

St. Helena's Episcopal Church and School

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Seventeenth Sunday after
Pentecost

September 16, 2018

11:00 AM

Our Mission:

We, the Family of St. Helena's,
Empowered by the Holy Spirit,
Welcome all God's Children to
Grow with us in Grace and
Proclaim the Good News of Jesus
Christ.

Welcome to St. Helena's Episcopal Church & School

Thank you for joining us for worship this morning. If you are a visitor with us, we warmly welcome you to this worship service and to the vibrant life of St. Helena's community. We invite you to fill out a Guest Card found in the pew bookrack and drop it in the offering plate when it comes by. We want you to know that all baptized Christians – regardless of your denomination, tradition, age, or background – are invited and welcome to receive Holy Communion during worship. Also, pick up a blue bag as you leave today. It contains our latest newsletter and other information about St. Helena's.

Child Care

Children of all ages are always welcome in our worship services. Children's sermons are part of our worship during 9:00am and 11:00am worship services. Should you desire it, child care for children ages infants through 4 years is available during all worship services and most parish activities. The parish nurseries are located downstairs in the Parish Hall Wing. (Signs are posted)

Questions?

For more information regarding St. Helena's Early Enrichment Program, Children & Youth Ministries, music, Bible Studies, senior ministries, baptisms, weddings, and more, please feel free to contact our clergy or staff members. More information may be found on our website at www.sthelenas.net.

WORSHIP SCHEDULE

Sunday

7:45 A.M. Holy Eucharist Rite I
 9:00 A.M. Holy Eucharist Rite II
 11:00 A.M. Holy Eucharist Rite II
 10:10 A.M. Sunday School for all ages:
 Pre-school – 2nd Room C Wendler Hall
 3rd -5th – The Rock Room
 Middle and High School – Youth House
 Adults – Parish Hall

Wednesday

10:00 A.M. Service of Public Healing
 and Holy Eucharist

Holy Eucharist

Prelude

Welcome

Hymn

When morning gilds the skies

Hymnal 427

1 When morn - ing gilds the skies, my heart, a - wak - ing, cries,
 2 When mirth for mu - sic longs, this is my song of songs:
 3 No love - lier an - ti - phon in all high heaven is known
 4 Ye na - tions of man - kind, in this your con - cord find:
 5 Sing, suns and stars of space, sing, ye that see his face,

1 may Je - sus Christ be praised! When eve - ning sha - dows fall,
 2 may Je - sus Christ be praised! God's ho - ly house of prayer
 3 than, Je - sus Christ be praised! There to the e - ter - nal Word
 4 may Je - sus Christ be praised! Let all the earth a - round
 5 sing, Je - sus Christ be praised! God's whole cre - a - tion o'er,

1 this rings my cur - few call, may Je - sus Christ be praised!
 2 hath none that can com - pare with: Je - sus Christ be praised!
 3 the e - ter - nal psalm is heard: may Je - sus Christ be praised!
 4 ring joy - ous with the sound: may Je - sus Christ be praised!
 5 both now and ev - er - more shall Je - sus Christ be praised!

Tune: Laudes Domini

All standing, the Celebrant says

People Blessed be God: Father, Son, and Holy Spirit.
And blessed be his kingdom, now and for ever.
Amen.

The Celebrant says

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

The following is sung, all standing

Hymnal S-236

Collect of the Day

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O God, because without you we are not able to please you mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

First Reading

Proverbs 1:20-33

All sit.

A Reading from the book of Proverbs.

Wisdom cries out in the street; in the squares she raises her voice. At the busiest corner she cries out; at the entrance of the city gates she speaks: "How long, O simple ones, will you love being simple? How long will scoffers delight in their scoffing and fools hate knowledge? Give heed to my reproof; I will pour out my thoughts to you; I will make my words known to you. Because I have called and you refused, have stretched out my hand and no one heeded, and because you have ignored all my counsel and would have none of my reproof, I also will laugh at your calamity; I will mock when panic strikes you, when panic strikes you like a storm, and your calamity comes like a whirlwind, when distress and anguish come upon you. Then they will call upon me, but I will not answer; they will seek me diligently, but will not find me. Because they hated knowledge and did not choose the fear of the Lord, would have none of my counsel, and despised all my reproof, therefore they shall eat the fruit of their way and be sated with their own devices. For waywardness kills the simple, and the complacency of fools destroys them; but those who listen to me will be secure and will live at ease, without dread of disaster."

Reader The Word of the Lord.
People **Thanks be to God.**

Remain seated.

Psalm 116:1-8*Dilexi, quoniam*

- 1 I love the Lord, because he has heard the voice of
my supplication, *
because he has inclined his ear to me whenever
I called upon him.
- 2 The cords of death entangled me;
the grip of the grave took hold of me; *
I came to grief and sorrow.
- 3 Then I called upon the Name of the Lord: *
“O Lord, I pray you, save my life.”
- 4 Gracious is the Lord and righteous; *
our God is full of compassion.
- 5 The Lord watches over the innocent; *
I was brought very low, and he helped me.
- 6 Turn again to your rest, O my soul, *
for the Lord has treated you well.
- 7 For you have rescued my life from death, *
my eyes from tears, and my feet from stumbling.
- 8 I will walk in the presence of the Lord*
in the land of the living.

Second Reading

James 3:1-12

A Reading from the letter of James.

Not many of you should become teachers, my brothers and sisters, for you know that we who teach will be judged with greater strictness. For all of us make many mistakes. Anyone who makes no mistakes in speaking is perfect, able to keep the whole body in check with a bridle. If we put bits into the mouths of horses to make them obey us, we guide their whole bodies. Or look at ships: though they are so large that it takes strong winds to drive them, yet they are guided by a very small rudder wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great exploits. How great a forest is set ablaze by a small fire! And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, but no one can tame the tongue—a restless evil, full of deadly poison. With it we bless the Lord and Father, and with it we curse those who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers and sisters, this ought not to be so. Does a spring pour forth from the same opening both fresh and brackish water? Can a fig tree, my brothers and sisters, yield olives, or a grapevine figs? No more can salt water yield fresh.

Reader The Word of the Lord.
 People Thanks be to God.

Sequence

All stand.

O bless the Lord, my soul

Hymnal 411

The musical score is written for a four-part choir (Soprano, Alto, Tenor, Bass) and piano accompaniment. It consists of two systems of music. The first system contains five verses of lyrics, and the second system contains five verses. The music is in the key of D major and 4/4 time. The piano accompaniment is simple, using block chords and moving bass lines. The vocal parts are written in a homophonic style, with each voice part having its own line of music.

1 O bless the Lord, my soul! His grace to thee pro - claim!
 2 O bless the Lord, my soul! His mer - cies bear in mind!
 3 He will not al - ways chide; he will with pa - tience wait;
 4 He par - dons all thy sins, pro - longs thy fee - ble breath;
 5 He clothes thee with his love, up - holds thee with his truth;

1 And all that is with - in me join to bless his ho - ly Name!
 2 For - get not all his ben - e - fits! The Lord to thee is kind.
 3 his wrath is ev - er slow to rise and rea - dy to a - bate.
 4 he heal - eth thine in - fir - mi - ties and ran - soms thee from death.
 5 and like the ea - gle he re - news the vi - gor of thy youth.

6 Then bless his holy Name,
 whose grace hath made thee whole,
 whose loving-kindness crowns thy days:
 O bless the Lord, my soul!

Tune: St. Thomas (Williams)

Holy Gospel

Mark 8:27-38

All stand.

Priest The Holy Gospel of our Lord Jesus Christ according to Mark.
People **Glory to you, Lord Christ.**

Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, "Who do people say that I am?" And they answered him, "John the Baptist; and others, Elijah; and still others, one of the prophets." He asked them, "But who do you say that I am?" Peter answered him, "You are the Messiah." And he sternly ordered them not to tell anyone about him. Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things." He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels."

Priest The Gospel of the Lord.
People **Praise to you, Lord Christ.**

Children's Sermon

Stefanie Nitschke

Sermon

The Rev. David G. Read

Nicene Creed*All stand.*

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**
**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:**

**by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of the People Form VI

BCP p. 392

The people stand or kneel.

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;
For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;
For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Michael our Presiding Bishop, and David and Jennifer our Bishops; and for all bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence

The People may add their own petitions

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;

Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

**Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.**

Peace

All stand.

Celebrant The peace of the Lord be always with you.

People **And also with you.**

Then the Ministers and the People may greet one another in the name of the Lord.

Announcements

Holy Communion

Offertory Sentence

Offertory Anthem *The Heavens Are Telling*

Franz Joseph Haydn

The heavens are telling the glory of God,
The wonder of his work displays the firmament;

Today that is coming speaks it the day,
The night that is gone to following night.

In all the lands resounds the word,
Never unperceived, ever understood.

Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the deacon or celebrant. The people stand while the offerings are presented and placed on the Altar.

Doxology

Praise God, from whom all bless - ings flow; praise Him, all crea-tures here be - low; praise

Him a - bove, ye heaven - ly host; praise Fa-ther, Son, and Ho - ly Ghost. A - men.

The people remain standing.

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The people stand or kneel.

The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with St. Helena and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

The Celebrant then continues

And now, as our Savior
Christ has taught us,
we are bold to say,

People and Celebrant

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Breaking of the Bread

A period of silence is kept.

Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All baptized persons are welcome to receive Holy Communion. Gluten free wafers are available. Please inform the priest as you come forward.

Prayer ministers are positioned in the transept to the left after communion for your personal prayer needs.

Communion Hymn

Savior, again to thy dear Name we raise

Hymnal 345

1 Sa - vior, a - gain to thy dear Name we raise
 *2 Grant us thy peace up - on our home - ward way;
 3 Grant us thy peace through - out our earth - ly life;
 4 thy peace in life, the balm of ev - ery pain;

with one ac - cord our part - ing hymn of praise;
 with thee be - gan, with thee shall end the day;
 peace to thy Church from er - ror and from strife;
 thy peace in death, the hope to rise a - gain;

guard thou the lips from sin, the hearts from shame,
 from harm and dan - ger keep thy chil - dren free,
 peace to our land, the fruit of truth and love;
 then, when thy voice shall bid our con - flict cease,

that in this house have called up - on thy Name,
 for dark and light are both a - like to thee.
 peace in each heart, thy Spi - rit from a - bove;
 call us, O Lord, to thine e - ter - nal peace.

After Communion, the Celebrant says

Let us pray.

Celebrant and People

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Blessing

Postcommunion Hymn

The Church's one foundation

Hymnal 525

The musical score is written for a four-part setting (Soprano, Alto, Tenor, Bass) in the key of B-flat major and 4/4 time. It consists of two staves: a treble clef staff for the upper parts and a bass clef staff for the lower parts. The lyrics are as follows:

1 The Church's one foun - da - tion is Je - sus Christ her Lord;
 2 E - lect from ev - ery na - tion, yet one o'er all the earth,
 3 Though with a scorn - ful won - der men see her sore op - pressed,
 4 Mid toil and tri - bu - la - tion, and tu - mult of her war
 5 Yet she on earth hath un - ion with God, the Three in One,

1 she is his new cre - a - tion by wa - ter and the word;
 2 her char - ter of sal - va - tion, one Lord, one faith, one birth;
 3 by schi - sms rent a - sun - der, by her - e - sies dis - tressed;
 4 she waits the con - sum - ma - tion of peace for ev - er - more;
 5 and mys - tic sweet com - mun - ion with those whose rest is won.

1 from heaven he came and sought her to be his ho - ly bride;
 2 one ho - ly Name she bless - es, par - takes one ho - ly food,
 3 yet saints their watch are keep - ing, their cry goes up, "How long?"
 4 till with the vi - sion glo - rious her long - ing eyes are blessed,
 5 O hap - py ones and ho - ly! Lord, give us grace that we

1 with his own blood he bought her, and for her life he died.
 2 and to one hope she press - es, with ev - ery grace en - dued,
 3 and soon the night of weep - ing shall be the morn of song.
 4 and the great Church vic - to - rious shall be the Church at rest.
 5 like them, the meek and low - ly, on high may dwell with thee.

Tune: Aurelia

Dismissal*Celebrant*
*People*Alleluia, alleluia. Let us go forth in the name of Christ.
Thanks be to God. Alleluia, alleluia.**Postlude**

Prayers for our Members

Please pray for our family as you journey through this week.

Joe	Susan	Don	Bud
Dorla	John	Bob	Matt
Gail	Jim	Gaye	Erica
Carlie	Pat		

What You Want to Know

The Story classes will be held at 10:10 AM, Sunday.

Below is where the action is for all age groups.

Pre-K and Kinder, Room C in Wendler Hall

1st and 2nd Grades, Room D in Wendler Hall

3rd thru 5th Grades, Rock Room, in the Parish Hall Wing

Mid School thru High School, Youth House

Adults, Great Room of Wendler Hall

Breakfast for the whole family will be in the Great Room of Wendler Hall

If you are interested, fill out "The Story" card found in the pew/chair back at your worship service. The book and companion study guide cost is \$20 for the two items.

If you desire assistance in the purchase of these study materials, scholarships are available. Contact Sheryl at sheryl@sthelenas.net

Wednesday classes follow the Healing Service at 11:00 AM.

Nursery News We now have a newly refurbished, more centrally located, two room Nursery on the St. Helena's campus. You will find it in the Parish Hall Wing across from Room 1. Childcare is offered every Sunday morning and for most of our Parish events. Contact Kerrie for more information at childcare@sthelenas.net

The Episcopal Church Women will have their after summer kick-off fall meeting on September 17th at 6:30 PM in Room 2. Bring a friend, your favorite snack to share and the drinks will be provided. If you need transportation to the meeting or have any questions, please contact Margarita

Financial Peace University Dave Ramsey will teach you how to manage your debt and ultimately live a debt free life. Classes are held Thurs. at 6:00 PM in Room 2. Childcare will be provided upon request. Brown Bag your dinner and register at www.fpu.com/1071307. Email your questions to your facilitator Ruth McBride

Men's fellowship Gathering will be hosted by Larry Kroeger, Bruce Bradley, Danny Pena and Gene Smith. Meeting will be at Larry's home, 26980 Toutant Beauregard at 6:30 PM, Thursday Sept. 20th. Meal will be provided so, bring your drink of choice and a friend. RSVP: Gene

Sr. Fellowship will sponsor David Maltzberger's presentation "The World Wide Future of Faith; Is Christianity Flourishing or Faltering?" I think that subject will create a hearty discussion! Presentation on Sunday, September 23rd, in the Great Room of Wendler Hall from 5:00-6:30 PM. Coffee and dessert will be available.

Do you knit or crochet or would you like to learn? Please join the Prayer Shawl group on Wednesday, September 26th from 11-12:30 PM in Room 2 for a refresher course or beginner instruction. Call Gail Powell for list of supplies needed.

Flu Shots Sept. 26th, 9-11 AM in Room 2 HEB will be administering the shots. Open to anyone. Insurance may pay all or part. Free to Seniors with Medicare.

Phones in Church? Well of course you should "check in" when you get to church. Feel free to let others know how important your church family is to you. *Post it!*

Altar Flowers

In Celebration of Adalyn Elizabeth Schleyer's Baptism
Given by Gail and David Powell

11:00 Worship Leaders		Vestry Officers	
Acolytes:	Kathryn Chisholm, Maggie Chisholm	Sr. Warden:	Tommy Mathews
Altar Guild:	Team: 4	Jr. Warden:	Jasen Hart
EM:	Marie Mayfield, Matt Boutte	Secretary:	Julie Vickery
Ushers:	Ron Frishmuth, Bob Vincent	Treasurer:	Ron Tribo
Vestry Host:	Karen Medina, Erin Barton		

Weekly Calendar

- Sundays: Worship Services: 7:45, 9:00, 10:10 Christian Ed, 11:00 a.m., 12:30 p.m. St. Helena's Bells, 3:00 p.m. Narcotics A, 8:00 p.m. AA
- Mondays: 7:45 a.m. Ignite Mid-school Bible Study, 6:30 p.m. Worship Band, 7:00 p.m. Boy Scouts
- Tuesdays: 9:30 a.m. Lectionary Readings Study, 1:00 p.m. Ukulele practice, 5:00 p.m. Women's AA (*this group meets every other Tuesday*), 4:30 p.m. HCYO, 6:30 p.m. Women's AA, 8:00 p.m. Narcotics A
- Wednesdays: 10:00 a.m. Healing Service, 11:00 a.m. *The Story* Bible study, 4-5:30 p.m. Rock Solid & Shine, 4:15-5:30 Mid School, 5:30 p.m. SHOCK, 6:00 p.m. High School, 6:30 p.m. Yahweh Sisters' Bible Study, 7:00 p.m. Choir Rehearsal
- Thursdays: 7:00 a.m. Men's Bible Study, Noon - 1 p.m. Yahweh Sisters' Bible Study, 6:00 p.m. Paws4Hearts, 6:30 p.m. Women's AA, 8:00 p.m. Narcotics A
- Fridays: 9:30 a.m. AA Big Book
- Saturdays: 10:00 a.m. Women's AA