFICE***

All mail for both Parishes  
4 Saint Clare Way  
Westerly, RI 02891

**Monday to Thursday  
from 8 AM to 2 PM**

Phone 401-348-8765  
[scclsvdp@gmail.com](mailto:scclsvdp@gmail.com)  
Website: [stclarewesterly.com](http://stclarewesterly.com)

### **PARISH STAFF**

***Mrs. Jennifer O'Connor***  
Parish Secretary

***Ms. Alice Duffy***  
Campus Manager

***Mr. Anthony Prattico***  
Parish Accountant

***Mr. Bruce Coon***  
Music Director

***Mrs. Ellie Cote***  
Marriage Coordinator

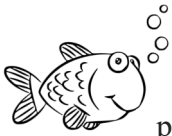
***RELIGIOUS EDUCATION***  
[office@stpxri.org](mailto:office@stpxri.org)

***Ms. Christine Magowan***  
Religious Education Coordinator  
at St. Pius X Church



# Why do Catholics abstain from meat on Fridays?

Continued



At first, says Fagan, Christians' religious appetite was largely met with herring, a fish that was plentiful but dry and tasteless when smoked or salted. And preservation was a must in medieval times: There was no good way for fresh fish to reach the devout masses. Eventually, cod became all the rage — it tasted better when cured and it lasted longer, too. The Vikings were ace at preserving cod — they "used dried and salted cod as a form of beef jerky on their ocean passages," Fagan says. And the route the Vikings took at the end of the first millennium — Greenland, Iceland, Newfoundland — matches up with the natural range of the Atlantic cod. It's possible that others may have followed the cod trail to Canada before Columbus sailed the ocean blue. Clues suggest that English fishermen from Bristol may have made the voyage by around 1480 but kept mum on the location lest the competition rush in. By some accounts, both Columbus and John Cabot had heard of these adventures when they set off on their own epic journeys west. "Why do people go over the horizon?" Fagan says. "In the case of the North Atlantic after the Norse ... they went looking for cod" to satiate the demands of the faithful.

So that's the empire part of our saga. Funny enough, while the pope story is a fish tale, an official leader of a church did make fish fasting the law for purely practical reasons. For that story — and the lust our headline promised — we turn to a monarch known for his carnal cravings: Henry VIII. By the time Henry ascended the throne in 1509, fish dominated the menu for a good part of the year. As one 15th century English schoolboy lamented in his notebook: "Though wyll not beleve how wery I am off fysshe, and how moch I desir to that flesch were cum in ageyn." But after Henry became smitten with Anne Boleyn, English fish-eating took a nosedive. You see, Henry was desperate with desire for Anne — but Anne wanted a wedding ring. The problem was, Henry already had a wife, Catherine of Aragon, and the pope refused to annul that decades' long marriage. So Henry broke off from the Roman Catholic Church, declared himself the head of the Church of England and divorced Catherine so he could marry Anne. Suddenly, eating fish became political. Fish was seen as a "popish flesh" that lost favour as fast as Anglicism took root," as Kate Colquhoun recounts in her book *Taste: The Story of Britain Through Its Cooking*. Fishermen were hurting. So much so that when Henry's young son, Edward VI, took over in 1547, fast days were reinstated by law — "for worldly and civil policy, to spare flesh, and use fish, for the benefit of the commonwealth, where many be fishers, and use the trade of living."

In fact, fish fasting remained surprisingly influential in global economics well into the 20th century. As one economic analysis noted, U.S. fish prices plummeted soon after Pope Paul VI loosened fasting rules in the 1960s. The Friday meat ban, by the way, still applies to the 40 days of the Lenten fast. A few years before the Vatican relaxed the rules, Lou Groen, an enterprising McDonald's franchise owner in a largely Catholic part of Cincinnati, found himself struggling to sell burgers on Fridays. His solution? The Filet-O-Fish. While not exactly the miracle of loaves and fishes, Groen's little battered sandwich has fed millions around the world.

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The Saint Clare  
BOOK CLUB



meets in the  
Parish Center at noon.

The book up for discussion,

Monday, April 1  
**Horse**

by Geraldine Brooks

Bring your lunch and a beverage.

*Some members may not have read the books but  
join anyway for the interesting discussions.*

*Newcomers are always welcome.*

**AA meets  
every Thursday night from 6 to 7 PM  
in the St. Clare Parish Center.**



## ATTENTION

The heating unit for the foyer and  
bathrooms connected to the parish  
center is no longer operable and can  
not be repaired until May.

## How To Make A Good Confession

It is appropriate to have a good exam of conscience  
before going into confession.

A copy of *How To Make A Good Confession*  
pamphlet can be found at all the entrances of the  
church.

Confessions will be heard by appointment only.  
To book an appointment, please call the parish  
office at 401-348-8765.

## *2024 Season of Lent*

### Stations of the Cross

Stations will be on Good Friday of Holy Week.  
7:30 AM every Wednesday of Lent

### The Fifth Sunday of Lent, March 17,

12 PM to 3 PM

Adoration of the Blessed Sacrament with Confession at St. Clare Church  
(Enter through the courtyard doors)

## *Holy Week and Easter*

### Holy Thursday, March 28, at St. Clare Church

No morning Mass

6 PM - Mass of the Lord's Supper & Washing of the Feet

Adoration of the Blessed Sacrament until 8 PM

### Good Friday, March 29, at St. Clare Church

12 Noon - Stations of the Cross

3 PM - Good Friday Service

### Saturday, March 30, Easter Vigil

7:30 PM - Vigil Mass at St. Clare Church

### Sunday, March 31, Easter Sunday

9 AM - Mass at St. Clare Church

10:30 AM - Mass at St. Vincent de Paul Church



### *Join the Choir*

St. Clare Church is looking for new members to join the choir. If you like to sing and would like to join, call the parish office at 401-348-8765 or just show up for practice, Thursday nights in the choir loft between 5 & 6 PM. No experience needed, just the joy of sharing your voice.



### *CENTERING PRAYER Group*

Every Tuesday at 6 PM to 7:30 PM  
in the St. Clare Church Hall.

We practice Centering Prayer, Lectio Divina, and we study the Christian contemplative tradition, in dialogue with contemporary psychology and the wisdom teachings of other religions.

If you have not had any experience with Centering Prayer and are interested, contact Frank Pendola at 401-596-0251- [pendolaf@gmail.com](mailto:pendolaf@gmail.com) for a brief introduction prior to the meeting.





## Chesterton Academy Open House

Please join us on March 23 at 9AM for our open house at 610 Jefferson Boulevard, Warwick RI (the former Saint Francis school).

Catholic identity. Classical curriculum. Family focus. Chesterton Academy of Our Lady of Hope is a new Catholic high school that just opened its doors in the fall of 2023.



Is Chesterton the right fit for your son or daughter? Enrollment is now underway for next year. Please contact us at: [www.chestertonRI.org](http://www.chestertonRI.org) / 401-287-2280 / [info@chestertonRI.org](mailto:info@chestertonRI.org).

## Ongoing Bible Study Class Schedule

**St. Clare & St. Vincent de Paul  
Gospel of Mark (Ongoing)**

Fr. Peter J. D'Ambrosia  
at Saint Clare's Rectory,  
Tuesdays, 6 to 7PM



### *Schedule*

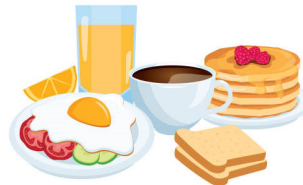
March 19 and April 2

## Knights of Columbus Breakfast

Sunday, March 17, 2024  
From 7AM to 11AM

Corn-beef hash omelets (by George)  
Home fries, pancakes, bacon

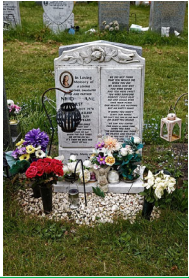
Westerly Senior Center  
39 State Street, Westerly



\$10/Adult \$5/child

Proceeds benefit  
local charities

## St Sebastian Cemetery News



It is time for our Spring clean up. Please remove all items by gravesite prior to March 24 as will be getting the cemetery prepared for Easter. Any questions can be directed to (401)348-1028. Thank you.



# LENTEN

## *Food Drive*

### Needed items

Pasta sauce, crackers, cereal, juice, pancake mix, syrup, coffee, jelly, peanut butter, baked beans, canned meat (tuna, chicken, ham), canned fruit, instant potatoes, canned pasta, stuffing, Ramen noodles, quick bread, and Rice-A-Roni, any nonperishable items.



Cash donations would also be appreciated so that additional foods may be purchased for disbursement.

Checks or grocery gift cards can be dropped in any of the Poor Boxes located at each of the doors of the Church. Please no open items or items that are expired.

Thank you for your continued support and generosity for those in need. Although you may never see it, you make a difference to so many.

## The Fifth Sunday of Lent Sunday, March 17, 2024



Two Parishes,  
One Big Family

## Lay Minister Daily Mass Schedule for March 18 - 21

### Masses This Week at St. Clare Church

#### Saturday, March 16, 5:30 PM

Larry DeSantos by Mary & Ray Kane

#### Sunday, March 17, 9 AM

Gail Chiaradio by her Children

#### Monday, March 18, 8 AM

Frances Myszka

#### Tuesday, March 19, 8 AM

Anna Pazelka by Peter & Dorinne Meyer

#### Wednesday, March 20, 8 AM

Betty Britton

#### Thursday, March 21, 8 AM

Agnes McGill by Patricia Gagnon

#### Friday, March 22, 8 AM

NO MASS

#### Saturday, March 23, 5:30 PM

**The Passion of the Lord**

#### Sunday, March 24, 9 AM

**Palm Sunday of the Passion of the Lord**

### St. Vincent de Paul Church

#### Saturday, March 16, 4 PM

Virginia Abruzzese by Lucille Sposato

#### Sunday, March 17, 10:30 AM

Rose Laudone

#### Saturday, March 23, 4 PM

**The Passion of the Lord**

#### Sunday, March 24, 10:30 AM

**Palm Sunday of the Passion of the Lord**

### St. Clare & St. Vincent de Paul Church Support

| <u>SCC</u>  | <u>2/25/24</u> | <u>3/3/24</u> | <u>3/10/24</u> |
|-------------|----------------|---------------|----------------|
| Budget      | 4,196.00       | 7,526.00      | 5,582.25       |
| Misc.       | 50.00          | 2,973.01      | 500.00         |
| <u>SVDP</u> | <u>2/25/24</u> | <u>3/3/24</u> | <u>3/10/24</u> |
| Budget      | 1,572.00       | 2,566.04      | 3,148.00       |
| Misc.       | 985.00         | 2,275.00      | 500.00         |

**Budget includes:** E-Giving, Mass stipends, monthly, energy, holy days, building fund.

**Misc. includes:** Poor box, diocesan collections, donations, rental of facilities, events, funerals & weddings.

#### Monday 3/18/24

**Lector** - Azzinaro

**EM** - Abbott

#### Tuesday - 3/19/24

**Lector** - Serra

**EM** - Abbott

#### Wednesday 3/20/24

**Lector** - Nolan

**EM** - Azzinaro

#### Thursday 3/21/24

**Lector** - Conway

**EM** - Azzinaro

### Lay Minister Weekend Schedule

#### St. Clare

#### Saturday, March 23, 5:30 PM Mass

**Lector** - Lucille Ouilette

Tammy O'Brien

**EM** - Linda Schackner

#### Sunday, March 24, 9 AM Mass

**Lector** - Jim Lamphere

Claudia Lamphere

**EM** - Paul Calitri

#### St. Vincent de Paul

#### Saturday, March 23, 4 PM Mass

**Lector** - Kate Leach

Peter Nero

**EM** - Frank Laudone

#### Sunday, March 24, 10:30 AM Mass

**Lector** - Joan Scheuerman

Maria DeMaggio

**EM** - Anna Maria DeMaio

### Outgoing Eucharist Minister Schedule

#### St. Clare - April 7

A - Lynn Piola

B - Mary Conway

#### St. Clare - April 21

A - John & Renee Gentile

B - Barbara Wright

#### St. Clare - May 5

A - Lucille Sposato

B - Mary Conway

### Upcoming Collections 2024

**March 24**  
CRS Rice Bowl

**March 29**  
Good Friday