

Shelf-Stable Breakfast Snacks for Kids



Bite-Size & Baked

- Mini muffins (pre-packaged)
 - Breakfast bars (BelVita, Nutri-Grain, Nature Valley)
 - Granola bars
 - Mini donuts or honey buns
 - Oatmeal breakfast cookies
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Fruity Options

- Dried fruit
 - Fruit leather / fruit strips
 - Applesauce pouches
 - Freeze-dried fruit
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Protein & Energy Snacks

- Peanut butter or almond butter squeeze packs
 - Trail mix
 - SunButter packs (nut-free option)
 - Shelf-stable milk boxes
 - Protein bars
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Crunchy & Grain Options

- Whole-grain crackers or Goldfish
 - Dry cereal snack bags
 - Pop-Tarts or toaster pastries
 - Mini bagels
 - BelVita breakfast biscuits
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Drinks (Shelf-Stable)

- 100% juice boxes
- Flavored water pouches
- Shelf-stable milk boxes