

St. Helena's Episcopal Church and School

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Fifteenth Sunday after
Pentecost

September 2, 2018

11:00 AM

Our Mission:

We, the Family of St. Helena's,
Empowered by the Holy Spirit,
Welcome all God's Children to
Grow with us in Grace and
Proclaim the Good News of Jesus
Christ.

Welcome to St. Helena's Episcopal Church & School

Thank you for joining us for worship this morning. If you are a visitor with us, we warmly welcome you to this worship service and to the vibrant life of St. Helena's community. We invite you to fill out a Guest Card found in the pew bookrack and drop it in the offering plate when it comes by. We want you to know that all baptized Christians – regardless of your denomination, tradition, age, or background – are invited and welcome to receive Holy Communion during worship. Also, pick up a blue bag as you leave today. It contains our latest newsletter and other information about St. Helena's.

CHILD CARE

Children of all ages are always welcome in our worship services. Children's sermons are part of our worship during 9:00am and 11:00am worship services. Should you desire it, child care for children ages infants through 4 years is available during all worship services and most parish activities. The parish nurseries are located downstairs in the Parish Hall Wing. (Signs are posted)

QUESTIONS?

For more information regarding St. Helena's Early Enrichment Program, Children & Youth Ministries, music, Bible Studies, senior ministries, baptisms, weddings, and more, please feel free to contact our clergy or staff members. More information may be found on our website at www.sthelenas.net.

WORSHIP SCHEDULE

Sunday

7:45 A.M. Holy Eucharist Rite I
 9:00 A.M. Holy Eucharist Rite II
 11:00 A.M. Holy Eucharist Rite II
 10:10 A.M. Sunday School for all ages:
 Pre-school – 2nd Room C Wendler Hall
 3rd -5th – The Rock Room
 Middle and High School – Youth House
 Adults – Parish Hall

Wednesday

10:00 A.M. Service of Public Healing
 and Holy Eucharist

Holy Eucharist

Prelude

Welcome

Hymn

We plow the fields, and scatter

Hymnal 291

1 We plow the fields, and scat - ter the good seed on the land,
 2 He on - ly is the Ma - ker of all things near and far;
 3 We thank thee, then, O Fa - ther, for all things bright and good,

but it is fed and wa - tered by God's al - might - y hand;
 he paints the way - side flow - er, he lights the eve - ning star;
 the seed - time and the har - vest, our life, our health, our food:

he sends the snow in win - ter, the warmth to swell the grain,
 the winds and waves o - bey him, by him the birds are fed;
 the gifts we have to of - fer are what thy love im - parts,

the breez - es and the sun - shine, and soft re - fresh - ing rain.
 much more to us, his chil - dren, he gives our dai - ly bread.
 but chief - ly thou de - sir - est our hum - ble thank - ful hearts.

Refrain

All good gifts a - round us are sent from heaven a - bove;
 then thank the Lord, O thank the Lord for all his love.

Tune: Wir pflugen

All standing, the Celebrant says

Blessed be God: Father, Son, and Holy Spirit.

People

And blessed be his kingdom, now and for ever.

Amen.

The Celebrant says

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

The following is sung, all standing

Hymnal S-280

Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. **Amen.**

First Reading

Song of Solomon 2:8-13

All sit.

A Reading from the Song of Solomon.

The voice of my beloved! Look, he comes, leaping upon the mountains, bounding over the hills. My beloved is like a gazelle or a young stag. Look, there he stands behind our wall, gazing in at the windows, looking through the lattice. My beloved speaks and says to me: "Arise, my love, my fair one, and come away; for now the winter is past, the rain is over and gone. The flowers appear on the earth; the time of singing has come, and the voice of the turtledove is heard in our land. The fig tree puts forth its figs, and the vines are in blossom; they give forth fragrance. Arise, my love, my fair one, and come away."

Reader The Word of the Lord.

People **Thanks be to God.**

Remain seated.

Psalm 45:1-2,7-10

BCP p. 647

Eructavit cor meum

- 1 My heart is stirring with a noble song;
let me recite what I have fashioned for the king; *
my tongue shall be the pen of a skilled writer.
- 2 You are the fairest of men; *
grace flows from your lips,
because God has blessed you for ever.
- 7 Your throne, O God, endures for ever and ever, *
a scepter of righteousness is the scepter of your kingdom;
you love righteousness and hate iniquity.
- 8 Therefore God, your God, has anointed you *
with the oil of gladness above your fellows.

- 9 All your garments are fragrant with myrrh, aloes, and cassia, *
and the music of strings from ivory palaces makes you glad.
- 10 Kings' daughters stand among the ladies of the court; *
on your right hand is the queen,
adorned with the gold of Ophir.

Second Reading

James 1:17-27

A Reading from the letter of James.

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfillment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures. You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls. But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act—they will be blessed in their doing. If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world.

Reader The Word of the Lord.
People **Thanks be to God.**

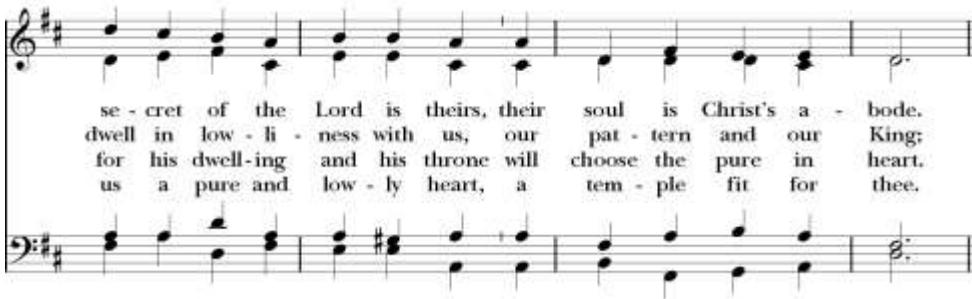
Sequence

All stand.

Blest are the pure in heart

Hymnal 656

The image shows a musical score for a hymn. It consists of two staves: a treble clef staff at the top and a bass clef staff at the bottom. The key signature is one sharp (F#), and the time signature is common time (C). The melody is primarily in the treble clef, with the bass clef providing a harmonic accompaniment. The lyrics are written below the treble clef staff, with four lines of text corresponding to the four verses of the hymn. The lyrics are: 1 Blest are the pure in heart, for they shall see our God; the 2 The Lord, who left the heavens our life and peace to bring, to 3 he to the low - ly soul will still him - self im - part and 4 Lord, we thy pres - ence seek; may ours this bless - ing be; give



se - cret of the Lord is theirs, their soul is Christ's a - bode.
dwell in low - li - ness with us, our pat - tern and our King;
for his dwell - ing and his throne will choose the pure in heart.
us a pure and low - ly heart, a tem - ple fit for thee.

Tune: Franconia

Holy Gospel

Mark 7:1-8,14-15,21-23

All stand.

Priest The Holy Gospel of our Lord Jesus Christ according to Mark.
People **Glory to you, Lord Christ.**

Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around Jesus, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, "Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?" He said to them, "Isaiah prophesied rightly about you hypocrites, as it is written, 'This people honors me with their lips, but their hearts are far from me; in vain do they worship me, teaching human precepts as doctrines.' You abandon the commandment of God and hold to human tradition." Then he called the crowd again and said to them, "Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile. For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person."

Priest The Gospel of the Lord.
People **Praise to you, Lord Christ.**

Children's Sermon

Dawn McLendon

Sermon

The Rev. David G. Read

Nicene Creed*All stand.*

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of the People Form VI

BCP p. 392

All remain standing.

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;
For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;
For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Michael our Presiding Bishop, and David and Jennifer our Bishops; and for all bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence

The People may add their own petitions

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

**Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.**

Peace

All stand.

Celebrant The peace of the Lord be always with you.
People **And also with you.**

Then the Ministers and the People may greet one another in the name of the Lord.

Announcements

Holy Communion

Offertory Sentence

Organ Offertory

Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the deacon or celebrant. The people stand while the offerings are presented and placed on the Altar.

Doxology

Praise God, from whom all blessings flow; praise Him, all creatures here below; praise
Him above, ye heavenly host; praise Father, Son, and Holy Ghost. Amen.

The people remain standing.

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Lift up your hearts.
People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.
People **It is right to give him thanks and praise.**

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The people stand or kneel.

The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and People

**We remember his death,
 We proclaim his resurrection,
 We await his coming in glory;**

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with St. Helena and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the

firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN**

The Celebrant then continues

And now, as our Savior
Christ has taught us,
we are bold to say,

People and Celebrant

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those
who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Breaking of the Bread

A period of silence is kept.

Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All baptized persons are welcome to receive Holy Communion. Gluten free wafers are available. Please inform the priest as you come forward.

Prayer ministers are positioned in the transept to the left after communion for your personal prayer needs.

Communion Hymn

O Master, let me walk with thee

Hymnal 660

1 O Mas - ter, let me walk with thee in low - ly
 2 Help me the slow of heart to move by some clear,
 3 Teach me thy pa - tience; still with thee in clos - er,
 4 in hope that sends a shin - ing ray far down the

paths of ser - vice free; tell me thy se - cret;
 win - ning word of love; teach me the way - ward
 dear - er com - pa - ny, in work that keeps faith
 fu - ture's broad - ening way, in peace that on - ly

help me bear the strain of toil, the fret of care.
 feet to stay, and guide them in the home - ward way.
 sweet and strong, in trust that tri - umphs o - ver wrong,
 thou canst give, with thee, O Mas - ter, let me live.

Tune: Maryton

After Communion, the Celebrant says

Let us pray.

Celebrant and People

Eternal God, heavenly Father,
 you have graciously accepted us as living members
 of your Son our Savior Jesus Christ,
 and you have fed us with spiritual food
 in the Sacrament of his Body and Blood.
 Send us now into the world in peace,
 and grant us strength and courage
 to love and serve you
 with gladness and singleness of heart;
 through Christ our Lord. Amen.

Blessing

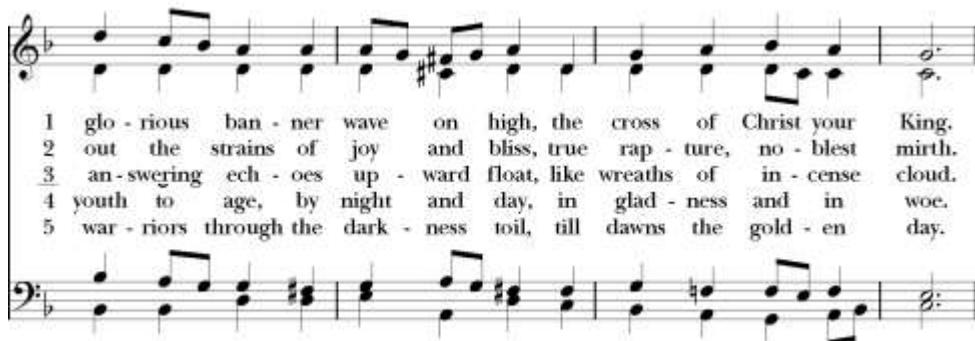
Postcommunion Hymn

Rejoice, ye pure in heart (verses 1-5)

Hymnal 556



1 Re - joice, ye pure in heart! Re - joice, give thanks, and sing! Your
 2 With all the an - gel choirs, with all the saints of earth, pour
 3 Your clear ho - san - nas raise, and al - le - lu - ias loud; while
 4 Yes, on through life's long path, still chant - ing as ye go, from
 5 Still lift your stand - ard high, still march in firm ar - ray, as



1 glo - rious ban - ner wave on high, the cross of Christ your King.
 2 out the strains of joy and bliss, true rap - ture, no - blest mirth.
 3 an - swering ech - oes up - ward float, like wreaths of in - cense cloud.
 4 youth to age, by night and day, in glad - ness and in woe.
 5 war - riors through the dark - ness toil, till dawns the gold - en day.

Refrain

Re - joyce, re - joyce, re - joyce, give thanks, and sing.

re - joyce, re - joyce,

*6 At last the march shall end;
the wearied ones shall rest;
the pilgrims find their Father's house,
Jerusalem the blest.

Refrain

*7 Then on, ye pure in heart!
Rejoice, give thanks, and sing!
Your glorious banner wave on high
the cross of Christ your King.

Refrain

Tune: Marion

Dismissal

Celebrant Alleluia, alleluia. Let us go forth in the name of Christ.
People **Thanks be to God. Alleluia, alleluia.**

Postlude

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Prayers for our Members

Please pray for our family as you journey through this week.

Joe	Susan	Pat	Gaye
Dorla	John	Don	Bud
Gail	Jim	Bob	Matt
Carlie			

11:00 Worship Leaders		Vestry Officers	
Acolytes:	Will Keith, Amelia Keith	Sr. Warden:	Tommy Mathews
Altar Guild:	Team: 2	Jr. Warden:	Jasen Hart
EM:	Ted Geer, Richard Watts	Secretary:	Julie Vickery
Ushers:	Bill McVey,	Treasurer:	Ron Tribo
Vestry Host:	Cindy Erickson		

What You Want to Know

Men's Fellowship is cooking this morning. Run, don't walk! It'll be worth it.

The Gathering on September 9th will bring the family together in our worship, a meal and ministry fair. The 7:45 service will remain the same but, we will combine the 9 & 11 services into a 10:00 AM service in the Historic Sanctuary. Our meal in the Great Room of Wendler Hall will follow this combined service. You will have time then to mingle among the ministries on the Patio filled with God's Word and filled with a great meal. There will be games on the lawn for the children and ICE CREAM IN A CUP! Eat. Learn. Serve.

The Story is coming this fall. We will have the opportunity to read through the Bible together with curricula for all ages. If you are interested in this study please fill out a pew card and drop it in the offering plate or call/email the office to sign-up. The book and study guide will be ordered at \$20 for the pair. Classes will be held at 11:00 AM Wednesdays beginning Sept. 12th following the Healing Service and Sundays at 10:10 AM beginning Sept. 16th during the Christian Ed Hour. Scholarships are available if you need assistance with the purchase of the study material. Contact Sheryl at sheryl@sthelenas.net

Men's Thursday Morning Bible Study The company is good, the coffee is good and the study is GREAT! All men of the church and their friends are welcome at 7:00 AM in the Annex every Thursday morning for reflections and deep discussions on the scripture readings of the week. The scheduled readings will be Colossians 3. This is a continuing, chronological study of Paul's letters. Questions? Contact Ron Tribo

Paws 4 Hearts Working Therapy Dogs will begin new therapy dog training classes on September 6th. The session is a series of 12 weekly classes held Thursday evenings at St. Helena's from 7-8 PM. This is a great opportunity for people who would like to volunteer in our community with their dog. For more information please visit www.Paws4Hearts.net and contact Karen Minson at Karen@paws4hearts.net to register.

Yahweh Sisters at Noon Our video study will begin on Thursday, September 6, Noon-1:00 PM with *We Saved You A Seat*, Finding and Keeping Lasting Friendships, by Lisa-Jo Baker. We will be exploring our relationship with Jesus as the ultimate model for authentic friendship. Study Guide available at Lifeway & Amazon. Contact Erin Barton for more information.

Financial Peace University Dave Ramsey will teach you how to manage your debt and ultimately live a debt free life. Classes will begin on Thursday, September 13th at 6:00 PM in Room 2. Childcare will be provided upon request. Brown Bag your dinner and register at www.fpu.com/1071307 Email your questions to your facilitator Ruth McBride

Young Families Ministry will be meeting at Random to socialize, dine and listen to the music on Sept. 15th at 6:30 PM. Don't be shy.....other young families are looking forward to getting to know you and your family. Contact Stefanie if you have questions at stefanie@sthelenas.net.

Sr. Fellowship will sponsor David Maltzberger's presentation "The World Wide Future of Faith; Is Christianity Flourishing or Faltering?" I think that subject will create a hearty discussion over some coffee and dessert! Sunday, September 23rd, 5:00-6:30 PM in the Great Room of Wendler Hall.

Notice: The church offices will be closed Monday, September 3rd for Labor Day

Make Note: Flu Shots - Sept. 26th

Phones in Church? Well of course you should "check in" when you get to church. Feel free to let others know how important your church family is to you. *Post it!*

Altar Flowers

In Celebration of Darr and Margaret Wilson's Anniversary

Weekly Calendar

Youth programs *italic bold*, begin on Sept. 5th

- Sundays: Worship Services: 7:45, 9:00, 10:10 Christian Ed, 11:00 a.m., 12:30 p.m. St. Helena's Bells, 3:00 p.m. Narcotics A, 8:00 p.m. AA
- Mondays: **7:45 a.m. Ignite Mid-school Bible Study**, 6:30 p.m. Worship Band, 7:00 p.m. Boy Scouts
- Tuesdays: 9:30 a.m. Lectionary Readings Study, 1:00 p.m. Ukulele practice, 5:00 p.m. Women's AA (*this group meets every other Tuesday*), **5:30 p.m. HCYO**, 6:30 p.m. Women's AA, 8:00 p.m. Narcotics A
- Wednesdays: 10:00 a.m. Healing Service, **4-5:30 p.m. Rock Solid & Shine**, **4:15-5:30 Mid School**, **5:30 p.m. SHOCK**, **6:00 p.m. High School**, 6:30 p.m. Yahweh Sisters' Bible Study, 7:00 p.m. Choir Rehearsal
- Thursdays: 7:00 a.m. Men's Bible Study, Noon - 1 p.m. Yahweh Sisters' Bible Study 5:30 p.m. Centering Prayer, 6:00 p.m. Paws4Hearts 6:30 p.m. Women's AA, 8:00 p.m. Narcotics A
- Fridays: 9:30 a.m. AA Big Book
- Saturdays: 10:00 a.m. Women's AA

Staff E-mail Addresses and Phone Extensions

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