

# St. Helena's Episcopal Church and School

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Eleventh Sunday after  
Pentecost

August 5, 2018

11:00 AM

*Our Mission:*

We, the Family of St. Helena's,  
Empowered by the Holy Spirit,  
Welcome all God's Children to  
Grow with us in Grace and  
Proclaim the Good News of Jesus  
Christ.

## Welcome to St. Helena's Episcopal Church & School

Thank you for joining us for worship this morning. If you are a visitor with us, we warmly welcome you to this worship service and to the vibrant life of St. Helena's community. We invite you to fill out a Guest Card found in the pew bookrack and drop it in the offering plate when it comes by. We want you to know that all baptized Christians – regardless of your denomination, tradition, age, or background – are invited and welcome to receive Holy Communion during worship. Also, pick up a blue bag as you leave today. It contains our latest newsletter and other information about St. Helena's.

### CHILD CARE

Children of all ages are always welcome in our worship services. Children's sermons are part of our worship during 9:00am and 11:00am worship services. Should you desire it, child care for children ages infants through 4 years is available during all worship services and most parish activities. The parish nurseries (The Ark Room) are located on the ground floor of Wendler Hall (the building closest to John's Road).

### QUESTIONS?

For more information regarding St. Helena's Early Enrichment Program, Children & Youth Ministries, music, Bible Studies, senior ministries, baptisms, weddings, and more, please feel free to contact our clergy or staff members. More information may be found on our website at [www.sthelenas.net](http://www.sthelenas.net).

### WORSHIP SCHEDULE

#### Sunday

7:45 A.M. Holy Eucharist Rite I  
 9:00 A.M. Holy Eucharist Rite II  
 11:00 A.M. Holy Eucharist Rite II  
 10:10 A.M. Sunday School for all ages:  
 Pre-school – 2<sup>nd</sup> Room C Wendler Hall  
 3<sup>rd</sup> -5<sup>th</sup> – The Rock Room  
 Middle and High School – Youth House  
 Adults – Parish Hall

#### Wednesday

10:00 A.M. Service of Public Healing  
 and Holy Eucharist

# Holy Eucharist

## Prelude

## Welcome

## Hymn

*O day of radiant gladness*

Hymnal 48

Tune: Es flog ein kleins Waldvögelein

*All standing, the Celebrant says*

*People* Blessed be God: Father, Son, and Holy Spirit.  
**And blessed be his kingdom, now and for ever.**  
**Amen.**

*The Celebrant says*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

*The following is sung, all standing*

Hymnal S-280

## Collect of the Day

*Celebrant* The Lord be with you.  
*People* **And also with you.**  
*Celebrant* Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## First Reading

2 Samuel 11:26-12:13a

*All sit.*

A Reading from the Second book of Samuel.

When the wife of Uriah heard that her husband was dead, she made lamentation for him. When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son. But the thing that David had done displeased the Lord, and the Lord sent Nathan to David. He came to him, and said to him, "There were two men in a certain city, the one rich and the other poor. The rich man had very many flocks and herds; but the poor man had nothing

but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meager fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. Now there came a traveler to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man's lamb, and prepared that for the guest who had come to him." Then David's anger was greatly kindled against the man. He said to Nathan, "As the Lord lives, the man who has done this deserves to die; he shall restore the lamb fourfold, because he did this thing, and because he had no pity." Nathan said to David, "You are the man! Thus says the Lord, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; I gave you your master's house, and your master's wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. Why have you despised the word of the Lord, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. Thus says the Lord: I will raise up trouble against you from within your own house; and I will take your wives before your eyes, and give them to your neighbor, and he shall lie with your wives in the sight of this very sun. For you did it secretly; but I will do this thing before all Israel, and before the sun." David said to Nathan, "I have sinned against the Lord."

*Reader*            The Word of the Lord.  
*People*            **Thanks be to God.**

*Remain seated.*

### **Psalm 51:1-13**

BCP p. 656

*Miserere mei, Deus*

- 1 Have mercy on me, O God, according to your  
     loving-kindness; \*  
     in your great compassion blot out my offenses.
- 2 Wash me through and through from my wickedness \*  
     and cleanse me from my sin.
- 3 For I know my transgressions, \*  
     and my sin is ever before me.
- 4 Against you only have I sinned \*  
     and done what is evil in your sight.
- 5 And so you are justified when you speak \*  
     and upright in your judgment.
- 6 Indeed, I have been wicked from my birth, \*  
     a sinner from my mother's womb.

- 7 For behold, you look for truth deep within me, \*  
and will make me understand wisdom secretly.
- 8 Purge me from my sin, and I shall be pure; \*  
wash me, and I shall be clean indeed.
- 9 Make me hear of joy and gladness, \*  
that the body you have broken may rejoice.
- 10 Hide your face from my sins \*  
and blot out all my iniquities.
- 11 Create in me a clean heart, O God, \*  
and renew a right spirit within me.
- 12 Cast me not away from your presence \*  
and take not your holy Spirit from me.
- 13 Give me the joy of your saving help again \*  
and sustain me with your bountiful Spirit.

## Second Reading

Ephesians 4:1-16

A Reading from Paul's letter to the Church in Ephesus.

I, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

*Reader*                    The Word of the Lord.  
*People*                    **Thanks be to God.**

## Sequence

All stand.

O God of Bethel, by whose hand

Hymnal 709

*Unison*



1 O God of Beth - el, by whose hand thy peo - ple still are fed;  
 2 Our vows, our prayers, we now pre - sent be - fore thy throne of grace;  
 3 Through each per - plex - ing path of life our wan - dering foot - steps guide;  
 4 O spread thy shel - tering wings a - round, till all our wan - derings cease,  
 5 Such bless - ings from thy gra - cious hand our hum - ble prayers im - plore;



1 who through this earth - ly pil - grim - age hast all thine Is - rael led;  
 2 O God of Is - rael, be the God of this suc - ceed - ing race.  
 3 give us each day our dai - ly bread, and rai - ment fit pro - vide.  
 4 and at our Fa - ther's loved a - bode our souls ar - rive in peace!  
 5 and thou shalt be our cov - enant God and por - tion ev - er - more.

Tune: Dundee

## Holy Gospel

John 6:24-35

All stand.

*Priest* The Holy Gospel of our Lord Jesus Christ according to John.  
*People* **Glorify to you, Lord Christ.**

On the next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

*Priest*            The Gospel of the Lord.  
*People*            **Praise to you, Lord Christ.**

## **Children's Sermon**

Dawn McLendon

## **Sermon**

The Rev. David G. Read

## **Nicene Creed**

*All stand.*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

**Prayers of the People Form VI**

BCP p. 392

*The people stand or kneel*

In peace, we pray to you, Lord God.

*Silence*

For all people in their daily life and work;

***For our families, friends, and neighbors, and for those who are alone.***

For this community, the nation, and the world;

***For all who work for justice, freedom, and peace.***

For the just and proper use of your creation;

***For the victims of hunger, fear, injustice, and oppression.***

For all who are in danger, sorrow, or any kind of trouble;

***For those who minister to the sick, the friendless, and the needy.***

For the peace and unity of the Church of God;

***For all who proclaim the Gospel, and all who seek the Truth.***

For Michael our Presiding Bishop, and David and Jennifer our Bishops; and for all bishops and other ministers;

***For all who serve God in his Church.***

For the special needs and concerns of this congregation.

*Silence**The People may add their own petitions*

Hear us, Lord;

***For your mercy is great.***

We thank you, Lord, for all the blessings of this life.

*Silence**The People may add their own thanksgivings*

We will exalt you, O God our King;

***And praise your Name for ever and ever.***

We pray for all who have died, that they may have a place in your eternal kingdom.

*Silence**The People may add their own petitions*

Lord, let your loving-kindness be upon them;  
***Who put their trust in you.***

We pray to you also for the forgiveness of our sins.

*Silence may be kept.*

*Leader and People*

**Have mercy upon us, most merciful Father;  
 in your compassion forgive us our sins,  
 known and unknown,  
 things done and left undone;  
 and so uphold us by your Spirit  
 that we may live and serve you in newness of life,  
 to the honor and glory of your Name;  
 through Jesus Christ our Lord. Amen.**

*The Celebrant concludes with an absolution.*

**Peace**

*All stand.*

*Celebrant*            The peace of the Lord be always with you.  
*People*                **And also with you.**

*Then the Ministers and the People may greet one another in the name of the Lord.*

**Announcements**

**Holy Communion**

**Offertory Sentence**

**Organ Offertory**

*Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the deacon or celebrant.*

*Doxology*

Praise God, from whom all bless - ings flow; praise Him, all crea-tures here be - low; praise  
Him a - bove, ye heaven - ly host; praise Fa-ther, Son, and Ho - ly Ghost. A - men.

*The people remain standing.*

*Celebrant* The Lord be with you.  
*People* **And also with you.**  
*Celebrant* Lift up your hearts.  
*People* **We lift them to the Lord.**  
*Celebrant* Let us give thanks to the Lord our God.  
*People* **It is right to give him thanks and praise.**

*The Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*The people stand or kneel.*

*The Celebrant continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my

Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.” Therefore, according to his command, O Father,

*Celebrant and People*

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*The Celebrant continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Helena and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

*The Celebrant then continues*

And now, as our Savior  
Christ has taught us,  
we are bold to say,

*People and Celebrant*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,**

and the power, and the glory,  
for ever and ever. Amen.

### Breaking of the Bread

*A period of silence is kept.*

Alleluia. Christ our Passover is sacrificed for us;  
**Therefore let us keep the feast. Alleluia.**

*The Celebrant says*

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*All baptized persons are welcome to receive Holy Communion.*

*Gluten free wafers or available. Please inform the priest as you come forward.*

*Prayer ministers are positioned in the transept to the left after communion for your personal prayer needs.*

### Communion Hymn

*Deck thyself, my soul, with gladness*

Hymnal 339

1 Deck thy - self, my soul, with glad - ness, leave the  
2 Sun, who all my life dost bright - en; Light, who  
3 Je - sus, Bread of Life, I pray thee, let me

gloom - y haunts of sad - ness, come in - to the day - light's  
dost my soul en - light - en; Joy, the best that an - y  
glad - ly here o - bey thee; nev - er to my hurt in -

splen - dor, there with joy thy prais - es ren - der  
 know - eth; Fount, whence all my be - ing flow - eth;  
 vit - ed, be thy love with love re - quit - ed;

un - to him whose grace un - bound - ed hath this  
 at thy feet I cry, my Ma - ker, let me  
 from this ban - quet let me mea - sure, Lord, how

won-drous ban-quet found - ed - high o'er all the heavens he  
 be a fit par - ta - ker of this bless - ed food from  
 vast and deep its trea - sure; through the gifts thou here dost

reign - eth, yet to dwell with thee he deign - eth.  
 hea - ven, for our good, thy glo - ry, giv - en.  
 give me, as thy guest in heaven re - ceive me.

Tune: Schmücke dich

*After Communion, the Celebrant says*

Let us pray.

*Celebrant and People*

**Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

### Blessing

### Postcommunion Hymn

*Guide me, O thou great Jehovah*

Hymnal 690

1 Guide me, O thou great Je - ho - vah, pil - grim through this  
 2 O - pen now the crys - tal foun-tain, whence the heal - ing  
 3 When I tread the verge of Jor-dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;  
 stream doth flow; let the fire and cloud - y pil - lar  
 fears sub - side; death of death, and hell's de - struc - tion,



hold me with thy power - ful hand; bread of hea - ven,  
lead me all my jour - ney through; strong de - liv - erer,  
land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -  
strong de - liv - erer, be thou still my strength and  
songs of prais - es, I will ev - er give to

more, shield, thee, feed me now and ev - er - more.  
be thou still my strength and shield.  
thee, I will ev - er give to thee.

Tune: Cwm Rhondda

**Dismissal***Celebrant*  
*People*Alleluia, alleluia. Let us go forth in the name of Christ.  
**Thanks be to God. Alleluia, alleluia.****Postlude**

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## Prayers for our Members

*Please pray for our family as you journey through this week.*

Joe	Carlie	Jim	Chris
Dorla	Susan	Sarah	Pat
Gail	John	Carol	

## What You Want to Know

**Today Our Youth Mission team** will update the family on their recent trip to Wounded Knee and the projects they worked while at our sister church, Wanikiya-Messiah Episcopal Church during the Christian Ed Hour, 10:10 AM.  
*and* .....

**Men's Fellowship breakfast for the family is over, *but* there is Pie Day next week.**

**PIE DAY Coming August 12, 10:00 AM on the Patio.** We can't have Pie Day without PIE!!!! Would you make a pie/bring a pie to our Pie Day? There will be ice cream, whipped cream, milk, coffee and water. Please contact the office if you will be bringing a pie at [office@sthelenas.net](mailto:office@sthelenas.net) Doesn't it make you smile to think about PIE?

**It's a family affair. The Story** Coming this fall we will have the opportunity to read through the Bible together with curricula for all ages. All of us. Think about that.

**Lakota Sioux School Supplies** For the high school age students on the Wounded Knee Reservation, few opportunities seem to be available, especially if you can't afford the necessary supplies to continue your education. We will begin collecting supplies on Aug. 5th. There will be a basket at the Outreach station for the donations and we will collect and ship them to the students after Sunday, August 19th.

Here is the list of items needed for your consideration:

- |  |  |
|--|--|
| <ul style="list-style-type: none"> <li>• 15 packages each of</li> <li>• pens</li> <li>• pencils</li> <li>• colored pencils</li> <li>• crayons</li> </ul> | <ul style="list-style-type: none"> <li>• 15 count each</li> <li>• scissors</li> <li>• glue bottles</li> <li>• glue sticks</li> <li>• rulers</li> </ul> |
|--|--|

**Phones in Church?** Well of course you should "check in" when you get to church. Feel free to let others know how important your church family is to you. *Post it!*

### Altar Flowers

In Memory of Darlene Bergmann  
Given by Christina Bergmann Peese

11:00 Worship Leaders		Vestry Officers	
Acolytes:	Maddie Boutte, Ryan Erickson	Sr. Warden:	Tommy Mathews
Altar Guild:	Team: 2	Jr. Warden:	Jasen Hart
EM:	Judy McGrew, Ted Geer	Secretary:	Julie Vickery
Prayer Team:	Maria Clarke	Treasurer:	Ron Tribo
Ushers:	Luke Hardin, Scott Hardin		
Vestry Host:	Mark Littlestar, Brian Topper		

## Summer's Weekly Calendar

- Sundays: Worship Services: 7:45, 9:00, and 11:00 a.m., 10:10 Christian Ed, 3:00 p.m. Narcotics A, 8:00 p.m. AA
- Mondays: 7:00 p.m. Boy Scouts
- Tuesdays: 9:30 a.m. Lectionary Readings Study, 6:30 p.m. Worship Band, 5:00 p.m. Women's AA (*this group meets every other Tuesday*), 6:30 p.m. Women's AA, 8:00 p.m. Narcotics A
- Wednesdays: 10:00 a.m. Healing Service, 6:30 p.m. Yahweh Sisters' Bible Study,
- Thursdays: 7:00 a.m. Men's Bible Study, Noon-1 p.m. Yahweh Sisters' Bible Study 5:30 p.m. Centering Prayer, 6:00 p.m. Paws4Hearts 6:30 p.m. Women's AA, 8:00 p.m. Narcotics A
- Fridays: 9:30 a.m. AA Big Book
- Saturdays: 10:00 a.m. Women's A



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